

Studying of the Expression of BAX and BCL-2 Genes in Men with Sperm DNA Fragmentation Based on DFI and Comet Assay

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Article info:

Received: 01 Jul. 2014

Accepted: 28 Oct. 2014

ABSTRACT

Introduction: The amount of expression of BAX and BCL-2 genes in infertile men's sperm as well as its association with sperm parameters and DNA fragmentation index is an issue which has not been studied yet. In this research, it is assumed that up-regulation of BAX and down-regulation of BCL-2 are directly associated with sperm DNA fragmentation.

Methods: After obtaining semen samples from the patients by using gradient centrifugation method, the semen samples were centrifuged using gradient method in order to obtain pure sperm. Sperm is divided into three parts based on which flow cytometry, Real Time-PCR and Comet Assay techniques were conducted. After extracting RNA and producing cDNA, the amount of expression of BAX and BCL-2 genes was measured using Real Time-PCR. The amount of sperm DNA fragmentation was measured using flow cytometry and Comet Assay techniques. Based on the amount of DNA fragmentation index (DFI), samples were divided into the two groups of control (DFI<30) and DNA fragmentation (DFI≥30). Using WHO criteria, sperm parameters (morphology and motility) were evaluated.

Results: This study showed that the amount of expression of BAX in the DNA fragmentation group was not significant compared to the control group but the expression of BCL-2 gene decreased significantly (P<0.05). Also, in many cases, there was a significant difference between the two groups in terms of parameters of sperm DNA fragmentation and morphological parameters (P<0.05).

Conclusion: This study showed that reduction of expression of BCL-2 increases sperm DNA damage and this result can be helpful for therapeutic purposes.

Key Words:

Sperm DNA damage, BAX, BCL-2

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1. Introduction

Sperm DNA integrity is essential for complete and accurate transfer of genetic material to the next generation. DNA fragmentation is the first sign of programmed cell death [1]. Much evidence indicates abnormalities in the sperm produced by the man. These abnormalities, which affect fertility, occur in the nucleus, cytoskeleton and organelles of the sperm [2].

It seems that there is a relationship between sperm fertility and apoptotic activity of sperm. Indirect evidence shows that in couples with normal sperm parameters, blastocyst formation rate is significantly higher as compared to couples with severe sperm parameters deficiency [3].

Male infertility is associated with poor sperm DNA integrity, in a way that in infertile men, 25% of the sperm show denaturation and 28% show DNA fragmentation. This amount in fertile men includes 10% denaturation and 13% DNA fragmentation [4]. During spermatogenesis, through a mechanism called 'screening germ cells', Sertoli cells induce apoptosis in 50 to 60 percent of germ cells entering meiosis I. These germ cells, which have been marked by Fas apoptosis markers, must be phagocytosed by Sertoli cells; but this mechanism is not always done correctly and defective germ cells with different percentages enter the DNA rearrangement process in spermiogenesis [5].

Apoptosis is a complex process that occurs through two main internal and external pathways. Either pathway is set at different levels. The internal pathway, which is intramitochondrial, contains key apoptosis factors such as cytochrome C. The most important regula-

tory factors of the internal path of apoptotic and anti-apoptotic members of the BCL-2 family [6].

It has been reported that some of the members of BCL-2 protein family (Bcl-w, Mcl-7, Bcl-xl, Bcl-2) play a role in repressing apoptosis and some of them (Bad, Bak, Bcl-xs, Bax) in advancing apoptosis. These protein components are responsible for regulating apoptosis in many kinds of cells [7]. In normal cells, Bax is often found in cytosol but when the cell is affected by apoptotic stimuli, Bax is transferred to mitochondrial outer membrane [8].

The balance between these processes has a regulatory effect at the transcriptional or post-transcriptional level and influences the apoptosis. For example, high Bax/Bcl ratio shows the pro-apoptotic tendency of the cell [9]. As the amount of Bax increases and Bcl-2 decreases, the suitable pro-apoptotic environment is prepared for the cell [10]. The most important apoptosis regulators are Bcl-2 family members which exert their regulatory effect on apoptosis through regulation of mitochondrial changes prior to activation of caspases and nucleases. At the time of stress, pro-apoptotic proteins which are located inside cytosol are transferred to the mitochondrial level, where anti-apoptotic proteins also exist. The interaction between pro-apoptotic and anti-apoptotic proteins disrupts the normal function of the anti-apoptotic Bcl-2 proteins and can lead to the formation of pores in the mitochondria and the release of cytochrome C and other pro-apoptotic molecules from the intermembrane space. By binding to Apaf-1, these elements activate Caspase 9 and through targeting Caspase effectors eventually lead to cell death [11].

