

# Molecular detection of *Leishmania* spp. isolated from cutaneous lesions of patients referred to Herat regional hospital, Afghanistan

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## الكشف الجزيئي عن أنواع الليشمانية المعزولة من آفات جلدية لمرضى مَحْوَلين إلى مستشفى هيرات الإقليمي بأفغانستان

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**الخلاصة:** يعتبر داء الليشمانيات الجلدي واحداً من مشاكل الصحة العامة الرئيسية في أفغانستان، ولا سيما في هيرات. وللتعرف على أنواع الليشمانية تم تطبيق تقنيات جزيئية على عينات من 64 مريضاً ببدء الليشمانيات الجلدي محالين إلى مستشفى هيرات الإقليمي خلال عام 2013. فتم استخدام تفاعل سلسلة البوليميراز (PCR) - تحليل تعدد أشكال أطوال الشداف المُقْتَطَعَة (RFLP) للمفسح المنسوخ الداخلي 1 لجينات الرنا الريباسي (ITS1). لقد كان لدى معظم المرضى آفات مفردة من النمط الجاف على الرأس. وتمت مقارنة نتائج الكشف المجهر المباشر باستخدام سحائج جلدية ملونة بالجميزا مع نتائج ITS-PCR-RFLP لتشخيص داء الليشمانيات الجلدي. فأظهر الفحص بالمجهر الضوئي 64/37 حالة إيجابية (78%). كما كشف PCR 50 حالة إيجابية (78%)، من ضمنها 48 حالة (96%) ليشمانية مدارية وحالتين (4%) ليشمانية كبيرة حسب ITS-PCR-RFLP. يبدو أن داء الليشمانيات الجلدي في هيرات مستوطن وأنه من النمط السريري الجاف الذي ينجم في الغالب عن الليشمانية المدارية (*L. tropica*)، وأحياناً عن الليشمانية الكبيرة (*L. major*).

**ABSTRACT** Cutaneous leishmaniasis is one of the main public health problems in Afghanistan, particularly in Herat. To identify *Leishmania* spp., molecular techniques were applied to samples from 64 cutaneous leishmaniasis patients referred to Herat regional hospital during 2013. Polymerase chain reaction (PCR)-restriction fragment length polymorphism (RFLP) analysis of the ribosomal RNA gene internal transcribed spacer-1 (ITS1) was used. Most of the patients demonstrated dry type single lesions on the head. The results of direct microscopy detection using Giemsa-stained skin scrapings were compared with that of ITS PCR-RFLP for the diagnosis of cutaneous leishmaniasis. Light microscopy examination showed 37/64 positive cases (58%). PCR revealed 50 positive cases (78%), from which ITS PCR-RFLP identified 48 cases (96%) as *L. tropica* and 2 cases (4%) as *L. major*. Cutaneous leishmaniasis in Herat appears to be endemic and of the clinically dry type, caused mainly by *L. tropica* and occasionally by *L. major*.

## Détection moléculaire des espèces de *Leishmania* isolées à partir de lésions cutanées chez des patients orientés vers l'hôpital régional d'Herat (Afghanistan)

**RÉSUMÉ** La leishmaniose cutanée est l'un des principaux problèmes de santé publique en Afghanistan, et particulièrement à Herat. Pour identifier les espèces de *Leishmania*, des techniques moléculaires ont été appliquées sur des échantillons prélevés chez 64 patients atteints de leishmaniose cutanée orientés vers l'hôpital régional d'Herat en 2013. L'analyse du polymorphisme de la longueur des fragments de restriction par amplification en chaîne par polymérase de l'espaceur interne transcrit 1 au sein du gène d'ARN ribosomique (ITS PCR - RFLP) a été utilisée. La plupart des patients présentaient des lésions uniques sèches localisées sur la tête. Les résultats du dépistage microscopique direct à partir de grattages cutanés colorés au Giemsa ont été comparés à ceux de l'analyse par ITS PCR-RFLP pour le diagnostic de la leishmaniose cutanée. L'examen microscopique optique a dépisté 37/64 cas positifs (58 %). L'amplification en chaîne par polymérase a permis de dépister 50 cas positifs (78 %) ; parmi ces cas, l'analyse par ITS PCR-RFLP a identifié 48 cas (96 %) de *L. tropica* et 2 cas (4 %) de *L. major*. La leishmaniose cutanée à Herat semble endémique et de type sec au plan clinique, principalement causée par *L. tropica* et occasionnellement par *L. major*.

