

ORIGINAL ARTICLE

Efflux Pump Inhibition effect of Curcumin and Phenylalanine Arginyl β -Naphthylamide (PA β N) against Multidrug Resistant *Pseudomonas aeruginosa* Isolated from Burn Infections in Tanta University Hospitals

Kareman Ahmed Eshra* and Marwa Mostafa Shalaby

Microbiology and Immunology Department, Faculty of Medicine, Tanta University

ABSTRACT

Key words:

Curcumin, Efflux pump, MDR *Pseudomonas aeruginosa*, Phenylalanine arginyl β -naphthylamide (PA β N), Efflux pump inhibitors

***Corresponding Author:**

Kareman Ahmed Eshra,
Microbiology and Immunology
Department, Faculty of Medicine,
Tanta University.
E-mail:
Drkaremaneshra2004@hotmail.com
Tel.: 01092764411

Introduction: Multidrug resistant (MDR) *Pseudomonas aeruginosa* strains are very important pathogens causing hospital acquired infections especially in intensive care units. One of the mechanisms of developing drug resistance is efflux pump through which bacteria extrude antibiotics. If these efflux channels are blocked or inhibited, increased drug concentration can be obtained inside a bacterial cell with optimal drug dose. This study was aimed to investigate the role of curcumin and phenylalanine arginyl β -naphthylamide (PA β N) as efflux pump inhibitors (EPIs). **Materials and Methods:** A total of 40 *Pseudomonas aeruginosa* isolates were taken from burn wounds. Antibiotic susceptibility was performed using disc diffusion test, then minimum inhibitory concentration (MIC) against selected antibiotics before and after adding PA β N (20mg/L, 50mg/L) and curcumin (from 5 to 50 μ g/ml) was tested. **Results:** MDR isolates showed significant reduction in MIC after adding curcumin (50 μ g/ml) and PA β N (20mg/L) with selected antibiotics, while no change in MIC was observed when were used alone, indicating their efflux pump inhibitor activity. **Conclusion:** curcumin and PA β N potentiated the effect of antibiotics and thus change their susceptibility pattern which can be attributed to efflux pumps inhibition. Further genotypic studies may be needed to confirm.

INTRODUCTION

Pseudomonas aeruginosa (*P. aeruginosa*) is an opportunistic organism that accounts for up to 11% of nosocomial infections especially in burn infections also, it causes severe infections, especially in patients with cystic fibrosis or those hospitalized in intensive care units¹.

The recent increase in occurrence of multi-drug resistant (MDR) isolates of *P. aeruginosa* (MDRPA) raises serious problems. MDRPA can be defined when the strain is resistant to 3 or 4 of the following antibiotic classes: penicillins /cephalosporins /monobactams, carbapenems, aminoglycosides, and fluoroquinolones. This may be due to several resistance mechanisms as a result of multiple genetic events, i.e. (chromosomal mutations or horizontal transfers of resistance genes). Other mechanisms may include; active efflux, impermeability resulting from porins loss, plasmid-encoded β -lactamases/carbapenemases or aminoglycosides-modifying enzymes, and enzymatic or mutation-associated changes in antibiotics targets². Antibiotic selection pressure represents the leading risk factor for MDRPA acquisition³.

Colistin (polymyxin E) remains the best treatment of all MDRPA isolates, and until now it is the last available option to treat infections caused by these strains, however, the emergence of colistin resistance

has been reported in *P. aeruginosa*, which may announce the spread of pan-resistant strains in the near future⁴.

The active efflux pumps are very important methods contribute to the high resistance to antibiotics used in treatment of different *P. aeruginosa* infections⁵. Efflux pumps responsible for multidrug resistance as they expel different types of antibiotics and chemicals such as dyes, organic solvents, detergents, molecules needed for the cell-cell communication, biocides, and metabolic products. So, understanding the mechanisms by which these pumps act and how to overcome these mechanisms helps us for restoring the antibiotic activity and give us a promising target for novel antibacterial agents⁶.

