

Vector-borne diseases

Information for travellers and tourists

Source of infection

Vector-borne diseases are human illnesses caused by parasites, viruses and bacteria that are transmitted by vectors.

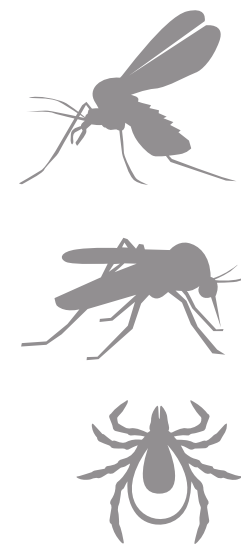
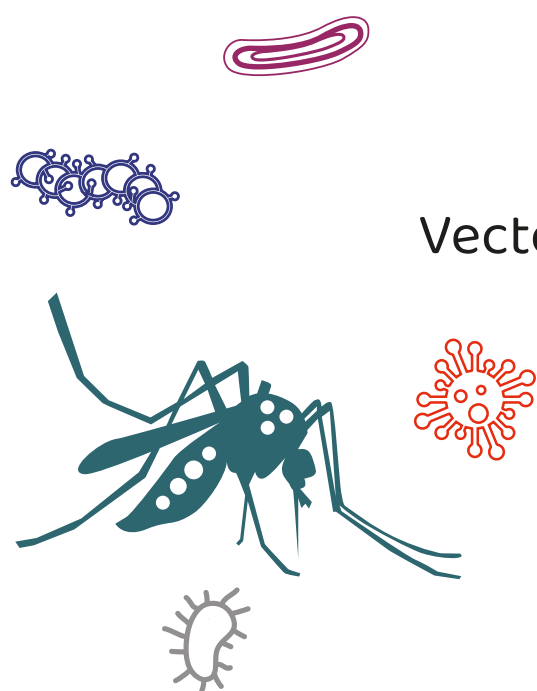


Type of exposure & prevention

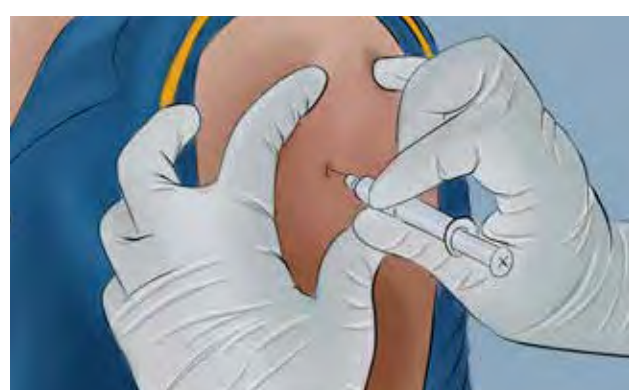
Vector-borne diseases are transmitted by insects such as mosquitoes, sandflies and ticks.

One bite of a vector can cause life-threatening diseases like:

- ▶ Malaria
- ▶ Leishmaniasis
- ▶ Zika
- ▶ West Nile
- ▶ Yellow fever
- ▶ Dengue
- ▶ Crimean-Congo haemorrhagic fever
- ▶ Lyme disease
- ▶ Japanese encephalitis
- ▶ Chikungunya



Prevention



Get vaccinated against yellow fever and Japanese encephalitis



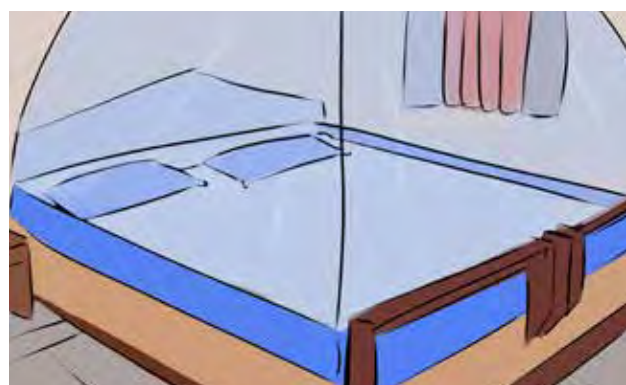
Install window screens at home and office



Wear light-coloured and long-sleeved T-shirts and trousers to avoid vector bites



Use insect repellent



Sleep under an insecticide-treated bed net



Get rid of stagnant water from places where mosquitoes breed, such as in old containers, flowerpots and used tyres



Reduce vector breeding in your area by spraying insecticides

Actions to take in case of symptoms:



In case of exposure to vectors and if experiencing any symptoms, see your doctor and follow medical advice.