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## Introduction

Leishmaniasis threatens 350 million people in 98 countries, with a global estimated incidence of 2 million cases per annum. There are 3 major manifestations of this parasitic disease: cutaneous, mucocutaneous and visceral (1,2). In Afghanistan, cutaneous leishmaniasis is one of the main public health problems. While the estimated annual incidence of cutaneous leishmaniasis in Afghanistan ranges from 113 100 to 226 200 cases, the number of reported cases of cutaneous leishmaniasis are only 22 620 annually (3).

Each *Leishmania* sp. has a unique epidemiological profile and therefore identification of *Leishmania* spp. in different regions is indispensable. Conventional methods such as microscopy and culture of amastigotes are not utilized for *Leishmania* spp. identification as they have an unsatisfactory level of sensitivity. Instead, DNA-based methods, such as the polymerase chain reaction–restriction fragment length polymorphism (PCR–RFLP) analysis of the internal transcribed spacer-1 (ITS1) region of the ribosomal RNA gene (rRNA), are increasingly used for identification worldwide (4–6). DNA cards such as FTA\* and KBC\* are immediate, affordable, safe and portable tools for collection, banking and transportation of leishmaniasis samples at room temperature prior to DNA extraction, in order to carry out ecological and epidemiological studies in Afghanistan (7–9).

There is a scarcity of comprehensive data about the epidemiology of this neglected disease in Afghanistan, although there has been recent important work by Reithinger et al. (10–16). This follows earlier studies of disease foci by Eliseev and Kellina in 1962 (17) and on the epidemiology of cutaneous leishmaniasis throughout the country by Nadim et al. in the 1970s (17–20). Later, Reyburn et al. carried out a cross-sectional study of a prolonged epidemic

of anthroponotic cutaneous leishmaniasis during 1997–98 in Kabul (21). More recently, Faulde et al. made a molecular study of cutaneous leishmaniasis in northern parts of Afghanistan (22). Rowland et al. reported an outbreak of cutaneous leishmaniasis in an Afghan refugee camp in north-west Pakistan (23). Plourde et al. studied genetic polymorphisms and drug susceptibility of 4 isolates of *Leishmania tropica* acquired from Canadian soldiers returning from Afghanistan (24).

Cutaneous leishmaniasis is endemic in Herat in the west of Afghanistan and represents one of the independent foci of the disease (3). While Ahrari and Yaminhad made a 9-month demographic analysis of cutaneous leishmaniasis patients referred to Herat regional hospital (25), there is a lack of molecular data about the epidemiology of cutaneous leishmaniasis in Herat. The main aim of the present study therefore was to use molecular methods to identify *Leishmania* spp. isolated from cutaneous samples of patients referred to Herat regional hospital.

## Methods

### Study design and setting

This descriptive study was performed in Herat, a city situated in the west of Afghanistan at an altitude of 930 m above sea level. According to previous studies carried out in Herat, most cutaneous leishmaniasis cases are known to occur in early spring (March and April) and early fall (September and October) (25). So the study was designed to cover these periods during 2013.

### Sampling

Samples were taken from 64 patients (41 males and 23 females) with clinically diagnosed cutaneous leishmaniasis who were referred to the dermatology section of the Herat regional hospital for confirmation of diagnosis

(by microscopic analysis) and treatment (with pentavalent antimony).