The bacterial multidrug efflux transporters can be divided into five classes: (1) small multidrug resistance (SMR), (2) major facilitator superfamily (MFS), (3) resistance nodulation cell division (RND), (4) multidrug and toxic compound extrusion (MATE), and (5) ATP-binding cassette (ABC). Those five classes obtain energy required for the active transporting either from H⁺ protons (RND, SMR, and MFS), Na⁺ dependant (MATE), or by hydrolysis ATP (ABC)⁷.

The efflux pump transporter in *P. aeruginosa* belongs to the (RND) family. It consists of three parts, the transporter, the linker, and the outer membrane pore that ensures that the extruded compound does not

remain in the periplasm, hence, avoiding its return to the cytosol⁸. There are 12 types of RND efflux systems including for example MexAB-OprM, MexCD-OprJ, MexEF-OprN, MexXY-OprM, MexPQ-OpmE, MexMN-OprM, and MexVW-OprM that differ in their substrates⁹. MexAB-OprM is considered to be the most important efflux-pump mediating antibiotic resistance in *P. aeruginosa* because it transports a broad range of antibiotics¹⁰. MexA is the membrane fusion protein; MexB is the inner membrane transporter; and OprM is the outer membrane channel. MexAB-OprM is associated with resistance to fluoroquinolones, chloramphenicol, erythromycin, azithromycin, novobiocin, and certain β -lactams and lastly over-expression is linked to colistin resistance¹¹.

Phenylalanine arginyl β -naphthylamide (PA β N) are the group of peptidomimetic molecules that was introduced as one of the widely used efflux pump inhibitors (EPIs) for *P. aeruginosa* overexpressing MexAB pump. The mechanism of efflux pump inhibition of these inhibitors is through competitive inhibition mechanism, where the efflux pumps recognize them as a substrate instead of the target antibiotics (quinolones mainly ciprofloxacin and levofloxacin) and as long as the pumps expel these inhibitors outside the cells, the antibiotic remains intracellular and their concentration hence increased thus restoring its antibacterial activity. Taking into consideration that PA β N has a differential behavior, meaning that it can compete with certain antibiotics and not the other depending on the nature of the efflux pump and the large substrate-binding site¹². It was also shown that PA β N can restore the activity of other unrelated antibiotics such as chloramphenicol and macrolides; hence, it can be considered a broad spectrum efflux pump inhibitor¹³.

Curcumin (CUR) is a phenolic compound derived from the rhizomes of the plant *Curcuma longa* that is cultivated in India and Asia and is a constituent of the food ingredient turmeric. The compound has been studied widely and has been shown to have significant antimicrobial, anti-inflammatory, anti-cancer and antioxidant properties¹⁴. Evidence has been reported that CUR acting as EPIs *in vitro* against *MDRPA*, and thus the reduced minimum inhibitory concentration (MIC) of several antibiotics against these isolates was due to efflux-pump inhibition¹⁵. The mechanism by which CUR is antibacterial is through antibacterial inhibition of polymerization of the essential prokaryotic cell division protein FtsZ thus preventing cytokinesis¹⁶.

The advantage of EPIs is the difficulty to develop bacterial resistance against them, but the disadvantage is their toxic property hindering their clinical application. The structure activity relationship of these compounds showed other derivatives from PA β N that are higher in their activity with higher solubility in biological fluids and decreased toxicity level. This raises further

questions on how can we treat *P. aeruginosa* infections⁵.

METHODOLOGY

1. Patients:

The present study was carried out in Medical Microbiology and Immunology Department, Faculty of Medicine, Tanta University, and was carried out on 115 patients admitted to burn wards of Tanta University Hospitals during the period of the research (from Jan. 2016 to Dec.2016). Written informed consents were obtained from all participants in this research, a code number was given for each specimen to maintain privacy of participants and confidentiality of the data, and Procedures that used in this research were completely non-invasive.

Patients' demographic data like age, sex, underlying diseases, onset, course and duration of illness and antibiotic course of treatment, were collected. Infected burn wound discharges were collected under complete aseptic conditions using sterile swabs then; samples were transported as rapid as possible to the Microbiology and Immunology Department Laboratory. Samples were then processed for isolation and identification of *Pseudomonas aeruginosa* using routine standard methods: Gram stain, culture on the following media (nutrient agar for detection of pigment production, MacConkey's agar for detection of non-lactose fermenting colonies, blood agar), biochemical tests included (oxidase test, triple sugar iron agar, sugar fermentation reactions). The isolated *Pseudomonas aeruginosa* strains were stored at -70°C in 15% glycerol until further processing. Repeated freezing and thawing was avoided.