There are different tests to assess DNA damage. These tests assess DNA fragmentation based on the kind of damage and sensitivity of DNA. DNA fragmentation

Table 1. Primers used for analyzing the amount of expression of the studied genes.

GenBank Accession no.	Product size (bp)	Primer sequence (5'-3' orientation)	Genes name
NM_001291431.1	178	Forward: CAA ACT GGT GCT CAA GGC Reverse: CAC AAA GAT GGT CAC GGT C	Bax
NM_000657.2	148	Forward: GTA CTT AAA AAA TAC AAC ATC ACA G Reverse: CTT GAT TCT GGT GTT TCC C	BCL-2
XM-006715764.1	85	Forward: CTT CCT TCC TGG GCA TG Reverse: GTC TTT GCG GAT GTC CAC	β -actin

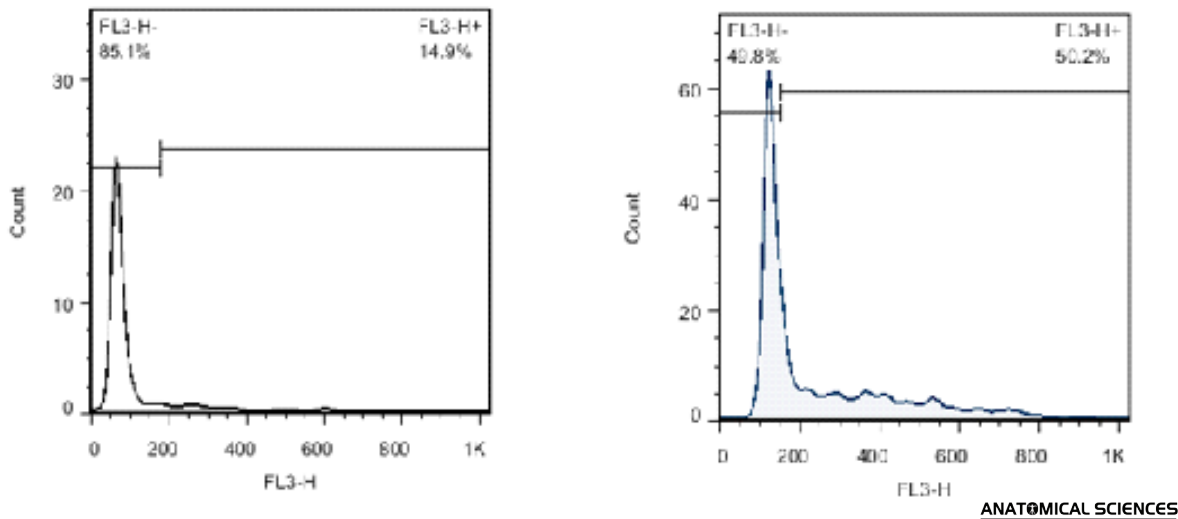


Figure 1. Graphs related to SCSA in the two studied groups; A: Histogram of control group DFI, B: Histogram of DNA damage group DFI.

tests which are conducted in acid or base environments include a DNA denaturation phase in order to identify fragmentation or potential fragmentation of DNA [12]. Sperm Chromatin Structure Assay (SCSA) measures the percentage of DNA fragmentation, which is known as DFI. This technique is based on Acridine Orange (AO) fluorescence intensity or application of flow cytometry. Binding of Acridine Orange to normal DNA leads to emission of green light. In case of binding to fragmented DNA, the light will be red. The ratio of red light to the total of red and green lights indicates the percentage of DNA fragmentation [13].

During clinical application, various techniques report different percentages of DNA damage. Most of these

techniques do not record the percentage of DNA damage within a specific cell. An exception is Comet Assay which records the percentage of damage to each sperm. This technique shows some recognizable levels of damage in all sperms (even the fertile sperm population) [14].