### Data collection

A questionnaire was completed which included questions about patients' demographic information and the characteristics of the lesions, and then photos of the lesions were taken and kept for future reference. Treatment was free of charge for the patients so we categorized patients' income as low if they said they would not come to hospital if treatment was not free, as intermediate if they might come to hospital if treatment was not free, and high if they would come to hospital even if treatment was not free.

Patients had not received any treatment before sample collection. Slash skin smears from the margin of lesions were also taken on DNA banking cards (for molecular analysis) and slides (for microscopic analysis).

### Microscopic analysis

The slides were stained by Giemsa staining, then scanned for existing amastigotes using  $\times 100$  oil-immersion light microscopy.

### Molecular analysis (PCR–RFLP)

Disks (2 mm in diameter) were punched out from each DNA and washed 3 times with KBC DNA banking card purification buffer and twice with distilled water. The disks were air dried and put directly through PCR processing.

PCR was performed on the ITS1 region of the rRNA gene as described previously by Schönian et al. (26). Initial denaturation at 95 °C for 5 min was followed by 35 cycles (95 °C for 30 s, 55 °C for 30 s and 72 °C for 45 s) and final extension for 6 min at 72 °C. Amplicons were detected in a 1% agarose gel holding 0.2 mg/mL ethidium bromide. Hae III was the restriction enzyme used. The PCR-RFLP products were detected in 4% agarose gel.

The PCR product of each sample and primers were sequenced by the ABI3730XL sequence analyser (Macrogen, Korea). After editing and aligning of sequences using the *ClustalW* program (<http://www.ebi.ac.uk/Tools/msa/clustalw2/>), the sequences were compared with reference sequences from GenBank. For *L. major* and *L. tropica* ITS1 sequences, the phylogenetic tree was created with the neighbour-joining algorithm using *Molecular Evolutionary Genetics Analysis* (MEGA) software, version 6.0, including sequences of prototypical *L. major* and *L. tropica* isolates from GenBank.

### Geographical mapping

The geographical locations of cases according to species of *Leishmania* were located using the Google Earth software. The topography of Herat was isolated from the whole topography of Afghanistan using ArcGIS geographic information system software and saved in separate files. The marginal lines contained within geomaps of Herat were indexed in the same folder. The geographical locations of cases of *L. major* and *L. tropica* were established on the final map using longitude and latitude techniques.

## Results

### Demographic characteristics

Out of 64 patients who were sampled for this study 41 were male (64%) and 23 female (36%). Although the patients' ages ranged from 1 to 85 years, the majority of patients (67%) were aged 1–20 years. According to patients' occupation high proportion were students (45%), and the rest were manual workers (17%), housewives (14%), children below school age (14%) or in other employment (9.5%). The patients were classified into 3 income categories, based on their ability to afford their drugs: low (56%), intermediate (33%) or high (11%) (Table 1).

**Table 1 Demographic and clinical characteristics of the sample of patients with clinically diagnosed cutaneous leishmaniasis (n = 64)**

Variable	No. of patients	%
<b>Sex</b>		
Male	41	64
Female	23	36
<b>Age (years)</b>		
< 20	43	67
≥ 20	21	33
<b>Income class<sup>a</sup></b>		
Low	36	56
Intermediate	21	33
High	7	11
<b>Occupational class<sup>b</sup></b>		
Student	29	45
Child	9	14
Housewife	9	14
Manual worker	11	17
Other employment	6	10
<b>Size of lesion (cm)</b>		
< 1	19	30
1–2	25	39
2–3	9	14
> 3	11	17
<b>Type of lesions</b>		
Dry	56	88
Wet	8	12
<b>No. of lesions</b>		
1	39	61
2	12	19
> 2	13	20
<b>Site on body</b>		
Head	26	41
Hand	23	36
Foot	5	8
Two or more sites	10	15

<sup>a</sup>Based on patients' ability to afford their drugs; <sup>b</sup>Patients who were < 7 years old and did not go to school.

### Clinical profile

Of the total patients 61% had a single lesion, 19% had 2 lesions and 20% had more than 2 lesions. The size of lesions varied from 0.5 to 10 cm. A majority of cutaneous leishmaniasis lesions were on the head (41%) or hand (36%), and the rest were on the foot (8%) or a combination of 2 or more sites (15%). The majority of patients (88%) presented with dry type lesions (Table 1).