Antibiotic susceptibility testing

Primarily, antibiotic susceptibility testing was done on using Kirby-Bauer disc diffusion method in accordance with Clinical Laboratory Standard Institute (CLSI) guidelines. The following antibiotic disks (Oxoid) were used: meropenem (10 μ g/disc), carbenicillin (100 μ g/disc), ceftazidime (30 μ g/disc), gentamicin (10 μ g/disc) and ciprofloxacin (5 μ g/disc). Then MICs of tested antibiotics were detected using Agar dilution method.

2. Detection of MICs of tested antibiotics using Agar dilution method

Antibiotic powders were purchased from Sigma Co., Egypt. Preparation of turbidity standard equal to McFarland 0.5 BaSO₄ was done as follows¹⁷: a 1.175% (wt/vol) barium chloride dihydrate (BaCl₂.2H₂O) solution (0.048 mol l⁻¹ BaCl₂) and a 1% (vol/vol) sulfuric acid (H₂SO₄) solution (0.18 mol l⁻¹, 0.36 N) were prepared. 0.5 ml of the 1.175% BaCl₂ solution to 99.5 ml of the 1% H₂SO₄ solution with constant stirring to get a suspension was added. 4–6 ml was putted into screw-capped glass tubes that have

the same size as those for preparing the bacterial suspensions. Tubes were Sealed tightly and stored in the dark at room temperature. Muller Hinton agar (MHA) medium (Sigma Co, Egypt) was prepared according to the manufacturer's instructions. For preparation of the inoculum: The colonies were suspended in Brain Heart Infusion (BHI) broth and incubated for 24 hours. The turbidity was adjusted to McFarland 0.5 standard, then 2µl of the suspension was delivered into the surface of the MHA medium in the form of spots. The surface was allowed to dry and plates were incubated for 24 hours. The surface of every MHA medium was divided into 20 squares for inoculating the 20 strains in one plate in the form of spots.

Stock solutions of the antibiotics were prepared and stored in the dark (wrapped in aluminium foil) at 4 °C in sealed containers as follow: before weighing the antibiotic; the container was left to warm at room temperature for about 2 h to avoid condensation of water on the powder. Stock solution was prepared at a concentration of 10 mg \ml, the following formula was used for calculating the right amount of antibiotic to be weighed,

$W = \frac{C \times V}{P}$, Where, W = weight of antimicrobial agent in milligram to be dissolved; V = desired volume (ml); C = final concentration of stock solution (µg ml⁻¹); P = potency (µg mg⁻¹). Sterile containers and spatula were used for weighing the antibiotics. All tested antibiotics were dissolved in sterile distilled water, except ceftazidime dissolved in saturated NAHCO₃ solution then stored at -70 °C

A series of dilutions of antibiotics ranging from 2048 µg/ml to 2µg/ml were made from stock solution in MHA as shown in (Table1), which was allowed to equilibrate in water bath at 48°C- 50°C. The agar and antibiotics were mixed thoroughly and poured into petri

dish in a depth of 4mm. The agar was allowed to solidify at room temperature and stored at 4-8°C.

3. Detection of MIC of tested antibiotics after addition of PAβN

Two concentrations of PABN (New test co, Alex) (20 mg/L and 50mg/L) were prepared and mixed with each antibiotic separately of the following dilutions (ranging from 2048 µg/ml to 2µg/ml), were added to the corresponding amount of MHA that was allowed to equilibrate in water bath at 48°-50°C. Media was poured in petri dishes, allowed to settle and MIC testing was carried out. MHA was prepared even with the two concentrations of PAβN, without antibiotics, so as to find whether it has any antimicrobial effect when used alone or not ¹⁸.