Since so far no research has been conducted on the relationship between the expression of BAX and BCL-2 apoptotic genes and DFI, sperm parameters and Comet Assay, in this research, we study the expression of BAX and BCL-2 genes in patients with sperm DNA damage based on DFI and Comet Assay.

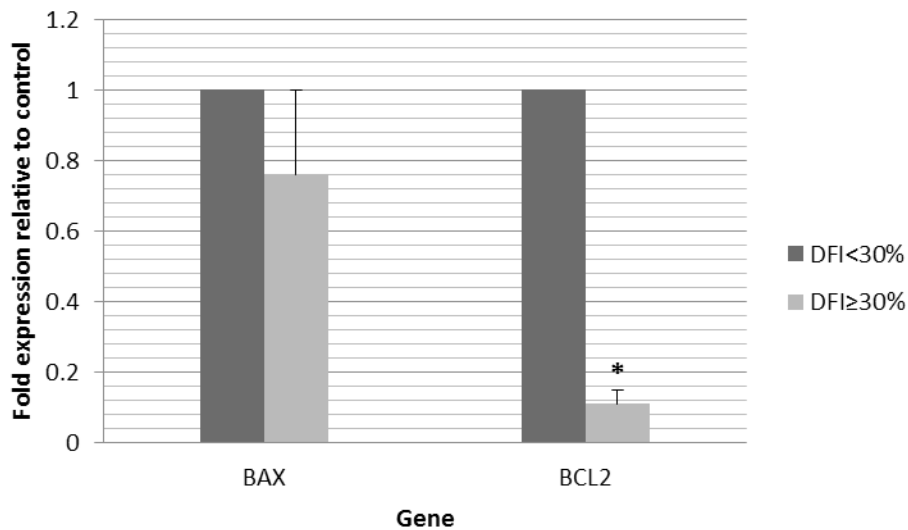


Figure 2. The amount of expression of BAX and BCL-2 genes with regard to sperm DNA fragmentation index.

Table 2. Data related to sperm DNA damage, assessed by Comet Assay.

Parameter	DFI \geq 30	DFI<30
Comet length	70.62 \pm 1.26a	58.64 \pm 0.85a
Comet height	57.35 \pm 0.92	55.61 \pm 0.74
Comet area	3962.26 \pm 115.08b	2838.16 \pm 98.84b
Comet intensity	111122.77 \pm 3332.95c	86942.23 \pm 4099.16c
Comet mean intensity	36.54 \pm 0.70d	30.27 \pm 0.54d
Head diameter	45.21 \pm 0.71e	52.02 \pm 0.76e
Head area	3064.39 \pm 91.46f	2632.89 \pm 90.05f
Head intensity	81255.40 \pm 2593.89	77318.38 \pm 3686.71
Head mean intensity	33.61 \pm 0.65g	29.17 \pm 0.53g
%DNA in head	74.98 \pm 0.62h	89.89 \pm 0.57h
Tail length	25.41 \pm 0.80i	6.61 \pm 0.37i
Tail area	897.86 \pm 42.21j	205.27 \pm 18.01j
Tail intensity	29867.36 \pm 1226.52k	9623.85 \pm 837.13k
Tail mean intensity	101.15 \pm 10.41	77.91 \pm 28.59
%DNA in tail	25.01 \pm 0.62l	10.10 \pm 0.57l
Tail moment	8.55 \pm 0.40m	1.10 \pm 0.11m
Olive moment	7.21 \pm 0.28n	1.67 \pm 0.11n

* Paired letters indicate a significant difference (P<0.05).

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2. Materials & Methods

This study was conducted after obtaining informed consent of the patients and its approval by the Ethics Committee of the Research Department of Shahid Beheshti University of Medical Sciences.

Studied groups

After obtaining samples from patients visiting Taleqani Hospital (20 patients), the samples were centrifuged with AllGrad (Life Global) using density gradient technique (80%:40%). The washed samples were used to apply the techniques.

In order to study the degree of sperm DNA fragmentation or damage, Sperm Chromatin Structure Assay (SCSA) was used.

