

# Enterobacteriaceae in Some Marine Fish Fillet

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Key	ABSTRACT:
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words: fish fillet Enterobacter- iaceae	A total of 100 random samples of marine fish fillet represented by Epinephelus alexandrinus fillet, Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet (25 of each) were collected from different fish markets in Alexandria city. The sample weight was 100 grams. Each sample was kept in a separate sterile plastic bag and transferred in an ice box to the laboratory under complete aseptic conditions without undue delay. All collected samples were subjected to bacteriological examination for isolation and identification of Enterobacteriaceae. The results revealed that the total Enterobacteriaceae count in the examined samples of marine fish fillet were varied from 1.6 x 10 <sup>2</sup> to 6.3 x 10 <sup>4</sup> with an average of 2.1 x 10 <sup>4</sup> + 3.1 x 10 <sup>3</sup> cfu/g for Epinephelus alexandrinus fillet, 2.1 x 10 <sup>2</sup> to 4.3 x 10 <sup>4</sup> with an average of 9.1 x 10 <sup>3</sup> + 1.1 x 10 <sup>3</sup> dfu/g for Dicentrachus labrax fillet, 3.1 x 10 <sup>2</sup> to 6.7 x 10 <sup>4</sup> with an average of 6.3 x 10 <sup>4</sup> + 5.2 x 10 <sup>3</sup> cfu/g for Scomberomorus commerson fillet, respectively. Accurately, all examined samples (100%) out of Epinephelus alexandrinus fillet, Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet were contaminated with Enterobacteriaceae. Also, the total coliform count in the examined samples of marine fish fillet were ranged from 1.3 x 10 to 2.1 x 10 <sup>3</sup> with a mean value of 9 x 10 <sup>2</sup> + 7.5 x 10 cfu/g for 5 chu/g for Scomberomorus commerson fillet. The enteric bacteria isolated were Enterobacter aerogenes (44 %) was the most frequent bacterial species isolated from 2.3 x 10 <sup>4</sup> cfu/g for Scomberomorus commerson fillet. The enteric bacteria isolated were Enterobacter aerogenes (40 %), followed by Proteus vulgaris (28 %), Citrobacter diversus (28 %), Proteus vulgaris and Provedencia species (20 % of each). In regard to Dicentrachus labrax fillet samples, the most frequent bacterial species isolated from Epinephelus alexandrinus fillet samples, the most frequent bacterial species isolated from to 2.1 x 0 <sup>3</sup> (4.5 %
	Enterobacter cloacae (24 % of each), Shigella species (20 %) and Proteus vulgaris (16 %) . On the other hand, Citrobacter freundii (28 %), Enterobacter aerogens (24 %), Proteus vulgaris (20 %) then Klebsiella ozanae, Proteus rettgeri and Shigella species (12 % of each) were isolated from the examined samples of Scomberomorus commerson fillet The Enteropathogenic Escherichia coli was isolated from 8 % , 16 % , 20 % and 28 % of the examined samples of Epinephelus alexandrinus fillet, Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet, respectively. Also, Salmonella species were recovered from 8 %, 12 % and 8 % of the examined samples of Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet, respectively. The serotypes of Salmonella organisms isolated from Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet were S. enteritidis (4 % for each) and S. Haifa (4 % for each). However, only one strain (4 %) isolated from Stingray fish fillet were serologically identified as S. typhimurium.
	significance were discussed and the prophylactic measures to reduce the counts and the isolates in marine fish fillet were recommended.

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## 1- INTRODUCTION

Fish is a food of excellent nutritional value, providing high-quality protein rich in essential amino acids, and a wide variety of minerals, including phosphorus, magnesium, iron, zinc, and iodine in marine fish (Ariño et al., 2013)

Sea foods harvested from the marine water reflect the types of bacteria growing in it. An increase in total colony count in sea foods was expected in those suffering from unsatisfactory conditions of handling during which multiplication of organisms could occur, and then fish might cause food poisoning (Wood, 1976)

The fish flesh is generally sterile immediately after catching, however, it may become contaminated with different microorganisms during subsequent handling (Brock et al., 1984 and Etzel et al., 1998)

The flesh of healthy live or newlycaught fish is sterile as the immune system of the fish prevents the bacteria from growing in the flesh. When the fish dies, the immune system collapses and bacteria are allowed to proliferate freely (Ruskol and Bendsen, 1992).

