EFFECT OF HELICOBACTER PYLORI ERADICATION ON THE PATHOGENESIS OF MINIMAL HEPATIC ENCEPHALOPATHY IN EGYPTIAN PATIENTS WITH LIVER CIRRHOSIS

By
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Abstract

Hepatic encephalopathy is one of the complications of liver cirrhosis. Ammonia is implicated as a precipitating factor for HE, minimal hepatic encephalopathy cannot be detected clinically and impairs quality of life, indicated that H. pylori infection is associated with high blood ammonia levels by urease enzyme and can lead to causation of HE. This study evaluated the effect of H. pylori eradication therapy on MHE.

A total of 60 cirrhotic patients were selected from al-Hussein University Hospital. They were GI: 30 patients with MHE and GI; 30 patients without MHE.

All patients were subjected to H. pylori stool antigen and blood ammonia level. Positive H. pylori patients received triple therapy for 14 days, then 4 weeks later were revaluated regarding, H. pylori stool antigen, serum ammonia level and NCT. Helicobacter pylori infection was found 63.3% of GI versus 40% in GII; serum ammonia levels were significantly higher in patients with GI and H. pylori positive. Treatment was successful in 78.9% of GI patients versus 89.4% of GII. Number connection test and serum ammonia level were significantly improved in GI patients and positive H. pylori after eradication therapy.

Key words: Egypt, Minimal hepatic encephalopathy, Serum ammonia, Helicobacter pylori

Introduction

Hepatic Encephalopathy (HE) is a major complication that develops in a majority of patients with liver cirrhosis. Minimal hepatic encephalopathy (MHE), the mildest form of hepatic encephalopathy is characterized by subtle motor and cognitive deficits and impairs health related to the quality of life (Dhiman et al, 2010). The Minimal Hepatic Encephalopathy (MHE) is not detectable by clinical examination although it can be detected by sensitive tests of coordination like number connection test (NCT), figure connection test (FCT) and line tracing test, electro-encephalography and visual, audit-0rory and somatosensory evoked potentials (Agrawal et al, 2011)

Among different risk factors imply-cated in the pathogenesis of HE, hyperammonemia was found to be the most significant predictor of progression of MHE and it was widely concluded to be highly correlated with MHE causation in both adult and pedi-
ted blood ammonia levels (Vilstrup et al., 2014) and urease causing a state of diminished gastric acidity, which favored giardiasis as well (David and William, 2006).

**Patients and Methods**

This study was carried out at Al-Azhar University Hospitals on 60 cirrhotic patients were divided in to two groups; GI: 30 MHE patients recognized by positive NCT. GI: 30 patients without MHE. Number connection test was a plain paper with randomly scattered number from 1-25 were connected in ascending manner within 45 seconds, any patient with NCT more than 45 second was diagnosed as MHE.

Any patient with history of proton pump inhibitors (PPI) use within last two weeks or presented with other causes of encephalopathy was excluded. The selected patients were subjected to written consent, full clinical evaluation, routine laboratory investigations and ultrasonography. Fecal H. pylori antigen and serum ammonia level were done before and four weeks post eradication therapy (Okuda et al., 2014).

Eradication treatment was levofloxacin 500mg/day, omeprazole 20mg twice daily and amoxicillin 1g twice daily for 14 days. Compliance with Ethical Standards: All applicable international, national, and/or institutional guidelines for the care and treating patients were followed.

**Results**

In the present study, the patient groups did not differ regarding age and sex (Tab. 1). Of 60 examined patients, only ten patients were child-B; six from MHE group and four from the Non-MHE, no Child-C was involved. No differences were detected between the groups as to clinical pictures, laboratory results and/or sonographic findings.

Serum ammonia level was significantly higher in MHE patients. H. pylori was detected in 19 patients (63.3%) and 12 (40%) of MHE and Non-MHE respectively. H. pylori were eradicated in 78.9% of MHE patients and 75% of Non-MHE with no significant differences in between (Tab. 2).

Significant drop in ammonia level after H. pylori treatment was seen among MHE and non-MHE groups. Eradication of therapy of H. pylori dramatically improved the MHE as NCT was improved in 89.4% of MHE patients (Tab. 3).

**Discussion**

Among the different risk factors implicated in the pathogenesis of the HE, hyperammonemia was found to be the commonest significant predictor of progression of MHE and it was widely concluded to be highly correlated with MHE causation in both adult and pediatric populations (Vilstrup et al., 2014). H. pylori is one of the main risk factors for HE in patients with liver cirrhosis (Yang et al, 2007). H. pylori has been suggested as possible source of ammonia production because of its high urease content (Zullo et al, 2003; 2015)

<table>
<thead>
<tr>
<th>Variable</th>
<th>MHE (n=30)</th>
<th>Non-MHE (n=30)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>53.53±8.3</td>
<td>52.73±7.75</td>
<td>0.7 (NS)</td>
</tr>
<tr>
<td>Male/Female</td>
<td>12/18</td>
<td>14/16</td>
<td>0.6 (NS)</td>
</tr>
</tbody>
</table>

Table 2: Serum ammonia level, positive H. pylori and successful triple therapy in groups

<table>
<thead>
<tr>
<th>Items</th>
<th>MHE (n=30)</th>
<th>Non-MHE (n=30)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>S. ammonia</td>
<td>94.6±14.25</td>
<td>61.13±7.5</td>
<td>&lt;0001 (S)</td>
</tr>
<tr>
<td>H. pylori +ve</td>
<td>19 (63.3%)</td>
<td>12 (40%)</td>
<td>0.07 (NS)</td>
</tr>
<tr>
<td>H. pylori successful therapy</td>
<td>15 (78.9%)</td>
<td>9 (75%)</td>
<td>0.68 (NS)</td>
</tr>
</tbody>
</table>

Table 3: Serum ammonia level and positive NCT before and after triple therapy in H. pyloripatients.