Method of conducting SCSA

First a volume of gradient semen containing 1.2 million sperm was mixed with TNE buffer (0.01M Tris-HCl, 0.15M NaCl, 1mM EDTA, pH 7.4). This suspension was treated with acid solution (0.1% Triton X-100, 0.15mol/L NaCl, 0.08N HCl, pH 1.2) for 30 seconds.

Then it was dyed with 6mg/L Acridine Orange in phosphate-citrate buffer with pH of 6.0 and was examined using flow cytometry device.

Based on the obtained curve and the value of DFI, patients were divided into two groups (control group with DFI<30 and DNA damage with DFI \geq 30).

Quantitative analysis of expression of distinctive genes using Real-Time PCR

Quantitative real-time PCR analysis

Frequency of expression of BCL-2 and BAX genes was studied by using quantitative Real-time PCR with special primers. The details of primers have been presented in Table 1. Reaction was conducted in the total volume of 13 microliter based on DNA Master SYBR Green I mix instruction using 1 microliter of each primer and 1 microliter of cDNA.

Cycling parameters include: 5 seconds in 95°C and 3 minutes in 95°C for denaturation, 15 seconds in 60°C and 10 seconds in 72°C for amplification and 40 elongation cycles. Amplification reactions were assessed by examining the melting curves to confirm the presence of

Table 3. Comparison of the mean of sperm parameters in the sample with DNA damage and the normal sample.

Parameter	DFI \geq 30	DFI<30
Morphology	2.33 \pm 0.49a	9.00 \pm 2.08a
Large head	7.66 \pm 0.61	10.66 \pm 1.76
Tapered head	7 \pm 0.68b	10.66 \pm 1.76b
Loose head	1.66 \pm 0.61c	4.00 \pm 0.00c
Bent	8.83 \pm 0.90	8.00 \pm 2.30
Cyto	8.66 \pm 0.66	11.33 \pm 2.40
Coiled	8.50 \pm 1.08	10.66 \pm 2.40
Amorph	56.00 \pm 2.35d	35.66 \pm 1.85d
Count	28.66 \pm 9.92	25.33 \pm 12.97
Motility	14.00 \pm 1.52e	68.33 \pm 8.33e
MotilityA	10.33 \pm 1.5f	36.33 \pm 1.85f
MotilityB	13.66 \pm 1.56g	32.00 \pm 6.50g
MotilityC	47.00 \pm 4.85h	15.66 \pm 3.48h
MotilityD	29.00 \pm 5.19	16.00 \pm 5.85

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a single gene-specific peak. β -actin was considered as housekeeping gene for BAX and BCL-2 genes in order to normalize the data. Changes in the level of mRNA in each sample were normalized by the levels of housekeeping mRNA.

Comet assay

Conventional microscope slides were covered with 1.5% normal agarose (Sigma) dissolved in PBS (Ca^{2+} and Mg^{2+} free) maintained for at least one day at room temperature to dry. 20 microliter of sperm sample with 80 microliter of 1% low melting agarose (Sigma), which had been dissolved in PBS, were mixed and placed on agarose slide. A coverslip was placed on the slide and it was refrigerated at 4°C for 20 minutes. Then, the coverslip was removed and another layer of low melting agarose was placed on the slide and was refrigerated at

4°C for 20 minutes. After removing the coverslip, the slides were immersed in a Lysis buffer (2.5 M NaCl [Merck], 100mM EDTA [Merck], 10 mM Tris [Merck], 10% DMSO [Sigma], 1% Triton X-100 with PH=10) at 4°C for 80 minutes. Also, sufficient DIT was added. Then the slides were removed from the Lysis buffer and placed in horizontal gel tank filled with base buffer (300mM NaOH [Merck, Germany] 1 and mM EDTA and pH>13) for at 4°C for 20 minutes so that the DNA may be unwound. Electrophoresis was conducted at 4°C for 20 minutes using 20 V and 300 mA direct current. After electrophoresis, the slides were dyed with CYBER green. Using Nikon Eclipse 600 microscope equipped with 515-560nm stimulation filter, a 100w mercury lamp and an inhibitor filter, the slides were observed and photographed. The images were analyzed using Triteck Comet Score software and the following parameters were measured: Comet length, Comet

Table 4. The relationship between BAX expression and comet parameters.

