Effect of Gallic Acid on Dementia Type of Alzheimer Disease in Rats: Electrophysiological and Histological Studies

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ABSTRACT

Introduction: To study the effect of gallic acid (GA) on hippocampal long-term potentiation (LTP) and histological changes in animal model of Alzheimer disease (AD) induced by beta-amyloid (Aβ).

Methods: Sixty-four adult male Wistar rats (300±20 g) were divided into 8 groups: 1) Control (Cont); 2) AD; 3) Sham; 4-7) AD+GA (50, 100, and 200 mg/kg for 10 days, orally) or vehicle, 8) Cont+GA100, Aβ (1μg/μL in each site) was infused into hippocampus bilaterally. Changes of amplitude and slope of LTP induced in hippocampal dentate gyrus (DG) were evaluated by high frequency stimulation (HFS) of perforant path (PP).

Results: Data showed that LTP amplitude and area under curve significantly impaired in AD rats (P<0.001), while significantly improved in AD rats treated with GA (P<0.05, P<0.01).

Conclusion: Current findings suggest that GA reduces neural damage and brain amyloid neuropathology and improves cognitive function via free radicals scavenging and inhibiting oligomerization of Aβ but with no effect on healthy rats.

1. Introduction

Alzheimer disease (AD) is the most common neurodegenerative disorder affecting the elderly with a progressive cognitive decline and memory loss (dementia). Multiple pathogenetic factors, including aggregated beta-amyloid (Aβ), neurofibrillary tangles (NFTs), cholinergic dysfunction, and oxidative stress are involved in AD (Babri et al., 2014). The reasons for Aβ deposition are not clear, but an impaired clearance of Aβ at the blood-brain barrier may be implicated and oxidative stress possibly plays a major role in this process (Ehrlich et al., 2013). To date, no effective treatments to prevent or slow dementia are available (Scuderi et al., 2014).

Aging, the major risk factor for AD, leads to the loss of free radical scavenging ability by endogenous mechanisms (Nobakht et al., 2011). As one of the most important hallmarks of AD, Aβ plays important roles in inducing reactive oxygen species (ROS) generation, mitochondrial dysfunction, and apoptotic cell death in neurons (Sun et al., 2014b). Although the etiology of AD is largely unknown, it has been hypothesized that multiple factors, including genetic factors, oxidative stress, intracellular and extracellular accumulation of Aβ, excitotoxicity, inflammation, mitochondrial dysfunction, alteration of cytoskeleton, synapse components, and neuronal loss may play essential roles in the onset of the disease (Ferreiro et al., 2012).
Oxidative stress (OS) and inflammation are thought to be the major factors in brain aging and age-related neurodegenerative diseases (Engelhart et al., 2002; Shukitt-Hale et al., 2006). Humans and animals show increased motor and cognitive declines with aging, that are thought to be due to increased susceptibility to the long-term effects of OS and inflammation (Joseph et al., 2005; Zhang et al., 2013). Foods containing high levels of antioxidants may also slow the progression of AD, possibly by avoiding or neutralizing the damaging effects of free radicals (Kostrzewa & Segura-Aguilar, 2003; Hartman et al., 2006).

Synaptic pathology is considered a major and early contributor to the cognitive deficits and reduced cerebral activity of AD (Kim et al., 2001). In addition to their neurotoxic role in AD, Aβ peptides are also known to play physiological roles. Low concentrations of Aβ$_{40}$ play a role in regulating cerebellar granule neurons (CGNs) maturation through the p75 neurotrophin receptor (p75 (NTR)) (Zhan et al., 2014).

On the other hand, the role of β-APP-related amyloidogenic peptides in mediating synaptic disruption has been examined by studying their direct effects on synaptic mechanisms, especially long-term potentiation (LTP). LTP is a neurophysiological model of activity dependent changes in synaptic strength that is believed to underlie information storage (Kim et al., 2001) and memory as one of the basic cognitive functions (Sladjana, 2011). Extensive research about the potential therapeutic effects of antioxidants in the treatment of AD has produced promising results. Antioxidants such as gallic acid (GA) and other polyphenols have been found to improve cognitive functions in aged rats and prevent learning and memory deficits following intracerebroventricular (ICV) infusion of Aβ (McDaid et al., 2005).