<table>
<thead>
<tr>
<th></th>
<th>MHE (n=19)</th>
<th>Non-MHE (n=12)</th>
</tr>
</thead>
<tbody>
<tr>
<td>S. Ammonia</td>
<td>102.7 ± 10.36</td>
<td>65.92 ± 4.92</td>
</tr>
<tr>
<td>NCT +ve</td>
<td>19 (100%)</td>
<td>55.83 ± 4.83*</td>
</tr>
</tbody>
</table>

*significant
In the present study H. pylori infection had higher prevalence in MHE group (63.3%) compared to non-MHE group (40%). Although being statistically non-significant \( (p = 0.07) \), these findings agreed with Agrawal et al. (2011) who found that, the prevalence was 63% and 37% in minimal and non-minimal hepatic encephalopathy groups respectively. Also, Saeed et al. (2014) reported that prevalence of H. pylori among the MHE and Non-MHE groups of patients was 61.7 and 55%, respectively \( (p < 0.05) \). Miquel et al. (2001) found that H. pylori infection occurred in 22/37 (59%) patients.

In the present study, among the MHE patients, 24 (80%) were classified as Child A and 6 (20%) as Child B, which agreed with Saeed et al. (2014) who reported that 58.3% of MHE patients were classified as Child B and Agrawal et al. (2011) who found that 23% MHE patients were Child’s B.

The pre-treatment statistical evaluation of ammonia blood level was matched with the findings of NCT. Blood ammonia levels were significantly higher in MHE patients than non-MHE ones \( (p<0.001) \), and ammonia levels were significantly higher in the MHE patients with positive H. pylori than in MHE patients negative for H. pylori, so strong association between H. pylori infection and MHE was noticed.

In the present study, both ammonia blood levels and number connection test scores are significantly higher in H. pylori positive cases compared to H. pylori negative ones distinct from the underlying hepatic status (Chen et al., 2008; Li et al., 2013).

In the present study, H. pylori infection was eradicated in 15/19 \( (78.94\%) \) of MHE patients, this result agreed with Saeed et al. (2014) who found that H. pylori was eradicated in 29/37 \( (78.4\%) \) of MHE patients.

In the present study, there was a significant reduction in blood ammonia levels in patients with or without MHE after triple therapy \( (p<0.001) \). This reduction was more marked in MHE patients compared to non-MHE ones. Thus, H. pylori contributed to development of hyperammonemia in patients with liver disease and MHE. The role of H. pylori in the pathogenesis of hyperammonemia was proved in previous studies which showed a reduction in blood ammonia levels after eradication of H. pylori infection (Chen et al., 2008; Agrawal et al., 2011). The reduction in blood ammonia levels following treatment with anti-H. pylori drugs was associated with resolution of MHE in 17 of our 19 patients with MHE and H. pylori infection with total percentage of resolution of 89.4% based on NCT score. Normalization of psychometric tests with reduction in blood ammonia levels has been reported previously, and further suggests a role of hyperammonemia in the pathogenesis of MHE (Schulz et al., 2014, Oeltzschner et al., 2015).

There were discrete reports indicating that ammonia level and/or number connection tests may not differ significantly in stable cirrhotic patients with H. pylori infection and hence eradication may be unnecessary (Scotiniotis et al., 2001; Kini et al., 2001; Hu et al., 2013). This discrepancy might be emphasized due to the obvious higher prevalence of H. pylori infection in these studies compared to other studies, different eradication regimens or intrinsic differences of the population under study.

**Conclusion**

*Helicobacter pylori* infection is significantly associated with minimal hepatic encephalopathy (MHE) and eradication treatment led to the reduction in ammonia level and improvement of MHE. Thus, the patients with chronic liver disease must be screened for *H. pylori* infection and properly treated.

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EXPERIMENTAL LIFE CYCLE OF CONTRACAECUM QUADRIPAPILLATUM N. SP. IN WHITE PELICAN (PELECANUS ERYTHRORHYNCHUS) AT LAKE NASSER, EGYPT: MORPHOLOGICAL AND GENETIC EVIDENCES

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Abstract

During November 2013 to October 2015, one hundred and nine fish specimens of Clarias lazera were captured from different areas of Lake Nasser, South Egypt. They were found infected with 3rd stage larvae of Contracaecum with 100% prevalence. 4th stage larvae and adults were experimentally obtained from the lower part of esophagus of white Pelicans Pelecanus erythrorhynchos previously administered 3rd stage larvae. Detailed morphological description of both larvae (L3) and adults, by light and scanning electron microscopes as well as molecular analysis of the internal transcribed spacers of nuclear ribosomal DNA (ITS-1 & ITS-2) indicated the presence of a new Contracaecum sp. here named C. quadr pipillatum n. sp.