Parameter	BAX (P.C)	P-Value
Comet intensity	0.864	0.003
Head diameter	0.690	0.04
Head area	0.799	0.01
Head intensity	0.932	0.00
Tail mean intensity	0.686	0.041

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○ **Table 5.** The relationship between BCL-2 expression and Comet parameters.

Parameter	BCL-2 (P.C)	P-Value
Comet mean intensity	0.741	0.022
Head mean intensity	0.784	0.012
%DNA in head	0.837	0.005

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height, Comet area, Comet intensity, Comet mean intensity, head diameter, head area, head intensity, head mean intensity, %DNA in head, tail length, tail area, tail intensity, tail mean intensity, %DNA in tail, tail moment, olive moment [15].

Sperm parameters

Based on WHO criteria, sperm parameters evaluated using light microscope.

3. Results

Sperm DNA damage was assessed using SCSA technique (Figure 1) and the studied samples were divided into the two groups of $DFI < 30\%$ and $DFI \geq 30\%$. In order to study the amount of DNA damage more accurately, Comet Assay method was also used (Figure 3). The images obtained from Comet Assay were analyzed by Triteck Comet Score software and seventeen parameters, which have been shown in Table 2, were studied. A summary of the results for the two studied groups has been presented in Table 2. Statistical analysis showed that there is a significant difference between the parameters of Comet, Comet Length, Comet Area, Comet Intensity, Comet Mean Intensity, Head Diameter, Head Area, Head Mean Intensity, %DNA in Head, Tail Length, Tail Area, Tail Intensity, Tail Mean Intensity, %DNA in Tail, Tail Moment, Olive Moment in the control group and DNA damage group ($P < 0.05$).

Statistical study of sperm parameters have been presented in Table 3. As it is seen, there is a significant difference between sperm morphology and motility in the control group and DNA damage group. This significant difference was also observed in Tapered Head, Loose Head, Amorph, and Motility A, B, C parameters

($P < 0.05$). In order to study the relationship between BAX and BCL-2 genes and Comet parameters, Pearson correlation was used.

There was a significant and direct difference in Pearson correlation between BAX gene and Comet Intensity, Head Diameter, Head Area, Head Intensity and Tail Mean Intensity parameters ($P < 0.05$). Also, there was a significant and direct difference in Pearson correlation between BCL-2 gene and Comet Mean Intensity, Head Mean Intensity and %DNA in Head parameters ($P < 0.05$). Pearson correlation for DFI showed a significant and inverse difference with morphology and motility ($P < 0.05$).

4. Discussion

Numerous studies have shown that two members of Bcl-2 family, that is, BAX and BCL-2 play a crucial role in apoptosis. In the present research, it was observed that the amount of expression of BAX in the control and DNA damage groups does not show a significant difference but the expression of BCL-2 has significantly decreased. The decrease in the expression of BCL-2 increases DFI and consequently, increases the amount of sperm DNA fragmentation.

Also, studying sperm DNA damage by using Comet Assay technique suggests the existence of damage in all sperm samples. Except for 3 cases, other parameters significantly differ from one another (Table 2).

Comparison of the parameters of sperm DNA damage and BAX and BCL-2 genes showed that the expression of BCL-2 gene has a direct and significant relationship with Comet mean intensity, Head mean intensity and %DNA in head parameters. This shows that as the

○ **Table 6.** The relationship between DFI and sperm morphology and mobility parameters.

Parameter	DFI(P.C)	P-Value
Morphology	-0.804	0.009
Mobility	-0.671	0.048

(Pearson correlation).

