

Risk of polio reintroduction to border regions of Islamic Republic of Iran: seroprevalence study of children with at least 5 doses of oral polio vaccine

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خطر عودة دخول شلل الأطفال في المناطق الحدودية لجمهورية إيران الإسلامية: دراسة للانتشار المصلي السكاني للأطفال الذين تلقوا 5 جرعات على الأقل من لقاح شلل الأطفال

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الخلاصة: تشعر جمهورية إيران الإسلامية بالقلق بسبب تحركات السكان من بلدان لم تحقق استئصال شلل الأطفال. وقد أجرى الباحثون دراسة مستعرضة مجتمعية في عام 2010، في مقاطعتي سيستان وبلوشستان التابعتين لولاية قريية من الحدود الجنوبية الشرقية. وكان هدف الدراسة تحديد معدل الانتشار المصلي للأضداد لدى الأطفال بعمر 20 شهراً (± شهرين)، ممن تلقوا 5 جرعات على الأقل من لقاح شلل الأطفال. واستخدم الباحثون طريقة الاعتيان العنقودي، وأدرجوا في الدراسة 365 طفلاً لإجراء الاختبارات المصلية؛ واعتبر الباحثون وجود عيارات تساوي أو تزيد على 1 إلى 10 نتيجة إيجابية. واتضح للباحثين أن معدلات الإيجابية المصلية لأضداد الأنماط المصلية لفيروس شلل الأطفال هي 94.1% بالنسبة للنمط المصلي 1، وهي 96.7% بالنسبة للنمط المصلي 2، وهي 78.3% بالنسبة للنمط المصلي 3. وكان أخفض معدل للإيجابية المصلية للأضداد المضادة للنمط المصلي 3 بين الأطفال الذكور (58.3%). وقد اتضح أن الاقتصار على الرضاعة الطبيعية من الثدي له تأثير مباشر على الاستجابة بالأضداد المضادة للنمط المصلي الثالث من فيروس شلل الأطفال. (معدل الأرجحية = 0.2)، فاصلة الثقة 95%، تتراوح بين 1.1 و3.6). ويُعدُّ تحسين الحماية المجتمعية ضد النمط المصلي 3 لفيروس شلل الأطفال من الأولويات الملحة للبرنامج.

ABSTRACT Movements of populations from countries where polio has not been eradicated is a concern in the Islamic Republic of Iran. A cross-sectional, community-based study was implemented in 2010 in 2 districts in Sistan-va-Baluchestan Province near the south-east border. The aim was to determine the seroprevalence of antibodies in children aged 20 (± 2) months who had received at least 5 doses of trivalent oral polio vaccine. Using cluster sampling, 365 children were enrolled for serological testing. Antibody titres $\geq 1:10$ were considered positive. Seropositive rates for antibody against poliovirus serotypes 1, 2 and 3 were 94.1%, 96.7% and 78.3% respectively. The lowest seropositive rate was for antibody against polio serotype 3 (PV3) among boys (58.3%). Exclusive breastfeeding showed a direct relationship with antibody response to PV3 (OR = 2.0; 95% CI: 1.1–3.6). Improving community protection against PV3 is an urgent programme priority.

Risque de réintroduction de la poliomyélite dans les régions frontalières de la République islamique d'Iran : étude de la séroprévalence chez des enfants ayant reçu au moins cinq doses du vaccin antipoliomyélitique oral

RÉSUMÉ Les déplacements de population en provenance d'autres pays où la poliomyélite n'a pas été éradiquée représentent une préoccupation en République islamique d'Iran. Une étude transversale communautaire a été menée en 2010 dans deux districts de la province du Sistan-Balouchistan près de la frontière du sud-est. L'objectif était de déterminer la séroprévalence des anticorps chez des enfants âgés de 20 (± 2) mois qui avaient reçu au moins cinq doses du vaccin antipoliomyélitique oral trivalent. L'échantillonnage en grappes était la méthode utilisée ; 365 enfants ont été recrutés pour une analyse sérologique. Des titres d'anticorps supérieurs ou égaux à 1:10 étaient considérés comme positifs. Les taux de séropositivité pour les anticorps dirigés contre les sérotypes des poliovirus 1, 2 et 3 étaient de 94,1 %, 96,7 % et 78,3 %, respectivement. Le taux de séropositivité le plus faible était celui correspondant aux anticorps contre le sérotype 3 du poliovirus chez les enfants de sexe masculin (58,3 %). L'allaitement au sein exclusif présentait un lien direct avec la réponse des anticorps au sérotype 3 du poliovirus (OR = 2,0 ; IC à 95 % : 1,1–3,6). Améliorer la protection de la communauté contre le sérotype 3 du poliovirus représente une priorité programmatique urgente.