Keywords: Egypt, Internal transcribed spacers; Lake Nasser; Contracaecum; Clarias lazera

GenBank database: Sequences of ITS-1 and ITS-2 of Contracaecum quadrpipillatum n. sp. have been deposited to the GenBank database under accession numbers KY703768 and KY703769, respectively.

Introduction

Anisakidosis is a famous zoonotic disease of major public health and economic importance. It is resulting from the accidental infestation with anisakid nematode larvae due to the consumption of infected raw or undercooked fish (Sakanari and Mc Kerrow, 1989; Palm, 2004). The larvae invade the gastrointestinal tract of humans and cause eosinophilic granuloma syndrome (Kaneko, 1991). The highest prevalent areas were Scandinavina (from cod livers), Japan (from sushi and sashimi), Netherlands (from herrings) and along the pacific coast of South America from ceviche (Audicana et al., 2002). These nematodes are parasitizing many fishes and aquatic invertebrates which considered intermediate or paratenic hosts, while marine mammals and piscivorous birds are definitive hosts.

Larval stages of Contracaecum (Railliet and Henry, 1912) are usually found in the body cavity of fish while adults are found in the gut of birds, such as pelicans, cormorants, herons and darters (Whitfield and Heeg, 1977). Clarias lazera is the commonest clariid in Lake Nasser and its local name is Hout or Karmout (Latif, 1974). Several studies on the presence of Contracaecum larvae in cichlid and catfish especially Clarias spp. were widely achieved in African lakes, (Yimer and Enyew, 2003; Barson, 2004; Moyo and Barson, 2010; Amare et al., 2014). Several species of fish and cephalopods act as intermediate hosts for this nematode species (Anderson, 1992; Køie and Fagerholm, 1995; Køie et al., 1995). In the fish, the third stage larvae migrated from the intestine to the body cavity and encapsulated there. If small fishes are eaten by larger fishes, the larvae can re-infect the latter without molting, and accordingly larger fishes may accumulate an enormous number of larvae (Lile, 1998). A total of 12 marine mammal species and different fish eating birds have been identified as final hosts of Contracaecum (Torres et al., 1983; William et al., 2002; Dronen et al., 2003; Farjallah et al., 2008;
Mattiucci and Nascetti, 2008; Shamsi et al., 2009).

Approximately 100 species of Contracaecum were identified. However, further taxonomic revisions are needed. Some species of similar morphology are differed genetically and therefore divided into two or more sibling species. The internal transcribed spacer sequences of nuclear ribosomal DNA (ITS-1 and ITS-2) provide well established and useful genetic markers (Zhu et al., 1998; 2000a; 2001b; Shih, 2004; Nadler et al., 2005; Klimpel et al., 2007). A continually expanding list of ITS-1 and ITS-2 sequences from anisakids and other nematodes is publicly available at the GenBank database.

Younis et al. (2017) reported larvae collected from four teleostian fish species in Lake Nasser, belonged to the genus Contracaecum. Based on morphological and molecular differences between the collected larvae some were, likely to represent C. multipapillatum with the possibility of more than one species present. The C. multipapillatum is a complex containing about four distinct species found in the USA, Europe and Australia (Nadler et al., 2000; Mattiucci et al., 2010; D’Amelio et al., 2007; Shamsi et al., 2008).

Now the question remained: How many species of Contracaecum infected Lake Nasser fish? Is there a new species (fifth species) of the C. multipapillatum complex. To answer this question, the life cycles of the larvae have to be completed to examine the adult stages as well. The discovery of new species, contribute to fulfill the inventory of biodiversity, and it is of particular interest for parasitic species with a potential impact of the human health. A biological system is developed, in order to investigate the biological life cycle of the presumptive new species analyzed, monitoring the subsequent larval stages to the adult form.

Based on integrated morphological and molecular investigations, the present work indicated the presence of a new Contracaecum sp. in the fish Clarias lazera from Lake Nasser.

**Materials and Methods**

Fish: Regulations and guidelines of Aswan University were performed in terms of dealing with animals. Agreements of the Committee of Research and Post-Graduate Studies, Aswan University were approved before starting the study.

With permission from the Fishery Management Center, High Dam Lake Development Authority at Aswan city, one hundred and nine fish specimens of Clarias lazera were collected from Lake Nasser during November 2013 to October 2015. Fish were immediately transported to the laboratory for anisakid parasite examination. They were dissected and body cavity, alimentary tract, liver and gills were taken out and examined in physiological saline.

Experimental development of adults: The third stage larvae were collected from the body cavity of the fish and washed extensively in physiological saline. Larvae were processed, for morphological and molecular studies, as recently described (Younis et al., 2017). In brief, each individual larva was divided into three pieces. The middle parts were kept in -20°C in 70% ethanol for molecular study. For morphological identification, anterior and posterior parts were fixed in warm 70% ethanol (60-70°C) and preserved in 70% ethanol with few drops of glycerin.

Two adult white Pelicans (Pelecanus erythrorynchus) were caught from the Lake area and transported to the laboratory. Their feces were found free of helminthes ova during daily examination for a week. For confirmation, using a gastric tube, birds were orally administered anthelmintic drugs according to the pelican weight (a single dose of Praziquantel and two doses of Mebendazole, in two days interval). One week later, the helminthes-free pelicans were orally fed 300 Contracaecum larvae by mean of gastric tubing. The infection was repeated on day 18 th post-infection. Feces were examined daily for the presence of ova. Following confirmation of infection, pelicans were dissected on
the 20\textsuperscript{th} day post-infection. 4\textsuperscript{th} larvae, adult females and adult males of *Contracaecum* sp. were collected and processed as mentioned above.

