

## مشروع قرار

### Draft resolution

**REGIONAL COMMITTEE FOR THE  
EASTERN MEDITERRANEAN**

**EM/RC69/R.4(D)  
October 2022**

**Sixty-ninth session  
Agenda item 3(c)**

### **Promoting health and well-being in the Eastern Mediterranean Region: moving from theory to action to achieve the health-related Sustainable Development Goals**

The Regional Committee,

Having reviewed the technical paper on promoting health and well-being in the Eastern Mediterranean Region: moving from theory to action to achieve the health-related Sustainable Development Goals;<sup>1</sup>

Reaffirming that health, which is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity, is a fundamental human right, and that the attainment of the highest possible level of health is the most important social goal worldwide, the realization of which requires action by other social and economic sectors in addition to the health sector;

Recognizing that in order to reach a state of complete physical, mental and social well-being, an individual, group or community must be able to identify and realize aspirations, satisfy needs and play an active role in adapting to their environment;

Mindful of the vast implications that the current health, environmental and social crises have on people's ability to take control over and improve their health;

Noting the outcomes of the 10th Global Conference on Health Promotion in 2021, contained in the Geneva Charter for Well-being;

Underlining that governments have a responsibility for the health of their people through a whole-of-government approach, which can be fulfilled only by the provision of adequate health and social measures through multisectoral action, and that national efforts need to be supported by an enabling international environment;

Reaffirming that health inequities within and between countries are politically, socially and economically unacceptable, as well as unfair and largely avoidable, and that the promotion of health equity is essential for sustainable development and a better quality of life and well-being for all, which in turn can contribute to peace and security;

<sup>1</sup> EM/RC69/6.

Recalling that multisectoral action on social, environmental and political determinants of health, both for the general population and for vulnerable groups, is essential to create inclusive, equitable, economically productive and healthy societies;

Building on the Report of the Commission on Social Determinants of Health in the Eastern Mediterranean Region and its recommendations on building back fairer;

**1. URGES Member States to:**

- 1.1. Strengthen health promotion and disease prevention through good governance and health system strengthening;
- 1.2. Identify national priorities for health and well-being, based on local context and mandates to ensure healthy lives and promote well-being for all throughout the life course and to achieve universal health coverage by 2030;
- 1.3. Support research and studies for knowledge and evidence creation for effective planning and assessment of different interventions related to promoting health and well-being;
- 1.4. Promote community empowerment and engagement to improve health-seeking behaviours;
- 1.5. Support the creation and institutionalization of innovative mechanisms to share evidence on developing high-impact policies to promote and protect people's physical, mental and social health and well-being, and comprehensively address structural, social, economic, environmental and other determinants of health by working across all sectors through a whole-of-government, whole-of-society and health-in-all-policies approach;
- 1.6. Take multisectoral action to create and establish healthy environments and promote healthy settings for healthy lifestyles;
- 1.7. Develop national plans of action aiming to achieve the highest attainable standard of physical and mental health, and advancing action across sectors and at all levels, while benefiting from the knowledge and experiences of other specialized agencies of the United Nations system and relevant partners.

**2. REQUESTS the Regional Director to:**

- 2.1 Conduct interdisciplinary research and develop measurement frameworks to assess progress in the field of health promotion and well-being, building on the measurement systems for the Sustainable Development Goals;
- 2.2 Propose a regional road map to guide Member States in the implementation of the well-being agenda in the Region, including working with relevant sectors to promote health and well-being and to address their social determinants, and covering community satisfaction as regards services, physical and mental well-being, environmental determinants, and social participation and well-being in settings such as cities, villages, communities, workplaces and educational facilities;
- 2.3 Report on progress in promoting health and well-being to the 71st and 73rd sessions of the Regional Committee and present a final report to the 75th session in 2028.