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Introduction

The polio eradication programme was initiated by the World Health Organization (WHO) in 1988 and the Islamic Republic of Iran joined the campaign in 1991. In 2001, after 10 years of high coverage of routine immunization, supplementary immunization activities and watchful surveillance of acute flaccid paralysis (AFP), the country became polio-free [1]. Among nearby and neighbouring countries India was the most recent country that celebrated 1 full year with no new reported cases and has been considered polio-free since February 2012 [2,3]. However, the Islamic Republic of Iran shares borders with Afghanistan and Pakistan, 2 of the 3 countries that have not yet been able to stop wild poliovirus circulation. Until polio has been eliminated in a country there is a sustained threat to all nearby countries, especially those which have common borders, as it was the case with China in 2011, when importation from Pakistan led to the occurrence of an outbreak with 21 cases of wild poliovirus serotype 1 (PV1). That was the first wild poliovirus outbreak reported in the WHO Western Pacific Region since 1997 [3].

Continuous movement of people across borders, especially in the south-east region of the Islamic Republic of Iran—which is less developed compared with other parts of the country—has always been worrisome for the Iranian Ministry of Health. The last polio cases reported were 3 cases in 2001, all serotype 1, all imported from Pakistan to Chabahar district in Sistan-va-Baluchestan Province. Since then no other cases have been reported. Based on surveillance data, in 2010 the vaccination coverage of oral polio vaccine (OPV) in the Province was about 97%, and the rate of non-polio AFP cases per 100 000 population aged < 15 years was 2.5 (i.e. 25 non-polio AFP cases) [4]. To evaluate community protection

against infiltration of the wild poliovirus from the other side of the border, this study was implemented in Sistan-va-Baluchestan Province to determine the seroprevalence of antibodies to poliovirus in 20-month-old children vaccinated by at least 5 doses of trivalent OPV.

Methods

A cross-sectional, community-based study was implemented at the end of 2010 in 2 districts in the north and south of Sistan-va-Baluchestan Province, Islamic Republic of Iran. The field stage of the study began on 22 December 2010 simultaneously in both districts and continued for about 10 days. The study protocol was reviewed and approved by the Committee for Medical Research Ethics of Zahedan University of Medical Sciences.

Background to the study

Iranian national immunization programme

Based on the Iranian national immunization schedule, by the end of the 18th month of age, all children must have received at least 5 doses of OPV, scheduled at birth, 2, 4, 6 and 18 months. There is also a last 6th dose that all children have to receive before school entry (at 4–6 years of age). This schedule has been fairly constant within the past 10 years. In addition, each year in January and again in February, all children < 5 years of age have another chance to receive 2 additional supplementary doses during national immunization days. All OPV in Islamic Republic of Iran are produced by Razi Vaccine and Serum Research Institute in Tehran and all children who participated in this study had been vaccinated by trivalent OPV, i.e. live poliovirus serotypes 1, 2 and 3 (PV1, PV2 and PV3), from the same source.

Study setting

Sistan-va-Baluchestan Province, with a population composed of a mixture of urban (1 193 198 people), rural (1 206 547 people) and nomads (5 997 people), is located in the south-east of Islamic Republic of Iran, and has common borders and strong cultural ties with Pakistan and Afghanistan [5]. Despite the widely scattered population, in most districts the coverage of primary health care services, which includes routine immunizations, is above 90% both in rural and urban areas. Nevertheless, there are still hard-to-reach villages with small populations, and nomads with moving populations that are more vulnerable to any health treats.

The present study was implemented in the urban and rural regions of Zahedan in the north and Chabahar in the south, 2 districts located about 700 km away from each other in Province. Based on the latest published census results, the population of Zahedan district is 681 460 (585 842 urban, 95 434 rural and 184 nomads) and those of Chabahar district 216 681 (77 128 urban, 139 553 rural and no nomads) [5].