### Identification and mapping of *Leishmania* spp.

Among the 64 slides examined for amastigotes using light microscopy, 37 (58%) were found positive and 27 (42%) negative.

The PCR technique identified 50 positive cases out of these 64 cutaneous leishmaniasis cases (78%). Amplified fragments of the ITS1 region of the rRNA gene on gel electrophoresis

are shown in Figure 1, lane 4. Of these PCR-positive cases, RFLP identified 48 cases (96%) as *L. tropica* and 2 cases (4%) as *L. major* (Figures 1 and 2).

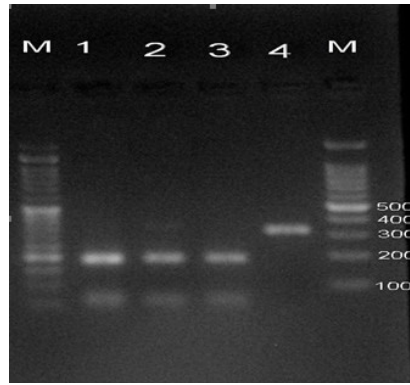
The phylogenetic relationships of *Leishmania* genotypes from Herat province were compared with other species in GenBank using the neighbour-joining algorithm (Figure 3). The sequences obtained were annotated in GenBank by accession numbers from KJ420582 to KJ420587.

The geographical distribution of cutaneous leishmaniasis cases in Herat, by species, is presented in Figure 4. The great majority of cases clustered in Injil district of Herat, with 2 cases in Zindajan and 1 case in Adraskan .

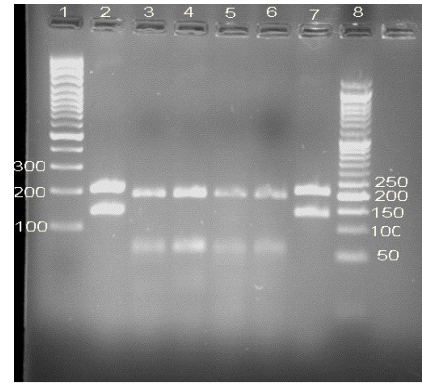
## Discussion

There are many studies concerning the identification of *Leishmania* spp. throughout the world, especially in the Middle East and Central Asia (3). The current study was a preliminary molecular report on cutaneous leishmaniasis in Herat province. All patients were local residents of Herat. Our results revealed that anthroponotic cutaneous leishmaniasis due to *L. tropica* was the dominant form of leishmaniasis in Herat (48/50 PCR-positive cases), although we cannot ignore the presence of zoonotic cutaneous leishmaniasis due to *L. major* (2/50 cases).