Morphological examination: Worms were cleared in lactophenol for 24 hours for light microscopic study. Drawings were made using the drawing tube and all measurements were given in millimeters, unless otherwise mentioned. Photomicrographs were taken of nematodes obtained by using digital microscope (Olympus CX41). Identification was according to keys and descriptions (Yamaguti, 1961; Nadler and Hudspeth, 1998; Anderson, 2000; Martins et al, 2005; Oliveira-Verbel et al, 2006). For the scanning electron microscope examinations, specimens were fixed in 5\% glutaraldehyde solution for 24 hours, and washed in Sodium cacodylate buffer solution 3-5 times (15 minutes each). Post-fixation of specimens were made in 1\% of osmic acid for 2 hours, then washing was done; five changes in Sodium cacodylate buffer solution (15 minutes each). Dehydration of the specimens was done in ascending grade of ethanol; 30, 50, 70, 90 & 100\% (30 minutes each). The specimens were dried to the critical point by exposing to 25\(^{\circ}\)C. After that, they were placed on the holder and were coated at high vacuum by a very thin layer of gold (thickness of 150-200 Angstroms). Finally, the specimens were examined by scanning electron microscope (Jeol: JSM 5400 LV).

Molecular analyses: Genomic DNA isolation, PCR and sequencing: Genomic DNA extracted from individual larvae or adult worms by phenol/chlorophorm method (Youinis et al, 2011). Briefly, individual parasite materials were digested overnight at 56\(^{\circ}\)C with proteinase K in ALT buffer (Dneasy kit, Qiagen) under a constant agitation, after that precipitated with 5.2 M ammonium acetate. Samples were diluted in 20-50\(\mu\)l d H\(_2\)O (HPLC Water) depending on the pellet size, concentrations were determined by spectrophotometry.

Amplification the two nuclear ribosomal markers were takes place using the specific primer sets SS1/ NC13R (for ITS-1) and SS2/NC2 (for ITS-2) under the similar conditions as described previously (Zhang et al, 2007). The PCR (50\(\mu\)l) was performed in thermo-cycler under the following conditions: initial denaturation at 94\(^{\circ}\)C for 5 minutes, then 35 cycles of 94\(^{\circ}\)C denaturation temperature for 30 seconds, 55\(^{\circ}\)C annealing temperature for 30 seconds and 72\(^{\circ}\)C elongation temperature for 30 seconds, followed by 72\(^{\circ}\)C for 5 minutes. Samples with fish/bird gDNA or without gDNA were included in the PCR as controls. PCR products were analyzed by 1.2\% w/v agarose gel, stained with ethidium bromide and photographed using a UV gel documentation unit (UVP-BioDoc-IT). Positive PCR products were then purified using DNA Clean and Concentrator TM-25 kit (Zymo Research, USA) according to the manufacturer’s protocols. The purified products were sent for sequencing to Macrogen Inc. (Korea), via National BioLab for trade (Cairo, Egypt). Samples were sequenced by a dideoxy termination method using an applied biosystems sequencer model 3730XL automated DNA sequencing system (Applied BioSystems, USA), in the two directions (forward and reverse) by the same PCR-used primers.

Computer-based sequence analysis: Each sequence (forward) was compared to its complement (reverse) and then assembled by cap3 software or manually. The resulted sequences were individually compared to other sequences available at the database using NCBI Blast program for homology search (http://www.ncbi.nlm.nih.gov). Subsequently, they were aligned to each other and to the most homologous sequences in the database using CLUSTALW and/or MUSCLE multiple sequence alignment programs. The phylogenetic analysis was conducted using online tool software Phylogeny.fr program (Dereeper et al, 2008).

**Results**

Morphological Identification: Third stage
larvae of *Contraceacum* obtained from *C. lазera* (n= 10): All examined *C. lазera* (109 specimens) were found infected with L₃ of *Contraceacum* sp. (prevalence 100%). Larvae were found in the body cavity adhering to the alimentary canal. The burden of larvae was 35-116 larvae/fish. They were reddish-yellow in colour and covered with a smooth transparent cuticle. The body was 15-35 (av. (average) 23) in length and 0.94-1.56 (av. 1.35) wide. The mouth was surrounded by three small lips with a prominent papilla and a well-defined boring tooth measuring 0.02-0.03 (av. 0.024). Esophagus was narrow and long, 2.6-4.12 (av. 3.6) long, 14-17.3% (15.6%) of body length and 0.1-0.14 (av. 0.13) wide. Ventricular appendix was 0.86-1.04 (av. 0.93) long and 25-33% (25.8%) of esophageal length. Intestinal caecum measured 1.72-3.3 (av. 2.77) long and 66-80% (76.9%) of esophageal length. The ratio of ventricular appendix to intestinal caecum was 31.5-50% (33.5%). The intestine was opening ventrally in a slit-like shape anus and tail was conical in shape measured 0.1-0.12 (av. 0.12) long and 0.5-0.6% (0.5%) of body length, with a tapered process measured 0.04-0.06 (av. 0.045). The rectum was provided with rectal cells.