Unlike meat and poultry, fish are more liable to contamination with pathogenic bacteria from human reservoir which may contaminate the water depending on the fishing and also may be further contaminated during handling, processing and packaging. While the muscle flesh of fish, which is the main edible part is normally sterile but microorganisms can penetrate from the skin and the gut to the flesh (FAO, 1983). The penetration and contamination increase in case of fish caught from polluted area where there are high densities of bacteria (Howgate, 1998).

The Enterobacteriaceae is a large family of Gram-negative bacteria that includes, along with many harmless symbionts, many of the more familiar pathogens, such as Salmonella, Escherichia coli, Yersinia

pestis, Klebsiella and Shigella (Brenner et. al, 2005).

Enteropathogenic Escherichia coli may constitute a public health hazard as it may give rise to severe diarrhea in infants and young children as well as food poisoning and gastroenteritis among adult consumers (Banwart, 1989).

Salmonellosis is a worldwide problem responsible for food poisoning outbreaks but it is mainly difficult to determine whether the contamination of fishes occurred in their aqueous habitat or during their handling and marketing (Etzel et al., 1998).

Therefore, the present study was planned to determine the contamination level of some marine fish fillet with Enterobacteriaceae to protect the health of the consumers.

## 2- MATERIAL and METHODS

A total of 100 random samples of marine fish fillet represented by Epinephelus alexandrinus fillet, Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet (25 of each) were collected from different fish markets in Alexandria city. The sample weight was 100 grams.

Each sample was kept in a separate sterile plastic bag and transferred in an ice box to the laboratory under complete aseptic conditions without undue delay. All collected samples were subjected to bacteriological examination for isolation and identification of Enterobacteriaceae.

## Preparation of samples:

To 5 grams of the sample, 45 ml of sterile peptone water 0.1% were added and thoroughly mixed using sterile blender for 1 - 1.5 minutes, from which tenth fold serial dilutions were prepared.

The prepared samples were subjected to the following examinations:

Determination of Total Enterobacteriaceae Count (ICMSF, 1996).

Total Colifor	rm count	(ICMS,	1996).
Identification	of	family	Entero-
bacteriaceae			
Members	belonging	g to	Entero-
bacteriaceae			
according to			
MacFaddin	· · ·	Isolatic	on and
identification	of	Enteropa	athogenic
Escherichia	coli	(ICMSF,	1996).
Serodiagnosi		Escherich	nia coli
(ICMSF, 199	6).		

The isolates were serologically identified by using diagnostic sera "welcome E.coli" agglutinating sera for diagnosis of the Enteropathogenic types.

Isolation and identification of Salmonellae (Rappaport et al., 1956; Harvey and Price, 1981).Serological identification of Salmonellae (Kauffman, 1974).

## 3- RESULTS and DISCUSSION

**Table (1):** Statistical analytical results of total Enterobacteriaceae count (TEC) cfu/g in the examined samples of marine fish fillet (n= 25 of each type).

Fish species	Minimum	Maximum	Mean	+ S.E.M <sup>*</sup>
Epinephelus alexandrinus fillet	1.6 x 10 <sup>2</sup>	6.3 x 10 <sup>4</sup>	2.1 x 10 <sup>4</sup> a	3.1 x 10 <sup>3</sup>
Dicentrachus Iabrax fillet	2.1 x 10 <sup>2</sup>	4.3 x 10 <sup>4</sup>	9.1 x 10 <sup>3</sup> b	1.1 x 10 <sup>3</sup>
Stingray fish fillet	3.1 x 10 <sup>2</sup>	6.7 x 10 <sup>4</sup>	1.3 x 10 <sup>4</sup> a	7.3 x 10 <sup>3</sup>
Scomberomorus commerson fillet	2.3 x 10 <sup>2</sup>	1.1 x 10 <sup>5</sup>	6.3 x 10 <sup>4</sup> c	5.2 x 10 <sup>3</sup>

\*S.E.M = Standard error of mean.