GA, an endogenous product found in plants as a phenolic compound, is a natural product used in chemical industries such as dye making and tanning of leather (Qi et al., 2009). Also it has a broad assortment on biological activities such as antioxidant and anti-inflammatory processes (Kratz et al., 2008b). GA as a form of gallate, is generally used as antioxidants by food supplements and pharmaceutical companies (Kratz et al., 2008a).

GA plays a neuroprotective role through involving the antioxidant and inflammation pathways in the animal models of neurodegenerative diseases (Mansouri et al., 2013; Korani et al., 2014; Naghizadeh & Mansouri, 2014). GA has a possible protective effect against neurotoxicity due to NMDA receptors sensitivity and excitotoxicity induced by glutamate after cerebral ischemia that followed by Ca$^{2+}$ influx and thereby intracellular Ca$^{2+}$ accumulation induced neuronal apoptosis. On the other hand, GA with its antioxidative effect may oppose the NMDA receptors activation and thereby has a protective effect on neurotoxicity and or excitotoxicity following brain injury (Korani et al., 2014). GA binds to proteins and key minerals such as iron, zinc, calcium and affects their bioavailability by forming insoluble complexes (Niho et al., 2001). So this study aimed to investigate the effects of oral administration of GA on LTP recorded from DG of hippocampus and histological changes in the rat model of AD (by intrahippocampal injection of Aβ$_{1-42}$).

2. Materials & Methods

2.1. Animals

Sixty-four adult male Wistar rats (300±20 g) obtained from central animal house of Ahvaz Jundishapur University of Medical Sciences (AJUMS, Ahvaz-Iran) were used in this study. They were housed individually in standard cages under controlled room temperature (20±2°C), humidity (50%-55%) and light exposure of 12:12h light/dark cycle with free access to food and water ad libitum. All experiments were carried out during the light phase of the cycle (8:00 AM to 5:00 PM). Animal handling and experimental procedures were performed under observance of the University and Institutional legislation, controlled by the Local Ethics Committee for the Purpose of Control and Supervision of Experiments on Laboratory Animals. The animals divided randomly into 8 groups (8 rats in each) as following: (1) Control (intact); Without any operation and treatment; (2) Sham operated (Sham); Rats received 1 μL normal saline into hippocampus bilaterally under operation and received 5 mL normal saline orally for 10 days postoperatively; (3) AD received 1 μL normal saline into hippocampus bilaterally under operation and received 5 mL normal saline orally for 10 days postoperatively; (4-6) AD+GA groups, AD rats received 50, 100, 200 mg/kg/5mL GA by oral gavage for 10 consecutive days from the second day of operation, (7) AD+Veh; AD rats received the same volume of normal saline orally for the same period), and (8) Positive control (Control+GA100); Healthy rats received most effective dose of GA determined in AD rats (100 mg/kg) by oral gavages for 10 consecutive days.

2.2. Beta-amyloid 1-42 (Aβ$_{1-42}$)

Beta-amyloid powder (Sigma–Aldrich Co., USA) was dissolved in normal saline (pH 7.2) at the concentration...
of 1 µg/µL and solution was incubated at 37°C for one week before application. The drug was injected into hippocampal CA1 areas of rats’ brain bilaterally (1µg/1µL to each side) to induce the early stage of AD (Kim et al., 2001; Goryacheva et al., 2010).

2.3. Preparation of gallic acid

Gallic acid (Sigma–Aldrich Co., USA, LD₅₀=5000 mg/kg and ED₅₀=5-10 µmoles) was dissolved in normal saline, and administered (50, 100, 200 mg/kg/5mL) to rats orally for 10 days after AD induction (Ferruzzi et al., 2009).