Sample

Target population

The target population for this study were all children within the age range of 20 (± 2) months (born from 22 February 2009 to 25 June 2009) living in Zahedan and Chabahar districts. The other inclusion criterion was a recorded history of receiving 5 OPV doses based on the national immunization schedule (regardless of the twice per year national immunization days).

Sampling scheme

Using reports from similar countries on seroconversion rates after OPV vaccination of about 88% (in Gambia) to 95% (in China) [6,7], we estimated a seroprevalence of about 85% in the study population. Considering the estimation confidence interval (CI) of 95% and the estimation error (i.e.

the difference between estimate and parameter that we were willing to tolerate) equal to 0.085, the required sample size was 68 children in each stratum [8]. Since Zahedan, the capital city of the Province, is more developed and is located about 700 km north of Chabahar, and since its population is almost 3 times that of Chabahar, we separated them in sampling. To ensure that the rural areas in each district had sufficient representation in the sample we also considered a separate stratum for urban and rural areas. Therefore, based on 4 strata for sampling (2 rural and 2 urban strata for Zahedan and Chabahar districts separately), the total sample size came to 280. However, since we were using the probability proportional to size cluster sampling method recommended by WHO for evaluation of vaccination coverage, we considered a sampling design effect equal to 1.5, in which the final sample size was 420 cases (105 for each layer) [9].

In both urban and rural areas there are complete lists of the households booked in each health centre. The cluster size was defined as at least 5 children eligible for the serological part (i.e. 21 clusters in each stratum) and in each cluster location, interviews and blood sampling were continued until the 5 children had been blood sampled. Using the results of the latest national census performed in 2006–07, cluster locations were defined for urban and rural parts of each district. In each stratum a cumulative list of the study population was produced and a systematic sample was selected from a random start. By dividing the total population of the communities by the number of communities to be selected in each stratum (i.e. 21 communities) the sampling interval was obtained. A random number between 1 and the result of the division was then chosen. This was fitted into position in the list to identify the first community in the sample. Then by adding the sampling interval to the initial random number

the remaining communities were selected. In both these districts there is an almost complete health register of all households and household members. We considered the dimension of each community to be 200 people. From each selected community we chose 5 subjects at random [9].

Data collection

The research teams comprised a nurse trained in blood sampling of children, an interviewer trained in using the study research questionnaire and a driver.

Household visits

Households were the primary sampling units. In each location, 5 households with children in the required age range were selected randomly using a table of random numbers from the log book of the health centre. Then the selected households were visited one by one searching for eligible children. The study questionnaire was filled during an interview with one of the parents (usually the mother) by an interviewer adept in the local language. If there were 2 eligible children in the same household, the interview was performed only for the younger one. If at the end of the interview, if the child was recognized as eligible for the serological part of the study based on the records in his/her vaccination card, a blood sample was taken. In the absence of parental consent to blood sampling the child was replaced by another one selected by the same method, while the information of the replaced child was kept for the sake of statistical analysis and comparison with other children.

Questionnaire

In addition to the demographic information such as sex, age and birth date, a full vaccination history based on the records of both the vaccination card and vaccination log books of the health houses was included in the questionnaire. The other important variables were feeding history in the first 6 months of life (exclusive breastfeeding

or other choices), education level and occupation of the parents, and selected economic indices, including the number of rooms, household size, possession and availability of furniture (e.g. air conditioners, refrigerator, mobile and fixed phone, oven, television, washing machine, vacuum cleaner, and computer), internet availability and possession of motorcycle or any other kind of vehicle.

Laboratory methods

Serum samples were screened for neutralizing antibody against PV1, PV2 and PV3 by micro-neutralization assay, which was performed by an in-house procedure according to WHO guidelines, with slight modifications [10].