Means with different letters within the same column are significantly different at (P < 0.05)

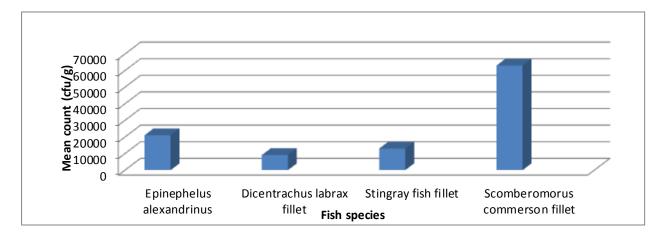


Figure (1): Mean values of total Enterobacteriaceae count in the examined marine fish fillet (cfu/g).

**Table (2)**: Statistical analytical results of total coliform count in the examined samples of marine fish fillet (n = 25 of each type ).

Fish fillet species	Minimum	Maximum	Mean	+ S.E.M <sup>*</sup>

Epinephelus alexandrinus fillet	1.3 x 10	2.1 x 10 <sup>3</sup>	9 x 10 <sup>2</sup> a	7.5 x 10
Dicentrachus labrax fillet	3.1 x 10	3.2 x 10 <sup>3</sup>	1.1 x 10 <sup>3</sup> b	2.3 x 10 <sup>2</sup>
Stingray fish fillet	1.9 x 10	7 x 10 <sup>3</sup>	2.6 x 10 <sup>3</sup> b	1.6 x 10 <sup>2</sup>
Scomberomorus commerson fillet	6 x 10	1.3 x 10 <sup>4</sup>	6.4 x 10 <sup>3</sup> c	7.1 x 10 <sup>2</sup>

\*S.E.M = Standard error of mean.

Means with different letters within the same column are significantly different at P < 0.05

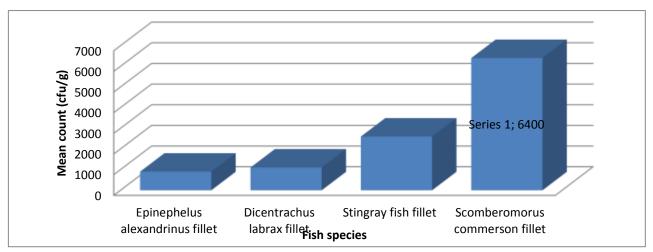


Figure (2): Mean values of total coliform count in the examined samples of marine fish fillet (cfu/g).

# **Table (3):** Incidence of enteropathogenic E.coli in the examined samples of marine fish fillet (n = 25).

No.	%
2	8
4	16
5	20
7	28
	4

**Table (4):** Serotyping of E.coli isolated from the examined samples of marine fish fillet (n = 25).

Fish species	Epinephelus		Dicentrachus		Stingray		Scomberomorus		Strain
	alexandrinus		labrax fillet		fish fillet		commerson fillet		character
Serotype	fillet								
	No.	%	No.	%	No.	%	No.	%	

O <sub>26</sub> : k <sub>60</sub> (B <sub>6</sub> )	-	-	1	4	2	8	2	8	EHEC
O <sub>86</sub> : k <sub>61</sub> (B <sub>7</sub> )	1	4	-	-	1	4	-	-	EPEC
$O_{111}:k_{58}(B_9)$	-	-	1	4	-	-	2	8	EHEC
$O_{124}$ : $k_{72}$ ( $B_{17}$ )	1	4	1	4	1	4	1	4	EIEC
O <sub>128</sub> : k <sub>67</sub> (B <sub>12</sub> )	-	-	1	4	1	4	2	8	ETEC
Total	2	8	4	16	5	20	7	28	

EHEC = Enterohaemorrhagic E.coli. EPEC = Enteropathogenic E.coli. EIEC = Enteroinvasive E.coli. ETEC = Enterotoxogenic E.coli

Table (5): Incidence of Enterobacteriaceae isolated from the examined samples of marine fish fillet (n = 25).

Fish species Bacteria	Epinephelus alexandrinus fillet		Dicentrachus labrax fillet		Stingray fish fillet		Scomberomorus commerson fillet	
	No.	%	No.	%	No.	%	No.	%
Citrobacter diversus	5	20	7	28	6	24	-	-
Citrobacter freundii	-	-	4	16	7	28	7	28
Enterobacter aerogenes	11	44	10	40	9	36	6	24
Enterobacter agglomerans	-	-	-	-	2	8	-	-
Enterobacter cloacae	3	12	3	12	9	36	-	-
Enterobacter hafniae	-	-	-	-	6	24	-	-
Klebsiella azanae	4	16	3	12	-	-	3	12
Klebsiella pneumonae	-	-	8	32	-	-	2	8
Proteus mirabilis	-	-	-	-	-	-	-	-
Proteus rettgeri	3	12	2	8	7	28	3	12
Proteus vulgaris	7	28	5	20	4	16	5	20
Serratia liquefaciens	-	-	-	-	11	44	-	-
Serratia marcescens	-	-	2	8	3	12	-	-
Provedencia spp	4	16	5	20	-	-	2	8
Shigella species	5	20	3	12	5	20	3	12