2.4. Surgery and drug administration

Animals were anesthetized with intraperitoneal injection of 90 mg/kg ketamine HCl and 10 mg/kg xylazine (Alfasan, Woerden–Holland). In brief, after anesthesia, animals’ head was fixed in a stereotaxic apparatus (Na-rishige, Tokyo, Japan) and Aβ₁-₄₂ (1μg/µL in each site) was infused into the hippocampal CA1 area bilaterally at a rate of 1μL/3min with using a 10-μL Hamilton syringe connected to an infusion pump (WPI 101i, USA), after infusion, the cannula was left in place for additional 3 minutes to allow the complete diffusion of drug (Wen et al., 2014). Infusion was done with coordinates of AP=−4.8 mm from the bregma, ML=±3.5 mm, DV=−4 mm from dura mater, according to the Paxinos and Watson rat brain atlas for stereotaxic surgery (Paxino & Wastene, 2006). All animals allowed the recovery period before testing (7–10 days) while the gavages of GA were started from the second day after operation (Ferihan & Sibel, 2006).

2.5. Electrophysiological recording

Under chloral hydrate anesthesia (300 and 400 mg/kg), a pair of recording tungsten wire microelectrodes (CFW, USA) was implanted into the left dentate gyrus (DG) at AP=−3.8 mm from bregma, ML=−2.2 mm, and DV=3.5 mm from dura. Single monopolar pulses (duration 50 µs) were delivered at 30-second intervals. The baseline intensity was selected to result in field excitatory post-synaptic potential (fEPSP) with 40% of its maximum amplitude while 80% of its maximum amplitude was selected High-frequency stimulation (HFS) by input/output (I/O) curve recorded at 30-second intervals. The baseline intensity was selected to result in field excitatory post-synaptic potential (fEPSP) with 40% of its maximum amplitude while 80% of its maximum amplitude was selected High-frequency stimulation (HFS) by input/output (I/O) curve recorded at 30-second intervals.

Amplitude (Amp) and area under curve (AUC) of population spikes (PSs) were measured. The recorded PS was analyzed as the percentage increase of baseline fEPSP.

2.6. Histological evaluation

At the end of the tests, in order to evaluate the histological changes of brain hippocampus, animals were anaesthetized deeply with overdose of ketamine HCl and killed. Then, their brains were removed, fixed in 4% paraformaldehyde and dissected into hippocampal blocks. Following routine processing in paraffin, serial coronal sections of the brain were cut at 8-µm thickness in a rotary microtome (Leitz, 1512, Germany). The parts of each brain section were stained with modified Bielschowsky staining.

This staining gives a good compromise between sensitivity for plaques and tangles and can be used as a single stain for diagnosis of AD. Briefly, sections were depa-raffinized by xylene and alcohols into tap water before being placed into fresh 20% silver nitrate solution for 20 minutes. After washing thoroughly with distilled water, slides were immersed in 20% silver nitrate solution titrated with fresh sodium hydroxide and evaporated ammonia (200 mL of 28% ammonium hydroxide by leaving in an open beaker for 20 min in a fume cup-board). After 15 minutes, slides were washed with ammonia water before being individually developed with 200 mL of formaldehyde, 100 mL distilled water, 20 µL concentrated nitric acid, and 0.5 g citric acid). Then, they were added to 50 µL of 0.1% silver nitrate solution. Slides were rinsed in tap water, fixed in 5% sodium thiosulfate, and dehydrated through alcohols and xylene. Congo red staining is an accepted histochemical marker for the Aβ-pleated-sheet structure of amyloid. Sections were depa-raffinized through xylene and alcohols into tap water.

Afterwards, slides were immersed in alkaline sodium chloride. Twenty minutes later, they were immersed in alkaline Congo red solution for 20 minutes and then differentiated with alcoholic potassium. Next, slides were counterstained with alum hematoxylin and dehydrated through alcohols and xylene. Measurement of the area was performed using the OLYSIA BioReport software imaging system (Olympus Corporation, Tokyo, Japan).
(Kowall et al., 1991) and neuritic plaques were counted on modified Bielschowsky stained separately in hippocampus at 100× magnification.

### 2.7. Statistical analysis

Data were expressed as mean±S.E.M. The data of fEPSP slope, population spike Amp and AUC in different groups were analyzed using repeated measures ANOVA followed by Tukey post hoc test. P value less than 0.05 was considered significant.