4. Detection of MIC of tested antibiotics after addition of curcumin

Curcumin (New test co, Alex) was dissolved in dimethyl sulfoxide (Sigma Co, Egypt), and a stock concentration of 10 mg/ml was stored at -20°C. Final test concentrations consisted of 50, 30, 20, 15, 10, and 5µg/ml of curcumin µg solution. Appropriate dilutions (ranging from 2048 µg/ml to 2µg/ml) of each antibiotic solution along with curcumin at concentration mentioned above, to determine its EPI activity, were added to the corresponding amount of MHA that was allowed to equilibrate in water bath at 48°-50°C. Media was poured in petri dishes, allowed to settle and MIC testing was carried out. MHA was prepared even with the same concentrations of CUR, without antibiotics, so as to find whether it has any antimicrobial effect when used alone or not ¹⁹.

The MICs of antibiotics were interpreted as the lowest concentration (µg/ml) of the antibiotic that prevents visible growth of a microorganism under defined conditions.

Table 1: Preparation of antibiotic dilution range

<i>Amount of antibiotic solution added (µl) stock solution (10mg/ml)</i>	<i>Volume of MHA (ml)</i>	<i>Final concentration of antibiotic in 20 ml of medium used in each plate (µg/ml)</i>
2048	17.952	1024
1024	18.976	512
512	19.488	256
256	19.744	128
128	19.872	64
64	19.936	32
32	19.968	16
16	19.984	8
8	19.992	4
4	19.996	2

RESULTS

Out of total 115 burn wound swabs, 70 *Pseudomonas aeruginosa* strains were isolated. Out of them, 40 (57.14%) were resistant to at least one antibiotic and 10 (14.29) were observed to be resistant

against all the selected antibiotics namely meropenem, carbenicillin, gentamicin, ceftazidime and ciprofloxacin according to MIC results. After increasing the concentration of PAβN from 20mg/L to 50 mg/L with those selected antibiotics, the increase in sensitivity was only (from 2.5%-10%) which was not significant

statistically (table 5). So the concentration of 20mg/L was considered appropriate for the present study. Isolates whose MIC dropped within the sensitive range after addition of PA β N (20 mg/L), were considered to have efflux pump mediated resistance mechanism (table 3). No major effect of curcumin with antibiotics was observed till concentration of 15 μ g/ml. When the concentration was increased from 20- 50 μ g/ml increased sensitivity of strains was observed (table 6). Best results were detected at a concentration of

50 μ g/ml. None of the *MDRPA* strains was susceptible to curcumin alone at any concentration. There were no significant differences between the effect of addition of PA β N 20 mg/L and curcumin 50 μ g/ml on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains of Carbenicillin, Meropenem, and Ceftazidime (P values were non-significant) but there were significant differences with Gentamicin and Ciprofloxacin (P values were significant).

Table 2: Antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains as determined by MIC:

<i>Antibiotic</i>	<i>Total no of sensitive strains after MIC testing % n=40</i>	<i>Total no of resistant strains after MIC testing %</i>
Meropenem	30(75.0%)	10(25.0%)
Carbenicillin	25(62.5%)	15(37.5%)
Ceftazidime	23(57.5%)	17(42.5%)
Gentamicin	19(47.5%)	21(52.5%)
Ciprofloxacin	17(42.5%)	23(57.5%)

Table 2 showed that 10(25.0%) of *P. aeruginosa* strains were resistant to meropenem, 15(37.5%) strains were resistant to carbenicillin, 21(52.5%) strains were resistant to gentamicin, 17(42.5%) strains were resistant to ceftazidime and 23(57.5%) strains were resistant to ciprofloxacin according to MIC results. Interpretation was done according to CLSI guidelines 2013 for meropenem and gentamicin: Sensitive \leq 4 μ g/ml; Intermediate susceptibility 8 μ g/ml; Resistance \geq

16 μ g/ml; for carbenicillin: Sensitive \leq 128 μ g/ml; Intermediate susceptibility 256 μ g/ml; Resistance \geq 512 μ g/ml; for ceftazidime: Sensitive \leq 8 μ g/ml; Intermediate susceptibility 16 μ g/ml; Resistance \geq 32 μ g/ml; for ciprofloxacin: Sensitive \leq 1 μ g/ml; Intermediate susceptibility 2 μ g/ml; Resistance \geq 4 μ g/ml. Note: In this data intermediate susceptibility was considered as sensitive.