Table (6): Incidence of Salmonella in the e	xamined samples of marine	fish fillet (n = 25 ).
Marine	No.	%
fish fillet		
Epinephelus alexandrinus fillet	-	-
Dicentrachus labrax fillet	2	8

Stingray fish fillet	3	12
Scomberomorus commerson fillet	2	8

fillet (n = 25 ). Fish species Serotype	Epinephelus alexandrinus fillet		Dicentrachus labrax fillet		Stingray fish fillet		Scomberomorus commerson fillet	
"	No.	%	No.	%	No.	%	No.	%
S. enteritidis	-	-	1	4	1	4	1	4
S. typhimurium	-	-	-	-	1	4	-	-
S. Haifa	-	-	1	4	1	4	1	4
Total	-	-	2	8	3	12	2	8

Table (7): Serotyping of Salmonella isolated from the examined samples of marine fish	
fillet ( $n = 25$ ).	

Concerning the fish fillet species, it is clear that Scomberomorus commerson fillet had the highest Enterobacteriaceae count followed by Stingray fish fillet, Epinephelus alexandrinus fillet and Dicentrachus labrax fillet.

These variations could be attributed to the fish species, environment, extent of handling during transportation, slicing and distribution as well as marketing (Wang et al., 1994).

Generally, the Enterobacteriaceae count in all types of marine fish fillet seams to be high and this may be attributed to enteric contamination from different sources during transportation, storage, bad handling, slicing from the intestinal tract of the fish during evisceration and marketing.

In conclusion, to avoid contamination of the fish fillet with enteric microorganism, the fish must be catched far away from sewage drainage area in the sea, the vehicles and boxes used for transportation must be cleaned and sanitized, the workers handling fish must be educated about personal hygiene as their hands must be washed after using the toilet, the knives used for evisceration must not be used for slicing to avoid cross contamination and the workers whom eviscerate the fish must not slice the fish, the water used for washing the fillet must be bacteriologically examined and avoid retailing fish fillet in open air.

#### **Coliform count:**

Table (2) and Figure (2) indicated that the total coliform count in the examined samples of marine fish fillet were ranged from 1.3 x 10 to 2.1 x  $10^3$  with a mean value of 9 x  $10^2$  + 7.5 x 10 cfu/g for Epinephelus alexandrinus fillet, 3.1 x 10 to 3.2 x  $10^3$  with a mean value of 1.1 x  $10^3$  + 2.3 x  $10^2$  cfu/g for Dicentrachus labrax fillet, 1.9 x 10 to 7 x  $10^3$  with a mean value of 2.6 x  $10^3$  + 1.6 x  $10^2$  cfu/g for Stingray fish fillet and 6 x 10 to 1.3 x  $10^4$  with a mean value of 6.4 x  $10^3$  + 7.1 x  $10^2$  cfu/g for Scomberomorus commerson fillet.

Also, Table (2) showed that there is no significant difference between the mean values of the examined samples of Dicentrachus labrax fillet and Stingrav fish fillet. But. there is significant difference between the mean values of Dicentrachus labrax fillet and both Stingray fish fillet and each of Epinephelus alexandrinus fillet and Scomberomorus commerson fillet ( P < 0.05).

Coliform count reflects inadequate sanitation during catching and handling of the raw fish, contact surface of fish and workers. However, the occurrence of large number of coliform in marine fish fillet is highly undesirable and mostly faecal contamination suggests and severe hazards. From their original faecal, soil, water or plant environment, coliform bacteria can reach the food handlers hands, or preparing fish fillet environment where they may be spread via equipment and utensils or by employees. The presence of Coliform in marine fish fillet indicates a potable faecal contamination source of (National Academy of Sciences, 1985).

Generally, the presence of Coliform infection in marine fish fillet serves as an index of sanitation under which the fish is handled. Thus their significance is directly associated with the faecal contamination, handling and storage of fish.