### 3. Results

#### 3.1. Electrophysiology

Examples of LTP recorded from DG are shown in Figure 1. Animals were subjected to HFS and displayed LTP traces. Oral administration of GA (50, 100, and 200 mg/kg) for 10 days in AD rats significantly increased the PS Amp (Figure 2). At 1, 3, 24, 48 hours after HFS, the mean amplitude values did not indicate any differences between control (118.76±15.18, 130.27±17.87, 127.97±18.03, and 131.63±16.12, respectively) and sham groups (123.69±18.06, 112.44±9.38, 120.85±16.95, and 123.31±14.84, respectively). Figure 2A shows significantly decreased PS Amp of AD group (79.11±6.57, 63.21±10.02, 56.29±9.15, and 59.1±4.89, respectively) compared to sham group (P<0.05, P<0.01, for AD vs. Sham). On the other hand, at 1, 3, 24, 48 hours after HFS, the mean amplitude values were not different between AD and AD+Veh groups (79.11±6.57, 63.21±10.02, 56.29±9.15, and 59.1±4.89, respectively) groups, but increased significantly in AD+GA group (100, 200) at 1, 3, 24, 48 hours after HFS (149.58±20.54, 155.74±22.48, 136.46±21.27, and 122.05±11.1, respectively (P<0.001, P<0.01 , P<0.05 AD+GA vs. AD+Veh, Figure 2A-D).

As illustrated in Figure 3, comparing the percentage of AUC, there were no difference between the control and sham groups at 1, 3, 24, and 48 hours after HFS (121.91±22.29, 115.94±27.27, 127.27±16.71, and 121.24±11.12, respectively) while it decreased significantly at the same times in AD+Veh (77.25±7.93, 62.68±11.5, 29.26±8.46, and 35.74±10.1, respectively) compared to sham group (*P<0.05, **P<0.01, Figure 3A).

Figure 3 (B, C, and D) shows that AUC for AD and AD+Veh groups decreased significantly compared to sham group, while it reversed in AD+GA (50, 100, 200) groups significantly (for 100 mg/kg as best effective dose 155.57±16.12, 150.48±31.6, 137.27±16.46, and 102.23±12.6, respectively *P<0.05, **P<0.01 AD+GA vs. AD+Veh, Figure 3B, C, D).

As shown in Figure 4 (A and B), administration of effective dose of GA (100 mg/kg) to control animals had no significant effects on electrophysiological properties of hippocampus (PSs Amp and AUC) compared to control group while in contrast to AD groups, this dose of GA improved
amplitude and AUC of LTP significantly (Figures 2C and 3C, respectively, *P<0.05, **P<0.01, ***P<0.001).

3.2. Histological evaluation

In this study by using the Bielschowsky silver staining, diffuse plaques were detected in the hippocampus. As shown in Figure 5 E and D, treatment with GA improved the histological damage (removed the AD plaques in CA1 region of Hippocampus) compared to B and F sections from AD and AD+Veh groups.

4. Discussion

Our findings showed that intrahippocampal infusion of beta-amyloid induced rat model of AD with formation the amyloid plaques as well as long-term potentiation impairment in hippocampus. Beta-amyloid (Aβ) is a small peptide that plays a potent useful role in synaptic plasticity as well as forming amyloid plaques in AD. Recent studies suggest that Aβ deposition is deleterious not only in AD, but also in Parkinson disease (PD), and depression. This Aβ effect is associated with inflammatory processes (Hochstrasser et al., 2013).

Oxidative stress, mitochondrial and energy metabolism dysfunction, excitotoxicity, inflammation, and apoptosis have been recognized as influential factors in AD (Chen et al., 2014). Studies suggested that Aβ accumulation in the brain may impair glucose homeostasis in the brain and peripheral tissues. So, cognitive dysfunction attributable to Aβ accumulation in the hippocampus might be related to disturbed glucose homeostasis due to increased insulin resistance and decreased beta-cell mass (Valizadeh et al., 2012; Park et al., 2013).