Briefly, sera were inactivated at 56 °C for 30 minutes before the test, diluted 2-fold from 1:10 to 1:1280, and then incubated for 2 hours at 36 °C with equivalent volume of 100 TCID₅₀ [tissue culture dose to inhibit 50%] of PV1, PV2 or PV3. After the incubation period, 50 µL of L20B cell line (2 × 10⁴ cells/0.1 mL) was added to all the micro titre plate wells (including cell control wells to monitor uninfected cell viability). Each test serum was investigated in triplicate. A back-titration of the 3 serotypes was included in each run as a control. After incubation for 5 days, the highest dilution of serum that prevented the development of virus-induced cytopathogenic effects was recorded. A serum sample was considered positive if antibodies were present at a dilution 1: ≥ 10 of the serum specimen. To calculate geometric mean titre (GMT) seronegative reports (titres < 1:10) were considered as equal to 1:2.

Analysis

A computerized data bank was produced based on the completed questionnaires and the data were analysed using SPSS, version 15, and STATA, version 9.0. In addition to descriptive tables, we used the chi-squared and Mann-Whitney tests for data analysis,

and the odds ratios (OR) for univariate analysis [11].

Results

Eligible sample

Table 1 shows the sampling profile of the children in relation to vaccination status. Only 88.1% of the expected sample was fulfilled in Zahedan and 56.7% in Chabahar. A total of 75 children were excluded from the study; 48 were eligible with respect to their vaccination card records (15 in Chabahar and 33 in Zahedan) but were excluded due to the lack of a blood sample, and 27 children were excluded because they had received less than 5 doses of OPV. There were no reports of refusal to participate in either of the 2 districts, and failure in blood sampling was due to technical problems in drawing blood.

The mean age of the children eligible for blood sampling was 20.2 months (standard deviation = 1.3). The age of 27 of the participants (10 in Zahedan and 17 in Chabahar) was above 22 months. However, we decided to keep them in the sample and so the youngest participant was 18.6 months and the oldest 23.8 months. Most interviews were performed with mothers (78% in Chabahar and 86% in Zahedan); the remainder were performed with another first-degree relative.

In both districts 61 children who were not eligible for the serological part of the study were also blood sampled (due to some misunderstanding

of nurses about the study protocol especially in Chabahar). Of these children 53 were from Chabahar and 8 from Zahedan; 52 had recorded history of receiving 4 doses of OPV, 6 had received 3 OPV, 2 had received 2 OPV and 1 had received only 1 dose. Even though it affected the sampling scheme of the study, this mistake in allocation of children provided an opportunity to study the serological response of children to only 4 doses of vaccine.

Serological results

Table 2 shows the results of serological tests. The overall seropositive rates for antibody against PV1, PV2 and PV3 were 94.1%, 96.7% and 78.3% respectively. The seroprevalence of antibody against PV3 was higher in Zahedan than Chabahar and in urban than rural regions. The seroprevalence of antibodies to PV3 was lower than antibodies to the other 2 poliovirus serotypes. The seroprevalence of antibodies against PV1 and PV2 among fully vaccinated children was above 90% in rural and urban areas of both districts, whereas seroprevalence against PV3 was below 90% in most subgroups, except in the urban areas of Zahedan. In the rural areas of Chabahar the seroprevalence of antibodies against PV3 was 60.3%. The last 2 rows of Table 2 show that the seroprevalence of antibodies against PV1 and PV2 in children who were not fully vaccinated were comparable with that of fully vaccinated children.

Serological results by sex

Table 3 shows the serological results by sex of the children. The male:female ratio of all participants in the samples of the districts, taken together, was 6:4. The lowest seropositive rate for antibody against PV3 was observed among male children in Chabahar district (58.3%). The PV3 seronegative rate was significantly higher in males than in females (26.0% versus 16.3%) (OR = 1.8; 95% CI: 1.0–3.2) and this difference was greater in Chabahar (41.7% versus 25.5%) than Zahedan (14.4% versus 11.4%). Even when we add those 44 participants in Chabahar who had received only 4 OPV (1 dose less than the other participants) there was still a difference in the seropositive rate between males and females (53.2% versus 66.7% respectively) (OR = 1.8; 95% CI: 0.9–3.4; $P = 0.084$).

There were no difference in serological status between males and females with regard to age distribution (t -test; $P = 0.816$), place of living (urban versus rural) (OR = 1.7; 95% CI: 0.8–3.7) and socioeconomic factors such as father's education ($P = 0.350$), mother's education ($P = 0.507$), household size ($P = 0.631$) or vehicle ownership ($P = 0.183$) [data not shown].