# Enteropathogenic E.coli:

The results recorded in Table (3) showed that the Enteropathogenic E.coli was isolated from 8 %, 16 %, 20 % and 28 % of the examined samples of Epinephelus alexandrinus fillet, Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet, respectively.

Serotyping of enteropathogenic E.coli isolated from the examined samples of marine fish fillet was declared in Table (4) and Figure (4).

Accurately, out of 2 strains of E.coli isolated from samples of Epinephelus alexandrinus fillet, one was recorded as  $O_{86}$  :  $K_{61}$  (B<sub>7</sub>) and the other strain was  $O_{124}$ :  $K_{72}$  (B<sub>12</sub>).

While,  $O_{26}$  :  $K_{60}$  (B<sub>6</sub>) strain,  $O_{111}$  :  $K_{58}$  (B<sub>9</sub>) strain,  $O_{124}$  :  $K_{72}$  (B<sub>17</sub>) strain,  $O_{128}$  :  $K_{67}$  (B<sub>12</sub>) strain (4 % of each) were identified from Dicentrachus labrax fillet samples.

Furthermore,  $O_{26}$  : $K_{60}$  (B<sub>6</sub>) strain (8 %),  $O_{86}$  : $K_{61}$  (B<sub>7</sub>) ,  $O_{124}$  : $K_{72}$  (B<sub>17</sub>) and  $O_{128}$  : $K_{67}$ (B<sub>12</sub>) strains (4 % of each) were detected in Stingray fish fillet samples. Regarding Scomberomorus commerson fillet, out of 7 strains of E.coli , 2 strains were serologically identified as  $O_{26}$  : $K_{60}$ (B<sub>6</sub>), 2 identified as  $O_{111}$  : $K_{58}$  (B<sub>9</sub>) , 2 were  $O_{128}$  : $K_{67}$  (B<sub>12</sub>) and the last strain was  $O_{86}$ : $K_{61}$  (B<sub>7</sub>).

In general, EPEC strains are the major cause for many infantile diarrheas. In typical cases, symptoms appear within 12 to 36 hours. Clinically, EPEC illness is characterized by fever, nausea, vomiting and watery stoles which occasionally contain mucus, but without gross blood (Scotland et al., 1990). Furthermore, EPEC was implicated in case of gastroenteritis, cystitis, colitis. pyelonephritis, peritonitis and puerperal sepsis as well as food poisoning outbreak (Bryan, 1980).

Enterotoxigenic E. coli (ETEC) strains  $(O_{78} \text{ and } O_{128})$  are considered the common cause of traveler's diarrhea and/or children diarrhea. In this respect, 4 out of 11 American traveler's suffering from diarrhea was infected with (ETEC) strains producing either heat labile (LT) and/or heat stable (ST) toxins (FAO, 1993).

In summer of 1976, more than 2200 visitors at a national park in USA suffered from diarrhea. The causative organism was ETEC  $O_{128}$  producing LT (Rosenberg et al., 1977).

In 1971 ETEC  $(O_{124})$  was responsible for gastroenteritis and dysentery in 387 persons. The severity of the disease may vary from a mild form resembling Shigella sonnei infection to an extreme form resembling classical dysentery. Clinically, the illness due to ETEC is marked by fever; severe abdominal cramps and watery diarrhea followed by gross bloody diarrhea (Hoeprich et al., 1994).

On the other hand, EHEC ( $O_{111}$ ) was implicated in 16 outbreaks of diarrhea in young children and infants (Evans et al., 1979). In illness caused by EHEC is typically quit sever and characterized by sudden onset of sever crampy abdominal pain followed by watery diarrhea, which later becomes grossly bloody. Typically there is little or no fever and the duration of illness is 2 to 9 days. Death rate in some reported outbreaks may reach 36% while in other no death had occurred (Griffin, 1991). Since 1982, more that 100 outbreaks of EHEC were reported in USA (WHO, 1997).

## Isolated Enterobacteriaceae:

Table (5) summarized the different enteric bacteria isolated from the examined samples of marine fish fillet.

Enterobacter aerogenes (44 %) was the most frequent bacterial species isolated from Epinephelus alexandrinus fillet samples, followed by Proteus vulgaris (28 %), Citrobacter diversus and Shigella species (20 % of each) then Klebsiella ozanae and Provedencia spp (16 % of each).