Although the exact cause of AD remains elusive, mounting evidence continues to support the involvement of neuro-inflammation in the development of AD. A study showed that the total number of intersection points of dendrites and spine density in hippocampal neurons in the AD model group decreased compared to

![Figure 2](image)

*Figure 2. Percentages of population spikes amplitude in different groups during basal fEPSP and LTP recorded from hippocampal dentate gyrus at one hour before and 1, 3, 24, and 48 hours after high frequency stimulation to brain perforant. Repeated measures 2-way ANOVA, followed by HSD post hoc test (n=8). There were no significant differences between control and sham groups (A). Amplitude was reduced significantly in AD group at 1, 3, 24, and 48 hours after HFS compared to sham group (*P<0.05, **P<0.01, ***P<0.001 vs. Sham). Amplitude was increased significantly in AD+GA groups (B, C, D, *P<0.05, **P<0.01, and ***P<0.001 for AD+GA vs. AD+Veh).*
Figure 4. Percentages of population spikes, AMP, and AUC in Control, Cont+GA100, and AD groups during basal fEPSP and LTP recorded from hippocampal DG at one hour before and 1, 3, 24, and 48 h after HFS to brain PP. Repeated measure ANOVA, followed by HSD post hoc test (n=8). There are no significant differences between control and Cont+GA100 groups (A and B). AMP and AUC were reduced significantly in AD group during same times after HFS (*P<0.05, **P<0.01, ***P<0.001 vs. control groups).
the control group (Chu et al., 2014; Wan et al., 2014). So, these results indicate that anti-inflammatory and immuno-suppressive agents can alleviate the degeneration of dendritic spines in hippocampal neurons in rats’ model of AD.

Alzheimer disease (AD) pathology shows neuronal damage in special vulnerable brain regions and circuits involved in memory and language, namely the hippocampus and cerebral cortex, which appears to be preceded by synaptic and neuronal dysfunction. The relevance of synaptic mitochondria synapses are sites of extensive Ca$^{2+}$ fluctuations since synaptic transmission requires high levels of ATP and constant regulation of intracellular Ca$^{2+}$ concentration, enduring synaptic mitochondria vital for maintenance of synaptic function and transmission (Ferreiro et al., 2012).

Recent studies in mild cognitive impairment (MCI) and late-stage AD patients demonstrated a significant disease-dependent increase in oxidative markers localized mainly in the synapses. Interestingly, the levels of oxidative markers suggest the involvement of oxidative stress in AD-related synaptic loss (Ansari & Scheff, 2011).

Previous studies revealed that GA has anti-inflammatory and antioxidative effects to improve brain trauma after cerebral ischemia and traumatic brain injury. Current findings are consistent with previous studies (Mansouri et al., 2013; Korani et al., 2014; Naghizadeh & Mansouri, 2014). In AD, synaptic dysfunction and loss of synapses are probably due to defects in synaptic mitochondria, which leads to alterations in cognitive function (Ansari & Scheff, 2011), and interestingly, this seems to be related to reactive oxygen species (ROS) production and altered Ca$^{2+}$ dynamics at the synapse (Kang et al., 2011; Guo et al., 2013).

In mouse hippocampal neurons, Aβ was demonstrated to impair mitochondrial movements, reduce mitochondrial length, and cause synaptic degeneration (Calkins & Reddy, 2011). Compared to nonsynaptic mitochondria, synaptic mitochondria showed a greater degree of age-dependent accumulation of Aβ and mitochondrial alterations. The fact that synaptic mitochondria, especially Aβ-rich synaptic mitochondria, are more susceptible to Aβ-induced damage in AD. Indeed, synaptic mitochondria are more sensitive to ROS than nonsynaptic mitochondria (Ferreiro et al., 2012).