SEM (Fig. 1a, b) showed the transversely striated cuticle and cuticular ridges at head region which were narrow anteriorly and became wider posteriorly without host mucus. The mouth opening was triangular and surrounded by three small lips, one dorsal and two ventral, which are provided with four papillae, two on the dorsal lip and one on each ventral lip, well defined boring tooth located on dorsal lip, excretory pore located anteriorly in between the two ventral lips.

Fourth-stage larvae of *Contraceacum* obtained from Pelicans (n = 10): Living specimens of 4th larvae of *Contraceacum* were found freely in the lower part of esophagus of the Pelican after two days post-infection. They were very active and lived for 24 hours in saline solution (life span). The body was elongated, cylindrical and yellowish in colour. Nerve ring appeared circling the esophagus and was located at the first third of its length. Cuticle ridges were more distinct on the cephalic and caudal ends. The body was 30-40 (av. 35) long and 0.9-1.06 (av. 0.96) wide. Esophagus measured 2.6-3.3 (av. 2.98) long, 8.7-12.8% (9.4%) of body length and 0.1-0.14 (av. 0.13) wide. Ventricular appendix was 0.94-1.12 (av. 1.07) long and 35.9-42.3% (33.9%) of esophageal length. The intestinal caecum was 1.32-2.76 (av. 2.08) long, 50.7-84.8% (69.8%) of esophageal length and 0.28-0.3 (av. 0.29) wide. The ratio between ventricular appendix to intestinal caecum was 40.5-70% (51.4%). The tail was pointed measured 0.12-0.22 (av. 0.18) long, 0.4-0.55% (0.5%) of body length and ended with a tapered process measured 0.025-0.03 (av. 0.028). The rectum was provided with rectal cells. SEM showed that cuticle was smooth and striation was less distinct than the 3rd stage larvae, the head region had cuticular ridges with heavy mucus derived from the host and were narrow anteriorly then became wider posteriorly. Mouth opening was triangular and surrounded by three ill-defined lips, one dorsal and two sub-ventral. The excretory pore was located anteriorly between the two sub-ventral lips. Four papillae were found, one on each ventral labium around the excretory pore and two on the dorsal labium (Fig. 2a). Anal opening was located ventrally near the posterior end. The molting of this stage (Fig. 2b, c) began from the body posterior part.

Adult worms were found in lower part of esophagus of Pelican, ten days post-infection. The body was elongate and cylindrical, three lips (one dorsal and two lateral-ventral) interceded with interlabia, were present surrounded by a prominent collar, interrupted laterally at the base of lips. Visible depression (groove) was noticed ventrally in each labium. Two ovate papillae on the dorsal labium were found and one papilla on each sub-ventral labium. Interlabia were triangular in shape with wide base and had the same heights as lips (Figs. 3a & 4a,d). Intes-
tinal caecum was about three to four times longer than ventricular appendix (Figs. 3b & 4b). The anal opening was located near the posterior end.

Male (n= 10): Body length 25-27 (av. 26) long and width 0.96-1 (av. 0.98). Esophagus measured 3.6-4.5 (av.4.05) long, 14.4-16.6% (15.6%) of body length and 0.12-0.2 (av. 0.16) wide. Ventricular appendix 0.78-1.1 (av. 0.93) long and 21.7-25.6% (23.5%) of esophageal length. Intestinal caecum 2.8-4.1 (av. 3.45) long, 77.8-87% (85.2%) of esophageal length and 0.24 (av. 0.24) wide. The ratio between ventricular appendix to intestinal caecum was 27.9-31.4% (29.5%). Tail was pointed, curved ventrally and ended with a tapered process; it measured 0.12-0.16 (av. 0.14) long, 0.5-0.6% (0.6%) of body length. The seminal vesicle was long and opened in the cloacal opening, two subequal spicules were present and provided with transparent membrane (Figs. 3 c & 4 c). Right spicule measured 2.04-2.54 (av. 2.12) long, 8.2-9.4% (8%) of body length. Left spicule 2-2.24 (av. 2.11), long 8-9% (8%) of body length.

SEM studies indicated that post-anal papillae consist of one pair of small papillae at level of cloaca, followed by one pair of double papillae. Remaining post-cloacal papillae arranged in three rows, first and second rows containing four papillae on each side forming quadrilateral shape and the third has one papilla on each side (Figs. 3 d & 4 e). The cuticle was smooth and striated transversely and longitudinally.

Female (n= 10): Body measured 29-36 (av. 33) long & 0.9-1.4 (av. 1.19) wide. Esophagus measured 3.6-4.6 (av. 4.13) long, 10.3-15.2% (12.4%) of body length & 0.12-0.18 (av. 0.14) wide. Ventricular appendix 0.9-1.12mm (av. 1.01) long, & 24.3-26.2% (25.6%) of esophageal length. Intestinal caecum 2.4-3.9 (av. 3.3) long, 66.7-88.6% (79.5%) of esophageal length & 0.2-0.4 (av. 0.32) wide. The ratio between ventricular appendix to intestinal caecum 26.5-39.2% (32.04%). Tail ended with a tapered process and measured 0.2-0.48 (av. 0.32) long, 0.5-1.3% (0.9%) of body length. The muscular genital pore was situated at a distance of 8-12.24 (av. 10.91) from the anterior end and surrounded by small papillae (Fig. 4 f). Eggs were immature, spherical and measured 23-48 (39) × 35-49 (48) µm in diameter.