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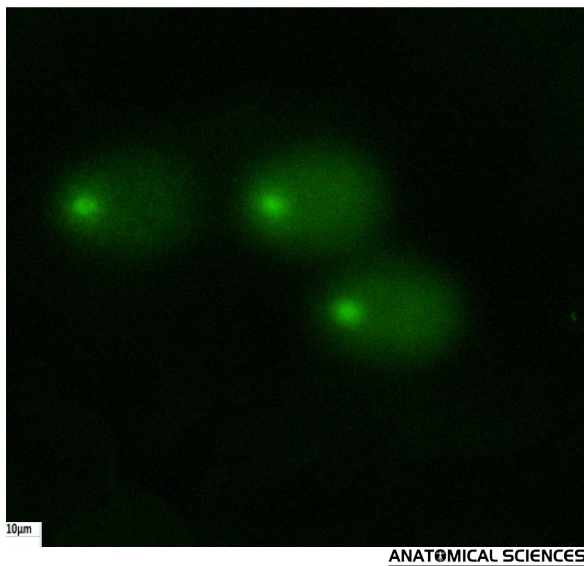


Figure 3. An example of comet assay.

amount of expression of BCL-2 decreases, the amount of Head mean intensity and %DNA in head decreases and is drawn to the tail, which indicates DNA fragmentation (Table 5).

Also, increase in the expression of BAX has a direct and significant relationship with Comet intensity, head diameter, head area, head intensity and tail mean intensity. This indicates that excessive expression of BAX has initiated apoptosis waterfall and sperm chromatin has been damaged. As the amount of BAX, and consequently DNA damage increases during electrophoresis, denatured DNA is drawn to anode and the more the damage, the more DNA is drawn to the tail. Based on the comparison of Comet parameters in the control and damaged groups, since the difference between the parameters related to tail is significant, it is evident that DNA has been damaged (Table 4). Findings of studies on bull sperm showed that the amount of expression of BAX was not statistically different between the fertile and infertile groups and there is no significant relationship between fertility and expression of BAX [16].

The amount of expression of Bcl-x1 protein, which is a Bcl-2 homologue, is responsible for the survival of Sertoli cells, spermatogonia and the spermatocytes and Bax/Bcl-x1 ratio affects the fate of these cells [17]. Selective expression of Bax and Bcl-2 proteins in germ cells strongly suggests that these proteins are involved in various phases of spermatogenesis, differentiation and maturation [7]. Bcl-2 family members regulate apoptosis. This molecule, which was first found in human lymphocyte (B cell lymphoma/2), is found in cells with high division activity and normal tissues and as

proto-oncogene, induces immortality to the cell [18]. Deactivation of Bcl-2 and its homologue, Bcl-x1 causes imbalance between the apoptotic and anti-apoptotic factors, which leads to cell death [19]. The amount of BAX in the semen of patients with varicocele increases significantly and is associated with up-regulation of apoptosis. In addition, this increase has a negative and significant relationship with concentration, motility and normal form of sperm, while significant decrease of BCL-2 has a positive and inverse relationship with them [20]. Study of expression of Bax and Bcl-2 in mice testis in the inflammatory phases showed that a few number of germ cells are in positive Bax and Fas phase but in the post-inflammatory phase, this positive phase disappears. In addition, in the post-inflammatory phase, Bcl-2 was observed as tiny spots on germ cells as well as on all the epithelial and interstitial cells of the seminiferous tubule [21].

Statistical analysis showed that sperm fragmentation index has a significant inverse relationship with sperm morphology and motility. Higher DFI indicates more damage to the structure of chromatin and higher damage directly affects sperm morphology and motility (Table 6).

Findings of Navaian et al. showed that the difference in the mean of sperm parameters between fertile men and infertile men with varicocele was significant. Also, the difference in the mean abnormal sperm morphology, the mean sperm number and the mean percentage of sperm motility between the two groups of fertile men and infertile men with varicocele was significant [22]. The results of the present research showed that the mean normal morphology in the control group and in the patients with DNA damage had a significant difference and the mean sperm motility in normal men and in patients with DNA damage also showed a significant difference. Regarding the number of sperm, the difference was not significant (Table 3).

The results indicate that the decrease in the expression of anti-apoptotic BCL-2 and increase in the expression of BAX targets sperm chromatin and leads to sperm DNA fragmentation. It is obvious that an increase in DFI affects sperm parameters such as morphology and motility.

Acknowledgement

We would like to appreciate the efforts of Cellular and Molecular Biology Research Center, Shahid Beheshti University of Medical Sciences and Stem Cell Technol-

ogy Research Center and Department of Anatomical Sciences and Biology of Reproduction, Faculty of Medicine, Shahid Beheshti University of Medical Sciences that provided the context for conducting this research.

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