Mediastinal Hemangioma: A Case Report

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ABSTRACT
Mediastinal hemangioma is a very rare tumor. It may occur at any age but the cavernous form shows a predilection in children and adolescents. Mediastinal hemangioma was diagnosed in a 15-year-old boy from Afghanistan. Cough and neck swelling were his chief complaints. Chest x-ray and CT-scan showed mediastinal widening and anterior mediastinal mass. After cervical biopsy, anterior cervicomediastinal surgery was performed. Pathological examination of the lesion revealed a mediastinal hemangioma. (Tanaffos 2007; 6(4): 53-57)

Key words: Mediastinal hemangioma, Tumor, Children

INTRODUCTION
Benign vascular tumors are rarely encountered in the mediastinum, but the most common type of these tumors is mediastinal hemangioma (1).

Hemangiomas account for approximately 0.5% of all mediastinal tumors (1-3). The anterior compartment is most often the initial site; but the tumor may also occur in the middle and posterior mediastinum (4).

Mediastinal hemangiomas usually present in the first four decades of life, with a peak incidence in the first decade. Males and females are affected with equal frequency (1, 5). Surgical excision and total resection is the treatment of choice in such cases (6).

CASE SUMMARIES
A 15-year-old boy referred from Afghanistan, complaining of chronic cough and neck swelling.

Physical examination revealed a soft mass in the anterior neck that extended to the anterior mediastinum causing a lateral placement of the jugular vein. There was no sign of lymphadenopathy. Physical examination of his chest, abdomen and testes was normal. On laboratory examination, CBC, ESR, ß-HCG and αFP were in the normal limits. Chest x-ray revealed mediastinal widening (Figure 1).

CT-scan showed an anterior mediastinal mass with extension to the neck with a density of 0 to 30 HU along with calcification and phleboliths (Figures 2 and 3).
The biopsy sample was taken from the neck mass and the lesion was completely resected by an anterior cervico-mediastinal approach. (7)

Figures 4 and 5 demonstrate the surgical exploration and Figure 6 shows the macroscopic view of the surgically-resected lesion.
Figures 7 and 8 show microscopic views of a mediastinal cavernous hemangioma.

**DISCUSSION**

Mediastinal tumors comprise a wide spectrum of benign and malignant diseases (8). Vascular tumors of the mediastinum are rare (9). The anterior mediastinum is most often the initial site, but neither the middle nor posterior mediastinum are spared by this lesion (10). Benign tumors are reported in almost 90% of the vascular mediastinal lesions (11). Hemangiomas can be seen in any age group, but the cavernous type is mostly seen in children and adolescents (12). One-third to 1/2 of patients are symptomatic. In the remaining patients the signs and symptoms are the result of infiltration to adjacent structures and include fullness and mass in the neck, chest pain, dyspnea, hemoptysis, superior vena cava syndrome, Horner's syndrome and neurologic complaints (13). Occasionally mediastinal hemangiomas are associated with Osler Weber Randu disease and multiple hemangiomas in other sites of the body (14). The lesion is usually revealed in the chest x-ray (15). Phleboliths may be seen in as many as 10% of these cases (16). Angiography has not been helpful while CT-scan reveals and delineates the lesion and its connection to other structures (17). CT-scan reports an attenuation of 30 Hu, (18) and can possibly suggest the best operative
approach to the mediastinal lesion. MRI is also helpful (19). Gross hemangiomas appear as soft purplish encapsulated masses (20). Microscopically, hemangiomas are divided into three types of capillary, cavernous and venous (21). Cavernous and capillary hemangiomas are the most common types (22) and surgical excision is the treatment of choice. But, some of these tumors which are located in the thoracic apex can produce many problems in decision making due to their extension to neck spaces. Additionally, most of them cannot be totally resected by a thoracotomy approach due to the close attachment of these tumors to large vessels and the removal of these tumors might be followed by severe complications and massive hemorrhage during surgery. (7)

This study presents a case of this kind of tumor operated via an anterior trans-cervico-thoracic approach. In the anterior cervico-mediastinal surgery (7) depending on the tumor development in neck spaces, first a neck space dissection is done with an oblique incision near the sternocleidomastoid muscle. In all patients the clavicular head is resected to see the subclavian vessels; then by continuing the incision, as in a partial sternotomy, the mediastinal space is easily accessed for complete removal of the tumor. For total resection of a mediastinal tumor, the operation can be completed with an anterior thoracotomy whenever required (Figure 10).

CONCLUSION

Mediastinal hemangioma is rare. The best method of treatment for this tumor is surgery and the anterior cervico-mediastinal approach may be optimal.

REFERENCES


