

Antimicrobial Activity of a Series of 1-Alkyl-2-(4-Pyridyl)Pyridinium Bromides against Gram-Positive and Gram-Negative Bacteria

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Key Words

Bipyridyl · Alkyl chain · Methicillin-resistant *Staphylococcus aureus* · Micelle · Efflux pumps

Abstract

Objective: To test a series of 1-alkyl-2-(4-pyridyl)pyridinium bromides with alkyl chains containing between 9 and 16 carbons against Gram-positive (*Staphylococcus aureus*) and Gram-negative (*Escherichia coli*, *Stenotrophomonas maltophilia*, *Acinetobacter baumannii* and *Pseudomonas aeruginosa*) bacteria. **Materials and Methods:** Chemical synthesis was based on the reaction of 2,4'-bipyridyl with alkyl bromide. Antimicrobial activity of the bipyridyls was measured by growing bacterial cultures on Mueller-Hinton agar in the presence and absence of inhibitors. **Results:** The compounds were most active against *S. aureus*. The most active compounds had alkyl chain lengths of between 11 and 16 carbons. Methicillin-sensitive *S. aureus* was more susceptible to the inhibitors than methicillin-resistant *S. aureus*

(MRSA). Two subclasses of MRSA existed which differed in their susceptibility to the inhibitors. The susceptibility of MRSA strains to the compounds was increased in the presence of the efflux pump inhibitor reserpine. The activity of the compounds against Gram-negative organisms was increased when the membrane-permeabilizing agent sodium citrate was introduced. Critical micelle concentrations of the compounds were much higher than minimum inhibitory concentrations of the inhibitors. **Conclusion:** The mechanism of action of the compounds may involve perturbing bacterial membranes. The resistance of some MRSA strains to the compounds may be related to efflux pumps.

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Introduction

The emergence of bacterial resistance to antibiotics and reduction in the activity of biocides is a major problem worldwide [1]. This limits the number of antimicrobial agents available to treat bacterial infections. As a result, new antibiotic agents are constantly being investigated to overcome this problem [2].

Quaternary ammonium salts with long alkyl chains have been shown to have a broad range of antimicrobial activity against Gram-negative and Gram-positive or-

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ganisms [3]. They are considered too toxic for systemic delivery in humans and animals but can be used topically. They have been used as biocides or disinfectants for many years [4, 5]. The mechanism of action of these compounds is known to involve perturbing the bacterial cell membrane [6]. The antimicrobial effects are parabolically related to the length of the alkyl chains. Above and below certain chain lengths the agents are ineffective as antimicrobial agents [7].

1-alkyl-(pyridyl)pyridinium bromides (formerly known as bipyridyls) are a class of quaternary ammonium salts that have been shown to have herbicidal activity [8]. These compounds are toxic to humans. All of the bipyridyl compounds tested up to now are either 2,2'-bipyridyl derivatives (for example, diquat) or 4,4'-bipyridyl derivatives (for example, paraquat). Very little attention has been given to the biological and toxicological properties of 2,4'-bipyridyl compounds.

The aim of this study was to investigate the antimicrobial properties of a series of 1-alkyl-2-(4-pyridyl)pyridinium bromides (also known as 2,4'-bipyridyls) with varying lengths of alkyl chains (from C9 to C16). The structure of the compounds is shown in figure 1. The mechanism of the antimicrobial effect against *Staphylococcus aureus* was examined by adding the efflux pump inhibitor reserpine. The effect of a membrane permeabilizer on the activity of the compounds with Gram-negative organisms was also investigated. The correlation between length of the alkyl chains and micelle formation was examined.

Materials and Methods

Synthesis of Compounds

1-alkyl-2-(4-pyridyl)pyridinium bromides were prepared from 2,4'-pyridylpyridine and 1-bromoalkanes using the procedures previously described by Zamocka et al. [9]. 2,4'-pyridyl pyridine was reacted with 1-bromoalkane in molar ratio 0.02:0.05. The synthesis and purity of 1-alkyl-2-(4-pyridyl)pyridinium bromides was confirmed by elemental analysis, TLC, melting points and by UV and IR spectrophotometry. The substances were re-crystallized from dry acetone. TLC data were obtained with Merck Silica gel RP-8 F254S with fluorescent indicator. The solvent system used was propan-2-ol – 1 M HCl 1:1. The R_F values ranged from 0.13–0.42. The R_F value for bipyridyl was 0.85. The melting points of all the tested substances after re-crystallization were low and ranged between 36 and 38°C for the C7 compound to 68 and 70°C for the C16 compound. The parent unsubstituted bipyridyl had a melting point of 60–62°C. UV spectrophotometry yielded UV spectra with maximum absorbance at 294 nm. The IR spectra contained a peak at or close to 1640 cm^{-1} (1635–1642 cm^{-1}) corresponding to the quaternary ammonium group.