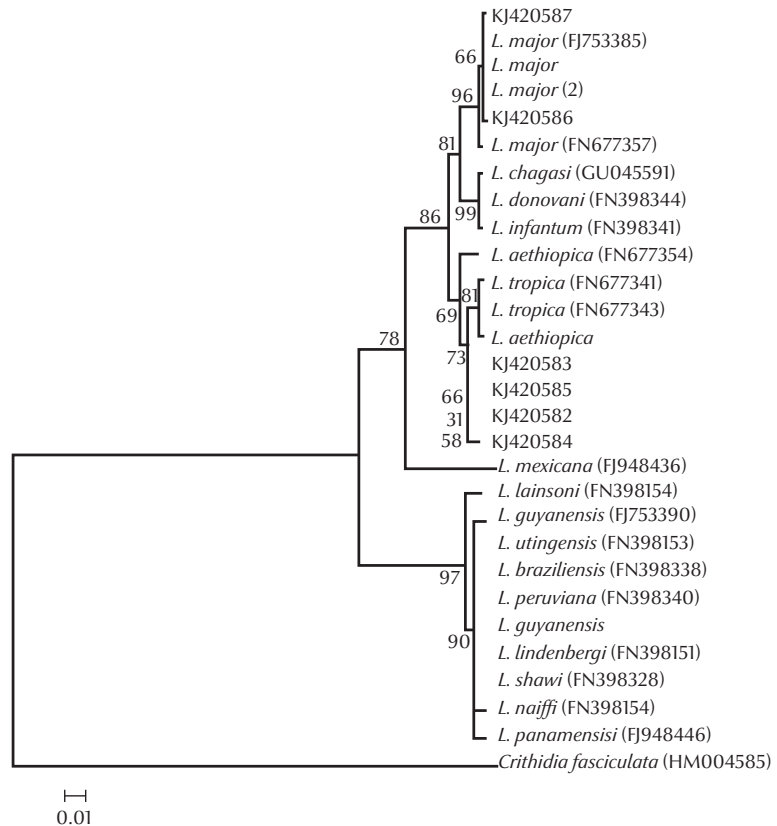
Research in the Islamic Republic of Iran, which shares a border with Afghanistan, indicated that *L. major* was the dominant species of *Leishmania* (27–31), except in Mashhad province, which is located near Herat in Afghanistan, where the larger portion of *Leishmania* cases belongs to *L. tropica* (27). A study in Turkey showed that *L. tropica* was the only existing species of *Leishmania* in Sanliurfa province (32). A recent study also revealed that *L. tropica* was the causative agent of leishmaniasis in humans in most parts of Turkey (33). A study on leishmaniasis in Yemen



**Figure 1** Polymerase chain reaction restriction-fragment length polymorphism (PCR-RFLP) analysis of the internal transcribed spacer-1 (ITS-1) region of the ribosomal RNA gene on gel electrophoresis, using the *Hae* III restriction enzyme. Lanes 1-3: samples recognized as *Leishmania tropica*; lane 4: amplified fragments of ITS1 region of rRNA gene. Left M: 50 bp marker; right M: 100 bp marker



**Figure 2** Polymerase chain reaction restriction-fragment length polymorphism (PCR-RFLP) analysis of the internal transcribed spacer-1 (ITS-1) region of the ribosomal RNA gene on gel electrophoresis, using the *Hae* III restriction enzyme. Lane 1: 100 bp marker, lanes 3-6: samples recognized as *Leishmania tropica*; lanes 2 and 7: samples recognized as *L. major*. Lane 8: 50 bp marker



**Figure 3** Phylogenetic relationships of *Leishmania* genotypes of the internal transcribed spacer-1 (ITS-1) region of the ribosomal RNA gene of the collected samples from Herat, Afghanistan (accession numbers KJ420582-KJ420587), compared with other species in GenBank by the neighbour-joining algorithm

revealed that *L. tropica* was the paramount species of *Leishmania*, although *L. infantum* and *L. donovani* were also identified (34). Most studies in Pakistan indicated that *L. major* was the major species of *Leishmania* in lowland areas, while *L. tropica* dominated in highland areas located near Afghanistan (22).

Many studies have indicated the existence of *L. major* either in Central Asia or northern parts of Afghanistan. Faulde et al. in 2007 reported that zoonotic cutaneous leishmaniasis caused by *L. major* was endemic in Balkh province, north of Afghanistan (35). They found that of 3958 cases, 3782 (95.5%) were zoonotic and thus concluded that *L. major* was the principal species of *Leishmania* in Balkh. In another study, the same authors found an aggressive strain of *L. major* in Uzbekistan (36). Moreover, according to Larréché et al. some virulent strains of *L. major* occur in various areas of Central Asia, especially in Turkmenistan (37).

We found that 64% of patients were male, 67% were aged under 20 years and 56% were of low income. The most

common pattern of lesions was 1 lesion (61%), of dry type (88%) and situated on the head (41%). Another study conducted by Ahrari and Yamin also in Herat regional hospital produced findings roughly in line with our data (25); 48% of patients were male, a majority were under 20 years old and 83% were of middle or lower socioeconomic class. They also found that 43% of lesions were located on the head and 60% of the patients had a single lesion. As in our study, most of their patients were resident in Injil district (25). It should be noted, however, that Injil is the nearest district to Herat hospital and it is likely that districts further from the hospital are equally affected by leishmaniasis but that patients could not afford to come to the hospital and therefore were not included in the study.