Geometric mean antibody titres

Table 4 shows the GMTs of antibodies against the 3 polio serotypes presented separately and by urban/rural region. The difference between the GMT of urban and rural regions was tested

Table 1 Sampling profile of the seroprevalence study of poliovirus antibodies in children aged 18–22 months: January 2010, Sistan-va-Baluchestan Province, Islamic Republic of Iran

Vaccination status of child	Zahedan		Chabahar		Total
	Blood sampled	No blood sampled	Blood sampled	No blood sampled	
	No.	No.	No.	No.	No.
At least 5 recorded OPV vaccinations	185	33	119	15	352
Less than 5 recorded OPV vaccinations	8	20	53	7	88
Total	193	53	172	22	440

OPV = oral polio vaccine.

Table 2 Serological results in children aged 18–22 months by district and vaccination status: January 2010, Sistan-va-Baluchestan Province, Islamic Republic of Iran

District/area	No. of received OPV	No. of children	Seropositive for PV1 % (95% CI)	Seropositive for PV2 % (95% CI)	Seropositive for PV3 % (95% CI)	Seropositive for all 3 serotypes % (95% CI)	Seronegative for all 3 serotypes % (95% CI)
Zahedan							
Urban	5	101	92.1 (86.8–97.3)	94.1 (89.1–99.0)	90.1 (83.3–96.9)	80.2 (71.7–88.7)	1.0 (0.0–2.9)
Rural	5	84	95.2 (89.8–100.0)	96.4 (92.8–100.0)	83.3 (76.4–90.3)	79.8 (73.3–86.2)	0.0 (–)
Total	5	185	93.5 (89.7–97.3)	95.1 (91.9–98.3)	87.0 (82.1–92.0)	80.0 (74.5–85.5)	0.5 (0.0–1.6)
Chabahar							
Urban	5	41	97.6 (93.1–100.0)	100.0 (–)	73.2 (56.2–90.1)	70.7 (51.0–90.4)	0.0 (–)
Rural	5	78	93.6 (88.7–98.4)	98.7 (96.2–100.0)	60.3 (47.5–73.0)	56.4 (45.1–67.7)	0.0 (–)
Total	5	119	95.0 (91.4–98.5)	99.2 (97.5–100.0)	64.7 (54.4–75.0)	61.3 (51.2–71.5)	0.0 (–)
Both districts							
Urban	5	142	93.7 (89.7–97.7)	95.8 (92.1–99.4)	85.2 (77.9–92.5)	77.5 (69.1–85.9)	0.7 (0.0–2.0)
Rural	5	162	94.4 (90.7–98.1)	97.5 (95.2–99.8)	72.2 (64.1–80.3)	68.5 (61.2–75.8)	0.0 (–)
Total	5	304	94.1 (91.4–96.8)	96.7 (94.6–98.8)	78.3 (72.6–84.0)	72.7 (67.1–78.3)	0.3 (0.0–1.0)
Non-eligible children^a							
Total sample	4	52	98.1 (94.3–100.0)	98.1 (94.4–100.0)	50.0 (36.1–63.9)	48.1 (32.9–63.2)	0.0 (–)
Total sample	< 4	9	88.9 (67.0–100.0)	100.0 (–)	77.8 (55.9–99.6)	77.8 (55.9–99.6)	0.0 (–)

^aChildren with history of < 5 recorded OPV received.

CI = confidence interval; OPV = oral polio vaccine; PV1 = poliovirus serotype 1; PV2 = poliovirus serotype 2; PV3 = poliovirus serotype 3.

using both independent sample *t*-test and Mann-Whitney test. There were clear differences in GMT between the 2 areas for PV1 and PV3 response but this only reached statistical significance for PV3 ($P = 0.027$). Comparisons between the 2 districts and between the urban and rural regions within each district showed no significant differences. GMT comparisons between the 2 sexes were also not significant [data not shown].

Exclusive breastfeeding and antibody response

One of the questions that we asked in interviews was about exclusive breastfeeding during the first 6 months of life. This was the only variable in the interviews that showed a positive relationship with antibody response to PV3 (Table 5). Compared with the other mentioned feeding groups, the probability of being seropositive for anti-PV3 antibody was twice as high among children who had been

exclusive breastfed during the first 6 months of life.

