

Commitments	Strategic interventions	Progress indicators
In the area of <b>governance</b>	<p><b>Each country is expected to:</b></p> <ul style="list-style-type: none"> <li>Integrate noncommunicable diseases into national policies and development plans</li> <li>Establish a multisectoral strategy/plan and a set of national targets and indicators for 2025 based on national situation and WHO guidance</li> <li>Increase budgetary allocations for noncommunicable diseases prevention and control including through innovative financing mechanisms such as taxation of tobacco, alcohol and other unhealthy products</li> <li>Periodically assess national capacity for prevention and control of noncommunicable diseases using WHO tools</li> </ul>	<p><b>Country has:</b></p> <ul style="list-style-type: none"> <li>An operational multisectoral national strategy/action plan that integrates the major NCDs and their shared risk factors</li> <li>Set time-bound national targets and indicators based on WHO guidance</li> </ul>
In the area of <b>prevention and reduction of risk factors</b>	<p><b>Each country is expected to:</b></p> <ul style="list-style-type: none"> <li>Accelerate implementation of the WHO Framework Convention on Tobacco Control (WHO FCTC) and ratify Protocol to Eliminate Illicit Trade in Tobacco Products</li> <li>Ensure healthy nutrition in early life and childhood including breastfeeding promotion and regulating marketing of foods and non-alcoholic beverages to children</li> <li>Reduce average population salt intake in line with WHO recommendations</li> <li>Virtually eliminate <i>transfat</i> intake and reduce intake of saturated fatty acids</li> <li>Promote physical activity through a life-course approach</li> <li>Implement the best buys to reduce the harmful use of alcohol</li> </ul>	<p><b>Country is implementing:</b></p> <ul style="list-style-type: none"> <li>Four demand-reduction measures of the WHO FCTC at the highest level of achievement</li> <li>Four measures to reduce unhealthy diet</li> <li>At least one recent national public awareness programme on diet and/or physical activity</li> <li>As appropriate, according to national circumstances, three measures to reduce the harmful use of alcohol, in line with the WHO global strategy to reduce the harmful use of alcohol</li> </ul>
In the area of <b>surveillance, monitoring and evaluation</b>	<p><b>Each country is expected to:</b></p> <ul style="list-style-type: none"> <li>Implement/strengthen the WHO surveillance framework that monitors mortality and morbidity, risk factors and determinants, and health system capacity and response</li> <li>Integrate the three components of the surveillance framework into the national health information system</li> <li>Strengthen human resources and institutional capacity for surveillance, monitoring and evaluation</li> </ul>	<p><b>Country has:</b></p> <ul style="list-style-type: none"> <li>A functioning system for generating reliable cause-specific mortality data on a routine basis</li> <li>A STEPS survey or a comprehensive health examination survey every 5 years</li> </ul>
In the area of <b>health care</b>	<p><b>Each country is expected to:</b></p> <ul style="list-style-type: none"> <li>Implement the best buys in health care</li> <li>Improve access to early detection and management of major noncommunicable diseases and risk factors by including them in the essential primary health care package</li> <li>Improve access to safe, affordable and quality essential medicines and technologies for major noncommunicable diseases</li> <li>Improve access to essential palliative care services</li> </ul>	<p><b>Country has:</b></p> <ul style="list-style-type: none"> <li>Evidence-based national guidelines/protocols/standards for management of major noncommunicable diseases through a primary care approach, recognized/approved by the government or competent authority</li> <li>Provision of drug therapy, including glycaemic control, and counselling for eligible persons at high risk to prevent heart attacks and strokes, with an emphasis on the primary care level</li> </ul>