Table 3: Effect of addition of PA β N (20 mg/L) on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains

<i>Antibiotic</i>	<i>Total number of sensitive strains after addition of PAβN (20 mg/L) (%)</i>	<i>Number of strains showing resistance due to efflux pump(%)</i>
Meropenem	32(80.0%)	2(2/10=20%)
Carbenicillin	29(72.5%)	4(4/15=26.7%)
Ceftazidime	27(67.5%)	4(4/17=23.5%)
Gentamicin	23(57.5%)	4(4/21=19%)
Ciprofloxacin	20(50.0%)	3(3/23=13%)

Table 3 showed that the number of sensitive strains to Meropenem increased from 30(75.0%) to 32(80.0%) after addition of PA β N (20 mg/L) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 2(2/10=20%) , the number of sensitive strains to Carbenicillin increased from 25(62.5%) to 29(72.5%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 4(4/15=26.7%) , the number of sensitive strains to Ceftazidime increased from 23(57.5%) to 27(67.5%) and thus the Number of

strains showing resistance to this antibiotic due to efflux pump were 4(4/17=23.5%), the number of sensitive strains to Gentamicin increased from 19(47.5%) to 23(57.5%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 4(4/21=19%), the number of sensitive strains to Ciprofloxacin increased from 17(42.5%) to 20(50.0%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 3(3/23=13%).

Table 4: Effect of addition of PA β N (50 mg/L) on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains

<i>Antibiotic</i>	<i>Total number of sensitive strains after addition of PAβN (50 mg/L) %</i>	<i>Number of strains showing resistance due to efflux pump (%)</i>
Meropenem	35(87.5%)	5 (5/10=50%)
Carbenicillin	31(77.5%)	6 (6/15=40%)
Ceftazidime	28(70%)	5 (5/10=50%)
Gentamicin	27(67.5%)	6 (6/21=28.57%)
Ciprofloxacin	21(52.5%)	4 (4/23=17.39%)

Table 4 showed that the number of sensitive strains to Meropenem increased from 30(75.0%) to 35(87.5%) after addition of Pa β N (50 mg/L) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 5 (5/10=50%), the number of sensitive strains to Carbenicillin increased from 25(62.5%) to 31(77.5%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 6 (6/15=40%), the number of sensitive strains to Ceftazidime increased from 23(57.5%) to

28(70%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 5 (5/10=50%), the number of sensitive strains to Gentamicin increased from 19(47.5%) to 27(67.5%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 6 (6/21=28.57%), the number of sensitive strains to Ciprofloxacin increased from 17(42.5%) to 21(52.5%) and thus the Number of strains showing resistance to this antibiotic due to efflux pump were 4 (4/23=17.39%).

Table 5: Comparison between the effect of addition of PA β N (20 mg/L) and Pa β N (50 mg/L) on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains.

<i>Antibiotic</i>	<i>Total number of sensitive strains after addition of PaβN20 mg/L (%)</i>	<i>Total number of sensitive strains after addition of PAβN50 mg/L (%)</i>	<i>X²</i>	<i>P value</i>
Meropenem	32(80.0%)	35(87.5%)	0.832	0.363
Carbenicillin	29(72.5%)	31(77.5%)	0.273	0.606
Ceftazidime	27(67.5%)	28(70%)	0.062	0.809
Gentamicin	23(57.5%)	27(67.5%)	0.854	0.356
Ciprofloxacin	20(50.0%)	21(52.5%)	0.048	0.823

Table 5 showed that there were no significant differences between the effect of addition of the two concentrations of PA β N on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains (P values were non-significant)

Table 6: Effect of addition of Curcumin at concentrations from 5 μ g/ml to 50 μ g/ml on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains

