

قرار

Resolution

**REGIONAL COMMITTEE FOR THE
EASTERN MEDITERRANEAN**

**EM/RC71/R.5
October 2024**

**Seventy-first session
Agenda item 4(c)**

Regional action plan for mental health and psychosocial support in emergencies, 2024–2030

The Regional Committee,

Having reviewed the technical paper and regional framework for action on mental health and psychosocial support in emergencies;¹

Reaffirming the provisions of the WHO Comprehensive Mental Health Action Plan 2013–2030,² adopted by the Health Assembly in resolution WHA65.4, but noting that the mental health and psychosocial needs of people affected by emergencies require actions beyond those identified in that Action Plan;

Recalling United Nations General Assembly resolution 77/300 (2023) on mental health and psychosocial support, and resolution WHA 77.3 (2024) of the World Health Assembly on strengthening mental health and psychosocial support before, during and after armed conflicts, natural and human-caused disasters and health and other emergencies;

Recognizing the complex and challenging situation in the Region due to conflict, social unrest, climate-related events, political instability and economic constraints, and the resultant health system disruption, human migration and forced displacement;

Deeply concerned about the increasing unmet mental health and psychosocial support needs of people affected by emergencies in the Eastern Mediterranean Region;

Acknowledging that mental health and psychosocial well-being are critical to the survival, recovery and daily functioning of people affected by emergencies, their enjoyment of human rights and fundamental freedoms, and their access to protection and assistance;

1. **ENDORSES** the regional action plan on mental health and psychosocial support in emergencies;

¹ EM/RC71/5-Rev.2.

² WHO Comprehensive Mental Health Action Plan 2013–2030. Geneva: World Health Organization; 2021 (<https://www.who.int/publications/i/item/9789240031029>, accessed 13 October 2024).

2. **URGES Member States** to implement the strategic interventions and priority actions identified in the action plan, with a particular emphasis on:
 - 2.1 Integrating mental health and psychosocial support into their national emergency preparedness, response and recovery plans;
 - 2.2 Including evidence-based interventions for mental health conditions in national basic/priority benefit packages;
 - 2.3 Establishing adequately resourced intersectoral coordination and implementation mechanisms for mental health and psychosocial support in emergencies;
 - 2.4 Strengthening the capacities of the health and social care systems to deliver mental health and psychosocial support across the continuum of care;
 - 2.5 Advocating for and ensuring the engagement of both affected communities and people with lived experiences;
3. **REQUESTS the Regional Director to:**
 - 3.1 Advocate for implementation of the regional action plan at all levels;
 - 3.2 Allocate resources to strengthen the capacities of the WHO Regional Office and country offices to support Member States in implementing the provisions of the regional action plan;
 - 3.3 Provide technical support to Member States to build capacities for implementing and monitoring the strategic actions specified in the regional action plan; and
 - 3.4 Report on progress in implementing this resolution to the 73rd and 75th sessions of the Regional Committee and present a final report to the Committee at its 77th session in October 2030.