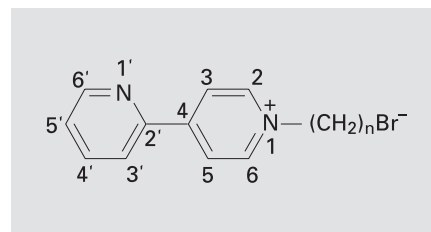


Fig. 1. Chemical structure of the 1-alkyl-2-(4-pyridyl)pyridinium bromides tested ($n = 7-14$ or 16).

Bacterial Isolates

The strains of bacteria used were type strains from culture collections held in the Health Sciences Centre, Kuwait University, and clinical isolates from the Amiri Hospital, Kuwait. The cultures were stored in 10% skimmed milk (Oxoid, UK) at -80°C and maintained on Mueller-Hinton agar (MH agar) (Acumedia, USA).

Preparation of Media with Inhibitors

Bipyridyl compounds were dissolved in dimethyl sulphoxide (Sigma, St. Louis, Mo., USA). Aliquots were added to MH agar (Acumedia), previously autoclaved and cooled to 50°C . The media were dispensed in Petri dishes in 25-ml volumes. MH agars with dimethyl sulphoxide were used as growth controls.

Determinations of Minimum Inhibitory Concentration

Bacterial cultures grown overnight at 37°C on MH agar were suspended in peptone water to an optical density equivalent to a 0.5 McFarland control (approx. 1.5×10^8 colony forming units (CFU)/ml). Drops of the suspensions (approx. 1 μl) were applied to the surface of the media containing appropriate concentrations of agents. The plates were incubated in air for 24 h, at 37°C and examined for growth. The minimum inhibitory concentration (MIC) was taken as the lowest concentration of agent that inhibited visible growth.

Determinations of MIC in the Presence of Membrane Permeabilizer or Reserpine

Bacterial suspensions were prepared as above and applied to media containing inhibitors as well as either 2.5% trisodium citrate or 20 mg/l reserpine (Sigma, in each case). These substances did not have antibacterial effects at these concentrations.

Determinations of Critical Micelle Concentrations

The critical micelle concentrations (CMCs) of the bipyridyl salts were determined using conductivity measurements as a function of concentration [10]. Conductivity measurements at 25°C were carried out using a Metrohm660 conductometer (Herisau, Switzerland) with two platinum electrodes (cell constant = 0.79 cm^{-1}). The CMCs were determined by plotting the conductivity against the log of the concentration (mol/l). The CMC was noted as the sharp change in conductivity as the concentration of surface-active agent increased.

Table 1. MICs (mg/l) of 1-alkyl-2-(4-pyridyl)pyridinium bromides (alkyl chain = C12) against 13 strains of MSSA and 12 strains of MRSA, 9 strains of *S. maltophilia*, 10 strains of *A. baumannii*, 10 strains of *E. coli* and 10 strains of *P. aeruginosa*

	MIC number of strains								
	2	4	8	16	32	64	128	256	>256
MSSA	13	0	0	0	0	0	0	0	0
MRSA	3	0	5	4	0	0	0	0	0
<i>S. maltophilia</i>	0	0	0	0	8	1	0	0	0
<i>A. baumannii</i>	0	0	0	0	7	3	0	0	0
<i>E. coli</i>	0	0	0	0	4	5	1	0	0
<i>P. aeruginosa</i>	0	0	0	0	0	0	0	2	8

Table 2. MICs (mg/l) of 1-alkyl-2-(4-pyridyl)pyridinium bromides (alkyl chain = C9–C16) against 13 strains of MSSA and 12 strains of MRSA

	MIC number of strains						
	2	4	8	16	32	64	>128
MSSA							
C9	0	0	0	1	9	3	0
C10	0	2	10	1	0	0	0
C11	1	11	1	0	0	0	0
C12	13	0	0	0	0	0	0
C13	10	3	0	0	0	0	0
C14	9	4	0	0	0	0	0
C16	12	1	0	0	0	0	0
MRSA							
C9	0	0	0	1	2	1	8
C10	0	0	3	0	1	5	3
C11	0	3	0	0	2	7	0
C12	3	0	5	4	0	0	0
C13	3	0	2	4	3	0	0
C14	3	0	2	7	0	0	0
C16	1	2	1	0	8	0	0

Results

Antimicrobial Activity against Different Species

The unsubstituted bipyridyl compound (no alkyl chain) had no appreciable antimicrobial activity against any of the organisms tested. The C7 and C8 alkyl derivatives had slight activity against *S. aureus* but no activity against Gram-negative bacteria.