Aβ is a potent neurotoxic peptide and has a pivotal role in cognitive deficit and reduced synaptic plasticity in AD. Administration of Aβ$_{1-42}$ drastically attenuated the LTP of DG neurons (Babri et al., 2014). In the current work, it was appeared the hippocampal LTP properties were decayed after AD induced by Aβ, which is consistent with some findings by other investigators indicating that Aβ can disrupt excitatory glutamatergic synaptic function at synaptic level by acute depression of basal glutamatergic

**Figure 5.** Aβ plaques in CA1 region of hippocampus (H) (×40). A) control group, B) AD group, C) AD+ GA 50, D) AD+GA100, E) AD+GA200, F) AD+Veh (modified Bielschowsky staining). Arrows indicate the present level of AD plaques in CA1 area.
synaptic transmission through both presynaptic and postsynaptic dysfunction (Yao et al., 2013).

In AD, synapses are the primary sites of Ca\textsuperscript{2+} deregulation due to over activation of glutamate receptors. These receptors are concentrated on postsynaptic spines of neuronal dendrites where particularly subjected to high levels of Ca\textsuperscript{2+} influx, oxidative stress, and ATP demand (Dalton et al., 2012). In fact, Ca\textsuperscript{2+} influx through NMDA receptors (NMDARs) induced by synaptic activity is required for many types of synaptic plasticity and underlies some forms of learning and memory. Thus, glutamate receptors are likely sites at which neurodegenerative processes are initiated in aging and early AD, playing an important role in decreased synaptic function (Gholamipour-Badie et al., 2013).

In previous studies we have shown that oral administration of different doses of GA after induction of animal models of neurodegenerative diseases such as PD and cerebral ischemia improved the cognitive behavior and brain electrophysiology deficits through changes in the pro -and anti- inflammatory cytokines levels, brain edema, antioxidative effects in brain tissue as well as improving the blood brain barrier permeability (Farbood et al., 2013; Mansouri et al., 2013). These findings consistent with other investigations showed the potential therapeutic effect of antioxidants to protect neurons against Aβ-induced cell death and lipid peroxidation. These natural antioxidants have been found to improve cognitive function in aged rats and prevent learning and memory deficits following brain injury (Mansouri et al., 2014; Farbood et al., 2015). Clinical studies have also described positive effects of antioxidant treatments in AD, and treatment with antioxidants has been reported to slow the progression of AD (McDaid et al., 2005; Scuderi et al., 2014).

Various pharmacological activities of GA such as anticancer (Yang et al., 2006) and antioxidant function (Yang et al., 2006) have been reported. This compound has also been described as an excellent free radical scavenger (Isuzugawa et al., 2001). Several line of studies demonstrated that administration of GA could improve the cognitive deficits after cerebral damages in rats. Cognitive enhancing and neuroprotective effect of GA are associated with the antioxidant of this compound (Korani et al., 2014).

GA effectively decreased the brain level of the ROS, indicating that GA exerts antioxidative activity partially by modulating brain dysfunctions (Sun et al., 2014a).

Ki-Yeon Yoo and his colleagues (2010) reported that oral administration of epigallocatechin-3-gallate (EGCG), a major catechin of green tea can promote cell proliferation, neuronal fates, neuroblast differentiation and maturation of neurons in the hippocampal dentate gyrus. It has also been reported that the chronic administration of EGCG improves learning ability in rats and mice. In addition, when mouse hippocampal slices were pretreated with EGCG for 1 hour prior to experiment, the level of high-frequency stimulation-evoked LTP increased significantly during synaptic transmission between the hippocampal regions. These results suggested that oral administration of EGCG can enhance cell proliferation and increase the number of neuroblasts in mice hippocampal dentate gyrus (Yoo et al., 2010). Our finding in the current work showed that treatment of AD rats with GA improves brain electrical activity, which is consistent with the previous results.

In this study, we found no significant difference in evoked field potentials between sham operated and sham group received GA for the same manner. This study revealed that GA improves only the synaptic failure induced by Aβ peptide and can be introduced as a promising multipotent pharmacological agent in the prevention or treatment of AD in the future.

Our finding showed that Aβ disrupted synaptic plasticity in hippocampus due to constituent of the senile plaques and neuronal apoptosis. Treatment of AD (but not healthy) rats with GA improved brain histology and electrophysiology damages as dose dependent. Furthermore, our findings might raise a possibility of therapeutic applications of GA for preventing and or treating neurodegenerative diseases.

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