Discussion

In both districts the seroprevalence of antibodies against PV1 and PV2 among fully vaccinated children were above 90% but that of PV3 was below 90%, except in urban areas of Zahedan. In the rural areas of Chabahar, however, the anti-PV3 seroprevalence was only about 60%, and this is a concern when we bear in mind that our study population were children in their 2nd year of life, i.e. the most vulnerable and the most important target group for protection. In view of the continuous movement of populations between the Islamic Republic of Iran and Pakistan border (for social and commercial purposes) and the poor sanitary conditions of the rural areas (without proper water supplies) coupled with poor health behaviours in the early

childhood years, it could be concluded that the persistence of such low protection might sooner or later lead to polio outbreaks.

There are some points to be kept in mind with regard to interpretation of our serological results, and also with regard to the number of received doses of OPV in the study population. The birth dates of the sample were between 22 February 2009 and 25 June 2009. As mentioned before, in Iranian Ministry of Health implements national immunization days biannually in all the border regions and performs a “mopping up” phase in the rural areas. Within the time interval from the birth date of the eldest child and the implementation date of this study, 2 national immunizations was performed (in January and February 2010). However, since the vaccine that was administered during the national immunization days were not recorded anywhere, we did not count them in calculation of the number of received vaccines for the children in

Table 3 Serological results in children aged 18–22 months who have received 5 doses of oral polio vaccine by district and sex: January 2010, Sistan-va-Baluchestan Province, Islamic Republic of Iran

District/seropositivity	Male		Female		OR (95% CI) ^b	P-value
	No.	%	No.	%		
Zahedan						
Seropositive for PV1	87	89.7	86	97.7	4.9 (1.1–23.2)	0.027
Seropositive for PV2	92	94.8	84	95.5	1.1 (0.3–4.4)	0.847
Seropositive for PV3	83	85.6	78	88.6	1.3 (0.5–3.1)	0.535
Total ^a	97	–	88	–		
Chabahar						
Seropositive for PV1	71	98.6	42	89.4	0.12 (0.0–1.0)	0.024
Seropositive for PV2	72	100.0	46	97.9	–	0.214
Seropositive for PV3	42	58.3	35	74.5	2.1 (0.9–4.7)	0.072
Total ^a	72	–	47	–		
Both districts						
Seropositive for PV1	158	93.5	128	94.8	1.3 (0.5–3.4)	0.627
Seropositive for PV2	164	97.0	130	96.3	0.8 (0.2–2.8)	0.717
Seropositive for PV3	125	74.0	113	83.7	1.8 (1.0–3.2)	0.041
Total ^a	169	–	135	–		

^aTotal no. of children in layer^bUnivariate odds ratio.

CI = confidence interval; PV1 = poliovirus serotype 1; PV2 = poliovirus serotype 2; PV3 = poliovirus serotype 3.

this study (for the sake of precision and validity of the data).

In both districts, the seroprevalence of antibodies to PV3 was lower than antibodies to PV1 and PV2. Since the immunogenic substance for all 3 types of OPV came from the same manufacturer, problems of cold-chain or problems with vaccination techniques did not seem to be an appropriate explanation for lower seroconversion rates against PV3. If these had been the cause,

the antibody level against the other 2 poliovirus serotypes should also be low. Such a difference between the seroprevalence of antibodies to PV3 and the other 2 polio serotypes is not unique to our country and has been reported from other countries (both developing and developed). However, none of them have presented an acceptable explanation for the difference between antibody response to PV3 and the other 2 poliovirus serotypes [12–17]. We

think this finding, which suggests that the immunogenicity of PV3 might be less than the other 2 polio serotypes, deserves further investigation, especially from the immunological perspective.