Morphological comparison of C. quadripapillatum n. sp. with other related species: Although the morphological characters of the present worms resemble that of previously described four species of Contraacanthocephalus multipapillatum A, B, C and D (Nadler et al, 2000; Mattiucci et al, 2010; D’Amelio et al, 2007; Shamsi et al, 2008), it showed unique morphological differences. The differences are: the site of infection where the present worms found in the lower part of esophagus but C. multipapillatum always found in proventriculus and stomach of the bird; the number and arrangement pattern of post-cloacal papillae in the present males were five forming a quadrate shape while in C. multipapillatum, were four papillae forming L shape (Shamsi et al, 2008). Moreover, spicule lengths were sub-equal and longer than those of C. multipapillatum described from Egretta alba in Colombia. C. multipapillatum sp. A (C. gibsoni) from Pelecanus crispus in the Ambracian Gulf off Greece and C. multipapillatum sp. D from Australian pelican (D’Amelio et al, 2007; Shamsi et al, 2008; Mattiucci et al, 2010) but, shorter than those of C. multipapillatum (= C. robustum) identified from birds in Northern Gulf of Mexico by Deardorff and Overstreet (1980) and C. multipapillatum sp. B (C. overstreeti) from the Dalmatian pelica Pelecanus crispus in the Ambracian Gulf off Greece (Mattiucci et al, 2010). Besides, the tips of the present spicules were rounded while they were pointed in C. gibsoni, C. overstreeti and C. multipapillatum sp. D.

Adult male and female of C. quadripapillatum n. sp. were deposited in the public museum of the Zoology Department, Faculty of Science, Aswan University under the deposition code (Zoo-Inv-Nem.Cq.01/ 2017).
Molecular characterization and phylogenetic analysis: Agarose gels analyses of the PCR products which resulted from gDNA of *Contracaecum* larvae as well as gDNA of adult males showed amplicons of ~ 530 bp and ~ 430 bp for the ITS-1 & ITS-2 respectively. As expected sequences of ITS-1 and ITS-2 of L3 and adults were 100% identical and have been deposited to GenBank database under accession numbers (KY703768 and KY703769), respectively.

No high similarities found neither for ITS-1 nor ITS-2 with other sequences from *Contracaecum* adults. But, (Tab. 1), blast search and alignments of ITS-1 sequence showed the highest to typical identities (99% and 100%) to our recently identified ITS-1 sequences (accession numbers KX580604 and KX580607) of L3 (short form) collected from *Hydrocynus forskahlii* and L3 (short form) collected from *Lates niloticus* (Younis et al, 2017). In addition it showed a very high identity (98%) to the ITS-1 sequences (Accession numbers FM210433-FM210434-FM210435) of L3 collected from intestine & body cavity of barboid fishes in Parishan Lake, Iran (Shamsi and Aghazadeh-Meshgi, 2011). In (Tab. 2), ITS-2 sequence showed highest similarity (99%) to two ITS-2 sequences (accession numbers KX580610 and KX580612) from L3 of *L. niloticus* and *H. forskahlii* (Younis et al, 2017). It showed high similarity (98%) to ITS-2 sequences of the *Contracaecum* larvae (Accession numbers FM210437- FM210438- FM210439) isolated from Iranian fish (Unpublished data, recorded by Shamsi in 2008 to the GenBank). It is likely that L3 which were identified recently to belong to *C. multipapillatum* complex (Younis et al, 2017) and were collected from *H. forskahlii* and *L. niloticus* in Lake Nasser, are of the same species of the larvae collected from *C. lazera* in the present work (*C. quadripapillatum*). After experimental development of adult stages, morphological description and molecular analysis revealed that larvae collected in this study from *C. lazera* represent a new species of *Contracaecum* and four types of larvae (short forms collected from *H. forskahlii* and *L. niloticus* (Younis et al, 2017) and those collected from Iranian barboid fishes (Shamsi and Aghazadeh-Meshgi, 2011) and larvae collected from *C. lazera* (present work) are likely belonging to *C. quadripapillatum* n. sp.

Phylogenetic trees of the aligned ITS-1 and ITS-2 showed similar results, the earlier presented (Fig. 5). Thus, sequences from L3, collected previously from *H. forskahlii* and *L. niloticus* (Lake Nasser, Egypt) and those of L3 found in barboid fishes (Parishan Lake, Iran) are very closely related to the new species *Contracaecum quadripapillatum*.