Table 3. MICs (mg/l) of 1-alkyl-2-(4-pyridyl)pyridinium bromides (alkyl chain = C10, C11, C12) against 12 strains of MRSA without reserpine and with 20 mg/l reserpine

	MIC number of strains							
	1	2	4	8	16	32	64	>128
MRSA without reserpine								
C10	0	0	0	3	0	1	5	3
C11	0	0	3	0	0	2	7	0
C12	0	3	0	5	4	0	0	0
C13	0	3	0	4	3	0	0	0
C14	0	3	0	2	7	0	0	0
MRSA with reserpine								
C10	0	3	8	1	0	0	0	0
C11	0	3	2	1	5	0	1	0
C12	3	0	1	8	0	0	0	0
C13	0	3	1	8	0	0	0	0
C14	0	0	4	8	0	0	0	0

The sensitivity of different species of bacteria to the C12 bipyridyl compound is shown in table 1. The inhibitor is more active against *S. aureus* than Gram-negative bacilli. Methicillin-sensitive strains of *S. aureus* (MSSA) were more susceptible to the bipyridyl compounds than most methicillin-resistant strains (MRSA).

Antimicrobial Activity as a Function of Alkyl Chain Length versus MSSA and MRSA

The variation of MIC versus alkyl chain length (C9–C16) against 12 strains of MSSA plus the ATCC25923 control strain of *S. aureus* and 12 strains of MRSA is shown in table 2.

The MICs for MSSA exhibited a plateauing effect with alkyl chain length with the maximum activity being for C12–C16 alkyl chains.

Two subpopulations of MRSA were observed. Three of the 12 strains tested had the same susceptibility to the bipyridyls as MSSA. These strains also exhibited a plateauing effect of activity with increasing alkyl chain length. The other nine MRSA strains tested exhibited a parabolic relationship between MIC and alkyl chain length. Maximum activity was observed with the C12 compound.

Inhibition of Efflux Pumps

The effect on the MIC of the alkaloid reserpine is shown in table 3. The greatest reduction in MIC was observed for the C10 inhibitor. Reserpine has a smaller effect on MIC as the chain length of the bipyridyl increases.

Table 4. MICs (mg/l) of 1-alkyl-2-(4-pyridyl)pyridinium bromides (alkyl chain = C12) against *S. maltophilia*, *A. baumannii*, *E. coli*, *P. aeruginosa* without sodium citrate and with 2.5% sodium citrate

	MIC number of strains								
	1	2	4	8	16	32	64	128	≥256
Without permeabilizer									
<i>S. maltophilia</i>	0	0	0	0	0	8	1	0	0
<i>A. baumannii</i>	0	0	0	0	0	7	3	0	0
<i>E. coli</i>	0	0	0	0	0	4	5	1	0
<i>P. aeruginosa</i>	0	0	0	0	0	0	0	0	10
With permeabilizer									
<i>S. maltophilia</i>	0	0	8	1	0	0	0	0	0
<i>A. baumannii</i> ^a	1	3	5	0	0	0	0	0	0
<i>E. coli</i>	0	0	10	0	0	0	0	0	0
<i>P. aeruginosa</i> ^b	0	0	1	0	0	0	–	–	–

^a One strain of *A. baumannii* was inhibited by the permeabilizer.

^b For *P. aeruginosa* the highest inhibitor concentration tested was 32 mg/l. Nine strains had MIC >32 mg/l.

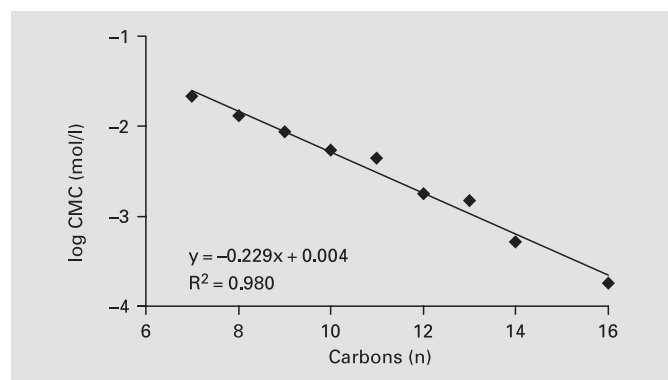


Fig. 2. Relationship between log CMC and the number of carbons in the alkyl chain of 1-alkyl-2-(4-pyridyl)pyridinium bromides.