In regard to Dicentrachus labrax fillet samples, the most frequent bacterial species isolated was Enterobacter aerogens (40 %), followed by Klebsiella peumoniae (32 %), Citrobacter diversus(28 %), Proteus vulgaris and Provedencia species (20 % of each), Citrobacter freundii (16 %) then Enterobacter cloacae, Klebsiella ozanae and Shigella species (12 % of each) as shown in Table (5).

Concerning Stingray fish fillet samples, Serratia liquifaciens (44 %) represented the highest rate of isolation followed by Enterobacter aerogens and Enterobacter cloacae (36 % of each), Citrobacter freundii (28 %), Citrobacter diversus and Enterobacter cloacae (24 % of each), Shigella species (20 %) and Proteus vulgaris (16 %).

On the other hand, Citrobacter freundii (28 %), Enterobacter aerogens (24 %), Proteus vulgaris (20 %) then Klebsiella ozanae, Proteus rettgeri and Shigella species (12 % of each) were isolated from the examined samples of Scomberomorus commerson fillet.

The Enterobacter organisms can be found in soil, water, sewage and intestinal tract of man and animals. The organisms are important in food as a potential health

hazard, and indicator organism and spoilage. Some strains of Enterobacter spp. had been implicated in acute and chronic diarrhoeal disease and in several cases of food poisoning (Banwart, 1989). Klebsiella organisms are responsible for food borne outbreaks of gastroenteritis al., 1998). Klebsiella (Rahkia et pneumoniae was incriminated in cases of lobar pneumonia and other affections of respiratory tract (Cruickshank et al., 1975). Also, Klebsiella pneumoniae cause bronchopneumonia of one or several lung lobes producing fused foci and lung abscesses. They added that the organism may be responsible for meningitis, appendicitis, pyaemia, mastoiditis and cystitis (Pyatkin and Krivoshein, 1980).

Certain numbers of Citrobacter have been suspected to cause enteric infection (Sugita et al., 1995). However, Citrobacter is responsible for food borne outbreaks of gastroenteritis (Rusul et al., 1991). Moreover, Citrobacter freundii have been found among intestinal, urinary and pyogenic infection (Krieg and Holt, 1984).

Proteus organisms are widely distributed in various foods. The importance of Proteus in foods includes potential health hazards and spoilage. Also, certain strains of Proteus can cause enteric infection in human (Bryan, 1980).

Proteus species have been incriminated in cases of summer diarrhea in infants, sinusitis, otitis as well as urinary tract infection (Varnam and Evans, 1991). Proteus species was involved in the spoilage of seafood.

# Salmonella:

Salmonellosis is considered as one of the most important zoonotic disease in which the main source of infection is food of animal origin and the mortality due to Salmonellosis is relatively low and occurs only in very old individuals and infants (Sharma et al., 1996).

Result given in Table (6) indicated that Salmonella organisms were recovered

from 8 %, 12 % and 8 % of the examined samples of Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet, respectively.

In contrast, all examined samples of Epinephelus alexandrinus fillet were free from Salmonella.

Table (7) revealed that the serotypes of Salmonella organisms isolated from Dicentrachus labrax fillet, Stingray fish fillet and Scomberomorus commerson fillet were S. enteritidis (4 % for each) and S. Haifa (4 % for each). However, only one strain (4 %) isolated from Stingray fish fillet were serologically identified as S. typhimurium.

However, Sal. typhimurium is the commonest Salmonella isolated from cases of food poisoning and represents about 50 – 60% of such cases (WHO, 1997). Furthermore, FAO (1993) reported that the cases of food poisoning outbreaks due to Sal. typhimurium were 407 cases in Spain (1981), 237 in Poland (1980), 227 in Denmark (1981), 130 in Sweden (1981), 84 in Scotland (1981), 80 in Ireland (1981), 37 in Yugoslavia (1984), 22 in England and 3 cases in Belgium (1981).

Despite the fact that Salmonella organisms exit allover the world, it does not mean that Salmonellosis should be accepted as inevitable but every defense must be considered through application of efficient sanitation to control such serious organisms.

Accordingly, the presence of Salmonella as enteropathogens in fish fillet may reflect the unsatisfactory hygienic condition during handling the fishes, slicing, packaging and marketing.

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