<i>Antibiotic</i>	<i>sensitive strains with Cur (5μg/ml)</i>	<i>sensitive strains with Cur (10μg/ml)</i>	<i>sensitive strains with Cur (15μg/ml)</i>	<i>sensitive strains with Cur (20μg/ml)</i>	<i>sensitive strains with Cur (30μg/ml)</i>	<i>sensitive strains with Cur (50μg/ml)</i>
Meropenem	30 (75%)	30 (75%)	30 (75%)	31 (77.5%)	31 (77.5%)	35 (87.5%)
Carbenicillin	25 (62.5%)	25 (62.5%)	26 (65%)	28 (70.0%)	30 (75%)	32 (80.0%)
Ceftazidime	23 (57.5%)	23 (57.5%)	25 (62.5%)	25 (62.5%)	27 (67.5%)	29 (72.5%)
Gentamicin	19 (47.5%)	19 (47.5%)	19 (47.5%)	23 (57.5%)	23 (57.5%)	35 (62.5%)
Ciprofloxacin	17 (42.5%)	17 (42.5%)	17 (42.5%)	24 (60%)	29 (72.5%)	37 (92.5%)

Table 6 showed that the curcumin start to affect Meropenem sensitivity at concentration 20 μ g/ml, the curcumin start to affect Carbenicillin sensitivity at concentration 15 μ g/ml, the curcumin start to affect Ceftazidime sensitivity at concentration 15 μ g/ml, the curcumin start to affect Gentamicin sensitivity at

concentration 20 μ g/ml, the curcumin start to affect Ciprofloxacin sensitivity at concentration 20 μ g/ml and with all the tested antibiotics the number of sensitive strains increased as the concentration of the curcumin increased above the concentration which started to affect the sensitivity.

Table 7: Comparison between the effect of addition of PA β N (20 mg/L) and Curcumin at concentrations (50 μ g/ml) on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains

Antibiotics	Total number of sensitive strains after addition of PA β N 20 mg/L (%)	Total number of sensitive strains after addition of curcumin 50 μ g/ml (%)	X ²	p. value
Meropenem	32(80.0%)	35(87.5%)	0.832	0.363
Carbenicillin	29(72.5%)	32(80.0%)	0.623	0.431
Ceftazidime	27(67.5%)	29(72.5%)	0.243	0.626
Gentamicin	23(57.5%)	35(87.5%)	9.032	0.003*
Ciprofloxacin	20(50.0%)	37 (92.5%)	17.642	0.001*

Table 7 showed that there were no significant differences between the effect of addition of PA β N 20 mg/L and curcumin 50 μ g/ml on antibiotic Susceptibility pattern of *Pseudomonas aeruginosa* strains of Carbenicillin, Meropenem, and Ceftazidime (P values were non-significant) but there were significant differences with Gentamicin and Ciprofloxacin (P values were significant).

DISCUSSION

P. aeruginosa is very important nosocomial organism usually associated with healthcare associated infections, especially in critically ill or immunocompromised patients. The exact prevalence of MDRPA is not yet well established, however, rates of resistance increased for imipenem, quinolones and for third generation cephalosporins by 15-23%, 15-32%, and 16-25% respectively²⁰.

Mesaros et al.²¹, showed that PA β N may be used for phenotypic screening for presence of efflux pump activity in clinical isolates of *P.aeruginosa* along with genotypic methods. Another study observed 4 to 8-fold reduction of meropenem MICs among *Acinetobacterbaumannii* using PA β N as an efflux pump inhibitor²².

Among the 40 strains of MDRPA included in our study, antibiotic resistance was observed to be contributed to efflux pump for Meropenem in 2(2/10=20%) strains, for Carbenicillin in 4(4/15=26.7%), for Ceftazidime in 4 (4/17=23.5%), for Gentamicin in 4(4/ 21=19%), and for Ciprofloxacin in 3(3/23=13%). Total resistance due to efflux pump was 17 (17/40=42.5%). Less Nearly similar results were found by Nidhi et al.²³, who performed a study on 170 strains of *P. aeruginosa*. In their study, antibiotic resistance was observed to be due to efflux pump for Meropenem in 13 (13/50=26%) strains, for Carbenicillin in 12(12/61=19.7%), for Ceftazidime in 15 (15/71=21.1%), for Gentamicin in 13 (13/87=14.9%), and for Ciprofloxacin in 9(9/98=9.18%).