<table>
<thead>
<tr>
<th>Accession</th>
<th>Identity</th>
<th>Source (L3/adult worms)</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>KX580607</td>
<td>100%</td>
<td>Third stage larvae (short form) of <em>Contracaecum</em> sp. found in <em>Lates niloticus</em> (Lake Nasser, Egypt)</td>
<td>Younis et al 2017</td>
</tr>
<tr>
<td>KX580604</td>
<td>99%</td>
<td>Third stage larvae (short form) of <em>Contracaecum</em> sp. found in <em>Hydrocynus forskahlii</em> (Lake Nasser, Egypt)</td>
<td>Younis et al 2017</td>
</tr>
<tr>
<td>FM210433</td>
<td></td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in barboid fishes (Parishan Lake, Iran)</td>
<td>Shamsi and Aghazadeh-Meshgi 2011</td>
</tr>
<tr>
<td>FM210434</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FM210435</td>
<td>98%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KX580606</td>
<td>93%</td>
<td>Third stage larvae (long form) of <em>Contracaecum</em> sp. found in <em>L. niloticus</em> (Lake Nasser, Egypt)</td>
<td>Younis et al 2017</td>
</tr>
<tr>
<td>KX580603</td>
<td>88%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>Oreochromis niloticus</em> (Lake Nasser, Egypt)</td>
<td>Younis et al 2017</td>
</tr>
<tr>
<td>KF990491</td>
<td>88%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>H. forskahlii</em> (Lake Turkana, Kenya)</td>
<td>Otachi et al 2015</td>
</tr>
<tr>
<td>KX580602</td>
<td>86%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>Tilapia galilae</em> (Lake Nasser, Egypt)</td>
<td>Younis et al 2017</td>
</tr>
<tr>
<td>AM490056</td>
<td>85%</td>
<td>Adults of <em>C. multipapillatum</em> (D) found in Australian pelican (<em>Pelecanus conspicillatus</em>)</td>
<td>Shamsi et al 2008</td>
</tr>
<tr>
<td>AM490059</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AM490062</td>
<td>84%</td>
<td>Adults of <em>C. pyrrhopapillatum</em> found in Australian pelican (<em>Pelecanus conspicillatus</em>)</td>
<td>Shamsi et al 2008</td>
</tr>
<tr>
<td>AM490063</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AM490064</td>
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<td></td>
</tr>
<tr>
<td>KX580605</td>
<td>79%</td>
<td>Third stage larvae (long form) of <em>Contracaecum</em> sp. found in <em>H. forskahlii</em> (Lake Nasser, Egypt)</td>
<td>Younis et al 2017</td>
</tr>
</tbody>
</table>
**Table 2**: ITS-2 Sequences retrieved from GenBank database and producing significant alignments to the newly deposited ITS-2 sequence of *Contracaecum quadripapillatum* n. sp. (KY703768).

<table>
<thead>
<tr>
<th>Accession</th>
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<th>Source (L3/adult worms)</th>
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<tbody>
<tr>
<td>KX580612</td>
<td>99%</td>
<td>Third stage larvae (short form) of <em>Contracaecum</em> sp. found in <em>Lates nilotica</em> (Lake Nasser, Egypt)</td>
<td>Younis et al, 2017</td>
</tr>
<tr>
<td>KX580610</td>
<td>99%</td>
<td>Third stage larvae (short form) of <em>Contracaecum</em> sp. found in <em>Hydrocynus forskahlii</em> (Lake Nasser, Egypt)</td>
<td>Younis et al, 2017</td>
</tr>
<tr>
<td>FM210407</td>
<td>98%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>Barbus</em> spp. (Parishan Lake, Iran)</td>
<td>Unpublished: recorded by Shamsi to GenBank 2008</td>
</tr>
<tr>
<td>FM210438</td>
<td></td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>Channa</em> spp. (Parishan Lake, Iran)</td>
<td>Unpublished: recorded by Shamsi to GenBank 2008</td>
</tr>
<tr>
<td>FM210439</td>
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<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>C. semilabiatum</em> found in <em>Pseudecheneus</em> sp. (Lake Nasser, Egypt)</td>
<td>Unpublished: recorded by Shamsi to GenBank 2008</td>
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<tr>
<td>KM273050</td>
<td>95%</td>
<td>Third stage larvae of <em>C. ocellatum</em> found in liver of <em>Gadus morhua</em> (Island of Bornholm, the southern Baltic Sea)</td>
<td>Mehrdina et al, 2014</td>
</tr>
<tr>
<td>KX580608</td>
<td>88%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>Tilapia cichlids</em> (Lake Nasser, Egypt)</td>
<td>Younis et al, 2017</td>
</tr>
<tr>
<td>KX580609</td>
<td>88%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in <em>Oreochromis niloticus</em> (Lake Nasser, Egypt)</td>
<td>Younis et al, 2017</td>
</tr>
<tr>
<td>MG515224</td>
<td>84%</td>
<td>Third stage larvae of <em>Contracaecum</em> sp. found in marine fishes collected in Turkish waters</td>
<td>Unpublished: recorded by Pekmezci and Yardimci to GenBank 2017</td>
</tr>
</tbody>
</table>

**Discussion**

In the present study, a new species of *Contracaecum* is identified by integrated morphological and molecular evidences named *C. quadripapillatum* n. sp. Third stage larvae were collected from *C. lazera* and adults were obtained experimentally from white pelicans.

All examined *C. lazera* were found infected with 3rd stage larvae of *Contracaecum* sp. in the body cavity adhering to the alimentary canal. Numerous studies have been made concerning the presence of *Contracaecum* spp. (Anisakidae) in marine, brackish and freshwater fishes (Paperna, 1974). Donnelly and Hustler (1986) and Barson (2004) explained the low prevalence of *Contracaecum* sp. in *Clarias gariepinus* collected from Lake Chivero, Zimbabwe for the abundance of reed cormorants and darters which mainly prey on cichlids and rarely on *Clarias*. On the other hand, Barson and Avenant-Olivede (2006) estimated a high prevalence (86%) and mean intensity (16.3) of third stage larvae of *Contracaecum* sp. in *Clarias gariepinus* from the Rietvlei Dam near Pretoria, South Africa. Moyo (2009) found that *C. gariepinus* in In- sukamini Dam, Zimbabwe was not infected.