Myint et al. in their research in Pakistan reported that among 69 cutaneous leishmaniasis cases, 45 (65%) were males. Furthermore, 44 (64%) of the patients were under 20 years old, of whom 42 (61%) suffered from wet lesions and 46% had single lesions (22).

Their findings about the age and sex distribution of patients roughly correspond to our data. However, we found that 88% of patients had dry lesions and 61% had only a single lesion. Rassi et al. in a study in Qom, Islamic Republic of Iran, found that 46.7% of patients were males and 75.0% were aged 15 years and above. Their results about lesions showed that 64.4% of patients suffered from 1 lesion and 48.0% of the lesions occurred on the hands (31). Kato et al. in Venezuela found that 55% of the patients were under 20 years old, of whom 61% were males and 39% females (8). Their results were relatively in line with our data. Khatri et al. did similar research in Yemen. His patients comprised 66% males and 34% females and they showed that 65% of the patients possessed single lesions and a majority of the lesion were of the dry type, 1 to < 2 cm in size and located on the head (34). Their findings also correspond to our data.

In conclusion, our results reveal that *L. tropica* was more prevalent than *L. major* in Herat province of Afghanistan. Hence, the major strategies for prevention of cutaneous leishmaniasis should be directed towards treatment of infected individuals, due to the anthroponotic nature of transmission of *L. tropica*. However, we should not overlook the presence of *L. major* in Herat province which points to zoonotic reservoirs of the disease. The existence of both *L. tropica* and *L. major* in Afghanistan calls for serious prevention strategies, treatment and vaccination. The lack of modern, sensitive equipment for diagnosis and of effective health care facilities is problematic for physicians and patients.

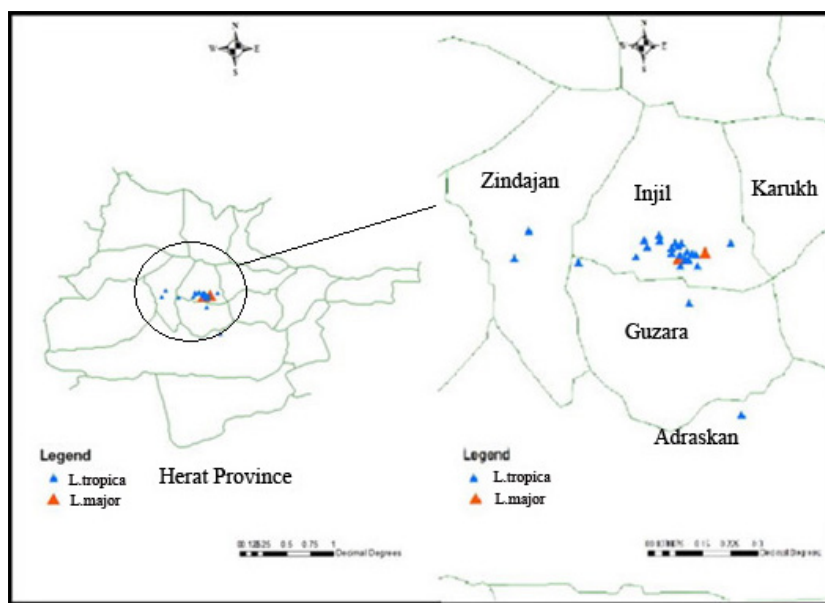


Figure 4 Geographical distribution of cases of *Leishmania major* ( $n = 2$ ) and *L. tropica* ( $n = 48$ ) from Herat in the west of Afghanistan, using ArcGIS software (left hand map shows Herat province with its districts; right hand map shows zoom view of districts)

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**Competing interests:** None declared.

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