Also, our study revealed that curcumin was responsible for reduction of MIC of MDR *P. aeruginosa* isolates to the level of susceptibility for the five tested antibiotics. In a study made by Ballard and Coote²⁴, addition of curcumin restored the antibiotic

susceptibility of *P. aeruginosa* strains that overexpresses the efflux-pump MexAB-OprM. Our results were in agreement with Negi et al.¹⁵ who found similar results. This also agrees with Nidhi et al.²³ study that showed that curcumin was responsible for reduction of MIC of 30% (9/30) of MDR *P.aeruginosa*.

We noted that EPI activity of CUR increased by increasing the concentration. The best concentration of curcumin as EPI in our study was 50 μ g/ml. On the other hand, addition of PA β N restores the antibiotic susceptibility of the tested MDR *P. aeruginosa* strains toward the five tested antibiotics but there was no significant difference in the effect of the two different concentration used. Bonert et al.²⁵ and Mesaros et al.²¹ found similar results. So, we can conclude that it is better to use PA β N as EPI at concentration of (20 mg/L). When comparing PA β N (20 mg/L) and CUR (50 μ g/ml), we found that there were no significant differences between the effect of addition of PA β N (20 mg/L) and CUR (50 μ g/ml) on antibiotic Susceptibility of *Pseudomonas aeruginosa* strains to Carbenicillin, Meropenem, and Ceftazidime (P values were non-significant) but there were significant differences with Gentamicin and Ciprofloxacin (P values were significant). Similar results were observed by Nidhi et al.²³ who found that 3 resistant isolates to gentamicin and ciprofloxacin became sensitive after adding curcumin and not after adding PA β N, these observations indicate that curcumin is inhibiting the expression of efflux pump which are not inhibited by PA β N and thus this indicates the potential use of curcumin as an adjunct to antibiotics in treatment of drug resistant *P. aeruginosa* infection.

CONCLUSION

The mechanism by which curcumin and PA β N has potentiated the effect of antibiotics and thus change their susceptibility pattern in our study appears to be due to efflux pump inhibition which needs further genotypic studies.