Effect of the Membrane Permeabilizer Sodium Citrate on the MIC Values for Selected Organisms

The Gram-negative organisms (*Escherichia coli*, *Pseudomonas aeruginosa*, *Stenotrophomonas maltophilia*) have low susceptibility to the bipyridyls but become more susceptible when the membrane permeabilizer sodium citrate is introduced (table 4). In the absence of a membrane permeabilizer *P. aeruginosa* was completely resistant to the bipyridyls. In the presence of the permeabilizer, the organism showed some sensitivity.

Micelle Formation

The linear relationship between log CMC and N, the number of carbons in the alkyl chain is shown in figure 2. $\text{Log CMC} = -0.229 N + 0.004$ ($R^2 = 0.980$). Log CMC is usually considered a relative measure of the hydrophobicity of a surfactant.

Discussion

The compounds tested behaved similarly to quaternary ammonium compounds. Gram-positive organisms, such as *S. aureus*, are known to be more susceptible than Gram-negative organisms [11]. *P. aeruginosa* is the most resistant species. This has been shown previously [12].

The MICs for the MSSA strains were very similar to those previously reported for the 2,2'-bipyridyl series [13]. That group also observed the plateauing effect with maximal activity for the C12 to C16 alkyl chains. A parabolic variation of MIC versus alkyl chain length was observed for nine of the 12 MRSA strains (table 2). Other groups have also observed a parabolic relationship between length of alkyl chain and biological activity for a series of surfactants and suggested that it is related to micelle formation [14, 15]. As the length of an alkyl chain increases, the tendency to form micelles also increases.

For both MSSA and MRSA, the MICs were much lower than the CMCs. Alternative CMC determinations using a glass stalagmometer to measure surface tension as a function of surfactant concentration gave very similar results. Thus, the increase in MICs for longer chain compounds for the MRSA strains is probably not related to micelle formation.

Apart from micelle formation, other theories have been proposed to explain the parabolic relationship between length of alkyl chain of a surfactant and its biological activity. These include limited volume at the site of action in the membrane, phase transitions at the lipid bilayers, or changes in stereochemistry or membrane solubility of the surfactant. Balgavy and Devinski have reviewed these theories [16].

The reduced susceptibility of *S. aureus* to quaternary ammonium compounds, such as the disinfectants benzalkonium chloride or cetylpyridinium chloride, is thought to involve multidrug efflux pumps encoded by plasmid-mediated *qacA* and *qacB* genes [17, 18]. These genes are more commonly found in MRSA than in MSSA [19]. We observed two populations of MRSA in terms of susceptibility to the inhibitors. This may be related to the presence of the above genes. Reserpine has been shown to

inhibit efflux pumps in *S. aureus* [20, 21]. Our data show that the MICs of shorter chain inhibitors (C10, C11) were significantly reduced in the presence of reserpine. For the longer chain inhibitors (C13, C14) the effect was less pronounced, suggesting that the efficiency of the efflux pump may decrease as alkyl chain length increases.

The outer membrane of Gram-negative bacteria is surrounded by a lipopolysaccharide surface. This outer membrane barrier is one of the factors that explain the greater resistance of Gram-negative organisms to antibiotics compared with Gram-positive organisms. Gram-positive organisms have a much simpler cell wall composed primarily of peptidoglycan (a polysaccharide) and teichoic acid. A variety of agents can permeabilize Gram-negative membranes and make them more susceptible to antibiotics or other agents [22, 23]. Generally, these are anionic substances that chelate metal ions such as Ca^{2+} or Mg^{2+} . These ions are necessary to stabilize the lipopolysaccharide surface.

Conclusion

Our results show that 2,4'-bipyridyl ammonium salts are effective agents against most *S. aureus* strains. Reduced susceptibility in some MRSA strains may be related to an efflux mechanism. The addition of a membrane permeabilizer increases the susceptibility of Gram-negative bacteria showing the outer layer of these organisms is a barrier to these compounds. This supports the hypothesis that they inhibit bacteria by causing perturbations of the cell membrane.

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