Arab and Muslim Physicians and Scholars

Jabir ibn Hayyan

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bu Musa Jabir Ibn Hayyan Al-Azdi, sometimes called al-Harrani and al-Sufi, is considered the father of Arab chemistry and one of the founders of modern pharmacy. He was known to the Europeans as Geber. He was born in the city of Tus in the province of Khorasan in Iran in 721 AD. His father Hayyan Al-Azdi was an "Attar" (druggist or pharmacist) from the Arabian Azd tribe in Yemen, who resided in the city of Kufa in Iraq during the rule of the Umayyads. Hayyan supported the Abbasid revolt against the Umayyads and moved to Iran where Jaber was born. The family fled to Yemen after Hayyan was caught and executed by the Umayyads. Jabir studied in Yemen under the tutelage of the scholar Harbi Al-Himyari. He returned back to Kufa after the Abbasids dynasty took over. It is claimed that he became a student of Imam Jafar Al-Sadiq. He learned chemistry (alchemy), pharmacy, philosophy, astronomy, and medicine. He became the court alchemist during the reign of Caliph Haroun Al-Rashid and was a physician working for his grand ministers (vizir), the Barmakids. He died at the old age of 94 in 815 AD in Kufa.

It is claimed by some authors^{1,2} that he was a prolific writer authoring 300 books on philosophy, 1300 books on mechanical devises and hundreds of books on alchemy. This very large body of Arabic writings, many of them



Portrait of Jabir Ibn Hayyan.

highly tantalizing, pass under the name of Jabir Ibn Hayyan. "corpus This Jabirianum" with over 500 titles was suspected by other authors3 as not having been written by Jabir himself, but were instead additions by his students or followers and considered products of the Jabir school in alchemy. Others (Lory) thought some of these books were written by Jabir, while others were written at a later time over a period of two centuries.

Among the books in the corpus Jabirianum are:

- •Kitab al-Rahma al-Kabir (The Great Book of Mercy)
- •Kutub al-Mi'a wa al-Ithna 'Ashara (One Hundred and Twelve Books)
- •Kitab al-Sabeen (The Book of the Seventy)
- •Kutub al-Mawâzîn (Books of Balances)
- •Kitab al-Khams Mi'a (Five Hundred Books)

Many of these books were translated into Latin in the Middle Ages. Among his other significant books were Kitab al-Zuhra (Book of Venus) on the noble art of alchemy. Jabir dedicated this book to the Abbasid Caliph Haroun Al-Rashid. His books on chemistry, including his Kitab-al-Kimya (Book of Chemistry), Kitab Al Sabe'en (The Seventy Books), were translated into Latin and various European languages as well. These translations were popular in Europe for several centuries and have influenced the evolution of modern chemistry. One book he wrote, Kitab Al Ahjar (Book of Stones),⁴ was written in highly esoteric incomprehensible code, understood only by those initiated into his school of alchemy. It is claimed that the English word "gibberish," which means nonsense, was derived from his name "Geber" and is believed to be related to his writings in code.

Jabir is credited with the introduction of experimental methodology into alchemy and the invention of several chemical processes used in modern chemistry. These include crystallization, calcinations, sublimation and evaporation, the synthesis of acids (hydrochloric, nitric citric, acetic and tartaric acids), and distillation using his greatest invention, the alembic (Anbaiq). Other achievements included preparation of various metals, development of steel, dyeing of cloth and tanning of leather, varnishing of water-proof cloth, use of manganese dioxide in glass-making, prevention of rusting, and identification of paints and greases. He also developed aqua regia to dissolve gold.

Jabir suggested three categories for the natural elements: Spirits, which vaporize on heating; metals like gold, silver, lead, iron and copper; and stones that can be converted to powder. This nomenclature could represent

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the beginning of more recent classifications of elements.

Although ancient alchemy was concerned with the preparation of precious metals, Jabir dedicated his work to the development of basic chemical methods using experimentation and the study of chemical reactions and their principles, thus paving the road for transforming chemistry from the realm of myths and legends to a scientific discipline. It is stated that the development of chemistry in Europe can be traced directly to Jabir Ibn Hayyan.

Samir S. Amr has been a consultant pathologist and former chief pathologist at Dhahran Health Center, Saudi Aramco Medical Services Organization, Dhahran, Saudi Arabia since 1986. Dr. Amr has written several articles related to his collection of stamps with medical themes from the Arabian region.

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erratum

Volume 26;6 (November/December 2006) - On page 493, the title of the article should have read as follows: Hematological parameters in sickle cell anemia patients with and without priapism.

Volume 26;6 (November/December 2006) - In the abstract on page 429, 'evidence-based medical education' should have been abbreviated (EBME) and the abbreviation BEME should have been spelled out at first instance as 'best evidence medical education.'