During this study, experimental infection was successful in white pelicans which were infected with the third stage larvae, isolated from *Clarias lazera*. Eggs were detected in the feces on day 10 post-infection. 4th stage larvae and adults were found in the lower part of the esophagus of the pelican. Morphological examinations revealed that little changes have been noticed in the structure during the development from third to fourth stage larvae. These changes were: the total body size, tail length, shape and size of lips and boring tooth, shape and size of anal opening.

Adult nematode identification was based on morphological features, such as the size and the shape of spicules (sexual organs) in males, anterior and posterior parts. Morphologically *C. multipapillatum*, is the most related species complex to the newly identified nematode in the present study. However, it showed clear and distinct differences from the 4 species which previously described as *C. multipapillatum* A, B, C and D (Nadler et al, 2000; Mattiucci et al, 2010; D’Amelio et al, 2007; Shamsi et al, 2008).

The molecular patterns of adult showed 100% identity to the larvae collected from *C. lazera*. Beside the identical morphological features, both ITS-1 & ITS-2 sequences showed very high similarities (98%-100%) to sequences of the recently investigated larvae which infected *H. forskahlii* and *L. niloticus* from Lake Nasser (Younis et al, 2017). These data integrated with the phylogenetic sequence analyses and strongly indicating that larvae collected from *C. lazera* (present study) and from *H. forskahlii* and *L. niloticus* from (Younis et al, 2017) were of the same species (*C. quadripapillatum* n. sp.).
Interestingly, the very high sequence similarities (98%) of both ITS-1 and ITS-2 between *Contracaecum* L3 isolated from *C. lazera* (present study) and *Contracaecum* L3 collected from Iranian fish by Shamsi and Aghazadeh-Meshghi (2011), might indicate that they likely belong to the same species (*C. quadripapillatum* n. sp.). But, this may need to be confirmed by further experiment and completing the life cycle of L3 collected by Shamsi and Aghazadeh-Meshghi (2011) to examine the adult stages. The alignments of ITS-1 and ITS-2 of the present materials (L3 and male) differs greatly (> 12%) from the previously identified genotypes of *C. multipapillatum* A, B, C & D, which were reported from Europe, USA and Australia.

Based on the integrated morphological and molecular data presented in the current work, it was able to answer the question remained in the recent study by Younis et al. (2017): yes, there is more than one species of *Contracaecum* infected the lake Nasser fish and there is a new species (fifth species) of the *C. multipapillatum* complex. L3 collected from *C. lazera* and its adult stages obtained experimentally from white pelican as well as short forms of L3 collected previously from *H. forskahlii* and *L. niloticus* are belonging to a new species named *C. quadripapillatum* n. sp. Work is continuing to identify all the *Contracaecum* sp. by completion of the life cycle of the larvae that infect other species of Lake Nasser fish.

**Conclusion**

Detailed morphological description of both larvae (L3) and adults, by light and scanning electron microscopes as well as molecular analysis of the related sequences of the internal transcribed spacers of nuclear ribosomal DNA (ITS-1 and ITS-2) indicated the presence of a new *Contracaecum* sp. named here *C. quadripapillatum* n. sp.

**Acknowledgments**

The authors would like to thank the Assistant Team at the Zoology Department, Faculty of Science, Aswan University and at the Fishery Management Center, High Dam Lake Development Authority for providing the technical assistance during this work.

**References**


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Shamsi, S, Aghazadeh-Meshgi, M, 2011: Mor-


Explanation of figures

Fig. 1: Third stage larva of *Contracaecum quadripapillatum* n. sp. obtained from natural infection of *Clarias lazera*. Scanning electron micrographs (a) anterior part showing lips; (b) posterior part showing anal opening and tail

Fig. 2: Fourth stage larva of *Contracaecum quadripapillatum* n. sp. obtained from experimental infection of white pelican. Scanning electron micrographs (a) anterior part showing three lips one dorsal DL and two ventral VL, mouth opening, and excretory pore; (b) posterior part showing the beginning of the molting, anus, tapered process and tail; (c) molting process

Fig. 3: Adult of *Contracaecum quadripapillatum* n. sp. obtained from experimental infection of white pelican (a) anterior part of nematode showing dorsal labium, interlabia and esophagus; (b) ventriculus and ventricular appendix; (c) posterior part of male showing the two spicules and seminal vesicle; (d) posterior end in male, ventral view, showing arrangement of post-cloacal papillae

Fig. 4: Adult of *Contracaecum quadripapillatum* n. sp. obtained from experimental infection of white pelican (a) Light microscope photo of anterior part of male showing lips, interlabia and esophagus; (b) Light microscope photo showing ventriculus and ventricular appendix; (c) Light microscope photo of posterior part of male showing the two spicules; (d) Scanning electron micrograph of anterior part showing lips, interlabia, and papillae; (e) Scanning electron micrograph of posterior part showing spicules and arrangement of post-cloacal papillae; (f) Scanning electron micrograph of muscular genital pore of female surrounded by papillae

Fig. 5: Phylogenetic tree of the aligned 16 ITS-1 sequences from *Contracaecum* spp. including the ITS-1 sequences of *C. quadripapillatum* n. sp. (arrow), identified in this study, using the Phylogeny.fr program (http://www.phylogeny.fr/). Sequences from L3,