During the 1999 outbreak of poliomyelitis in India, out of 1126 virologically confirmed cases, 719 (64%) cases were due to PV3 [14]. The danger of low community protection against PV3, especially for communities that have a high exchange rate with potentially

Table 4 Geometric mean antibody titres against poliovirus serotypes in fully vaccinated children aged 18–22 months, by urban and rural regions of both districts combined: January 2010, Sistan-va-Baluchestan Province, Islamic Republic of Iran

Virus type/area	No. of children	Geometric mean titre	P-value (independent t-test)	Mean rank	P-value (Mann-Whitney test)
PV1					
Urban	142	117	0.148	162	0.075
Rural	162	88		144	
PV2					
Urban	142	120	0.823	152	0.937
Rural	162	125		152	
PV3					
Urban	142	43	0.023	164	0.027
Rural	162	26		142	

PV1 = poliovirus serotype 1; PV2 = poliovirus serotype 2; PV3 = poliovirus serotype 3.

Table 5 Relationship between exclusive breastfeeding and antibody response to poliovirus serotype 3 in children aged 18–22 months who had received 5 doses of oral polio vaccine: Sistan-va-Baluchestan Province, Islamic Republic of Iran

Method of feeding in first 6 months	Seropositive for PV3		Seronegative for PV3		OR (95% CI) ^a	P-value
	No.	%	No.	%		
Exclusive breastfeeding	187	78.6	43	65.2	2.0 (1.1–3.6)	0.025
Other feeding ^b	51	21.4	23	34.8		

^aUnivariate odds ratio; ^bIncluding: breastfeeding accompanied with feeding with powder milk; breastfeeding accompanied with feeding with cow's milk; exclusive feeding with powder milk; exclusive feeding with cow's milk.

OR = odds ratio; CI = confidence interval; PV3 = poliovirus serotype 3.

infecting communities, has been noticed in other studies, and such a threat has to be taken seriously and managed appropriately [12,15,17].

It is worth mentioning that there have also been some studies showing that, even though the seroprevalence of antibodies to PV3 is still lower than the other 2 serotypes, the difference is not large [13,18,19]. There is some evidence that using monovalent vaccines may cover the problem of lower seroconversion rates of polio serotypes, as reported during a meticulous study in Nigeria of monovalent type 1 OPV [20].

We also found a large difference in the seroprevalence of antibody against PV3 between Zahedan and Chabahar and also between the rural and urban regions of Chabahar. The analysis of GMTs against the poliovirus serotypes (which provides data not only about the positive or negative range of antibody level, but the antibody level itself) also showed a significant difference in PV3 antibody titres between urban and rural regions. Again, we do not have any good explanation for this.

Our data on seroprevalence of antibodies in children who were not fully vaccinated showed that the antibody response to PV1 and PV2 were comparable with those of fully vaccinated children. However, this may be due to the effect of national immunization days, which were not considered in our calculations of the number of received vaccines for the sake of precision and validity of data.

We found a significant difference between male and female participants in Chabahar with regard to anti-PV3 seroprevalence although we did not find any difference between the sexes with regard to any other demographic and socioeconomic variables. However, we still have to answer the question why the same difference did not occur in the serological response to the other 2 serotypes. Such a difference in the serological status between males and females was not seen for PV1 and PV2 and could not be explained just based on flaws in our sampling scheme, cold-chain or techniques of vaccine administration, or even vaccine quality. More observations and data gathering in future studies is required to confirm that this finding was not a chance one.

As mentioned before, the children who had been exclusively breastfed during the first 6 months of life were about twice as likely to have a seropositive result for PV3. We could not find any similar findings in other studies from other countries, apparently because this has not been studied before. This finding needs further research to confirm it and we suggest the inclusion of questions about breastfeeding history in future studies on vaccines.

We have detailed the sampling scheme and the flaws and pitfalls that occurred during implementation of the study. The main reason for using a stratified sampling method in this study was to ensure that sufficient numbers of eligible children from the study population would be taking part in the study. Considering this purpose we think that

the sample was sufficient to satisfy the main objective of the study, i.e. estimation of the seroprevalence of the anti-poliovirus antibody in fully vaccinated children. However, most of the unexplained observations were in Chabahar, the area where we have had more problems in sampling. We hope that future studies can resolve whether this was a chance finding or if these observations are the result of poor implementation of the study sampling scheme.

It is clear that there is a real threat posed by the low seroprevalence of antibody against PV3 in the study population, especially in the rural areas. Consolidation of community protection against the threat of wild poliovirus transmission should be among the high priority health interventions in the study area.

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