REFERENCES

1. Choudhury D, Talukdar AD, Maurya AP, Choudhury MD, DharC D, Chakravarty A, et al.

- Contribution of efflux pumps in fluroquinolone resistance in multi-drug resistant nosocomial isolates of *Pseudomonas aeruginosa* from a tertiary referral hospital in north east India., *Indian J Med Microbiol* .2015;33(1):84–6
2. Aloush V, Navon-Venezia S, Seigman-Igra Y. Multidrug-resistant *Pseudomonas aeruginosa*: risk factors and clinical impact. *Antimicrob Agents Chemother* .2006; 50: 43-8
 3. Giske CG, Monnet DL, Cars O, Carmeli Y. Clinical and economic impact of common multidrug-resistant Gram-negative bacilli. *Antimicrob Agents Chemothe*.2008; 52: 813-21
 4. Barbier F and Wolff M. Multi-drug resistant *Pseudomonas aeruginosa*: towards a therapeutic dead end? *Med Sci*; 2010, 26(11):960-8
 5. MomenA, Walid M, Turki A and Ibrahim T. Efflux pump inhibitors (EPI) as new antimicrobial agents against *pseudomonas aeruginosa*., *Libyan J Med*. 2011, 6:10.3402/ijm.v6i0.5870
 6. Lari AR, Azimi L, Soroush S, and Taherikalani M. Low prevalence of metallo-beta-lactamase in *Pseudomonas aeruginosa* isolated from a tertiary burn care center in Tehran. *Int J Immunopathol Pharmacol*. 2015; 28(3):384–9
 7. Misra R, Bavro V N, Mongi RP. Assembly and transport mechanism of tripartite drug efflux systems. *biochemica et biophysica acta*. 2009., 1794:817-25
 8. Tanya S, Daniel Y, Boeol H. *Pseudomonas aeruginosa*- a phenomenon of bacterial resistance. *J Med Microbiol*. 2009.;58:1133-48
 9. Hirakata Y, Kondoc A, Hoshino K, Yano H, Aria K, Hirotsani A, et al. Efflux pump inhibitors reduce the invasiveness of *pseudomonas aeruginosa*., *Int J Antimicrob Agent*. 2009., 34:343-6
 10. Pool K. *Pseudomonas aeruginosa*: resistance to the max. *FrontMicrobiol*. 2011, 2:1-13
 11. Sugimura M, Maseda H, Hanaki H, and Nakae T. Macrolide antibiotic – mediated down regulation of MexABOPrM efflux pump expression in *pseudomonas aeruginosa*., *Antimicrob Agents Chemother*. 2008., 52:4141-4
 12. Renau TE, leger R, Yen R, She MW, Flame EM, Sangalang J, et al. Peptidomimetics of efflux pump inhibitors potentiate the activity of levofloxacin in *pseudomonas aeruginosa*. *Bioorg Med Chem Lett*. 2002., 12:763-6
 13. Lomovskaya O, Zgurskaya HI, Totrov M, and Watkins WJ. Waltzing transporters and the dance macabre between humans and bacteria., *Nat Rev. Discov* 2007., 6:56-65
 14. Moghadamtousi SZ, Kadir HA, Hassandarvish P, Tajik H, Abubakar S et al. A review on bacterial, antiviral, and antifungal activity of curcumin. 2014., *BioMed Res Int*
 15. Negi N, Prakash P, Gupta M L, and Mohapatra T M. Possible role of curcumin as an efflux pump inhibitor in multi-drug resistant *Pseudomonas aeruginosa*. *J ClinDiag Res*. 2014, .8(10): DC04–DC07
 16. Rai D, Singh JK, Roy N, and Panda D. Curcumin inhibits FtsZ assembly: an attractive mechanism for its antibacterial activity. *BiochemJ*.2008; 410:147-155
 17. Cheesbrough M: Microbiological tests. In: district laboratory practice in tropical countries. V: 2, Cambridge University press., 62-127, 2006
 18. Lomovskaya O, Warren MS, Lee A, Galazzo J, Fronko R, Lee M, et al. Identification and characterization of inhibitors of multidrug resistance efflux pumps in *Pseudomonas aeruginosa*: novel agents for combination therapy. *Antimicrob Agents Chemother*. 2001; 45:105–16
 19. De R, Kundu P, Swarnakar S, Ramamurthy T, Chowdhury A, Nair GB, and Mukhopadhyay AK. Antimicrobial activity of curcumin against *Helicobacter pylori* isolates from India and during infections in mice. *Antimicrob Agents Chemother*. 2009 ;53(4):1592–97
 20. Obritsch MD, Fish DN, MacLaren R, and Jung R. National surveillance of antimicrobial resistance in *Pseudomonas aeruginosa* isolates obtained from intensive care unit patients from 1993 to 2002. *Antimicrob Agents Chemother*. 2004; 48(12):4606–07
 21. Mesaros N, Glupczynski Y, Avrain L, Caceres NE, Tulkens PM, and Van BF. A combined phenotypic and genotypic method for the detection of Mex efflux pumps in *Pseudomonas aeruginosa*. *J Antimicrob Chemother*. 2007 ;59(3):378–86
 22. Lee Y, Yum JH, Kim CK, Yong D, Jeon EH, Jeong SH, et al. Role of OXA-23 and AdeABC efflux pump for acquiring carbapenem resistance in an *Acinetobacter baumannii* strain carrying the blaOXA-66 gene. *Ann Clin Lab Sci*. 2010; 40(1):438
 23. Nidhi N, Pradyot P, Mohan L G, and Tribhuban M M. Possible Role of Curcumin as an Efflux Pump Inhibitor in Multi Drug Resistant Clinical Isolates of *Pseudomonas aeruginosa*. *J Clin Diagn Res*. 2014, October; 8(10): DC04–DC07
 24. Ballard and Coote. Enhancement of antibiotic efficacy against multi drug resistant *Pseudomonas aeruginosa* infections via combination of curcumin and 1-Naphthylmethylpiperazine. *J Antimicrob*. 2016; 2:2
 25. Bohnert JA, Kem MV et al. Selected aryl piperazines are capable of reversing MDR in *E. coli* overexpressing RND efflux pumps. *Antimicrob Agents Chemother*.2005; 49:849-852