Molecular typing of *Mycobacterium* spp. isolates from Yemeni tuberculosis patients

A.A. Al-Mahbashi,¹ M.M. Mukhtar² and E.S. Mahgoub³

ABSTRACT This study was done to characterize at the species level *Mycobacterium* spp. isolates from Yemeni pulmonary tuberculosis patients. Early-morning sputum samples were collected from 170 patients referred to the National Tuberculosis Institute in Sana’a city with suspected pulmonary tuberculosis. Samples were processed with Ziehl–Neelsen stain and cultured in Ogawa and Lowenstein–Jensen media. The \( rpoB \) gene target sequence was amplified using mutagenesis forward and reverse primers followed by \( HindIII \) enzyme digestion. Of the 120 isolates analysed, 118 (98.3%) were identified as *M. tuberculosis* complex and 2 (1.7%) were identified as mycobacteria other than *M. tuberculosis*. The results showed that those 2 isolates were multi-drug resistant and the DNA sequencing analysis showed that the alignment of nucleic acid in isolates of mycobacteria other than *M. tuberculosis* was different from that of *M. tuberculosis* complex.

Tytype moléculaire des isolats de *Mycobacterium* spp. prélevés chez des patients yéménites atteints de tuberculose

RÉSUMÉ La présente étude a été menée afin de caractériser l’espèce des isolats de *Mycobacterium* spp. prélevés chez des patients yéménites atteints de tuberculose. Des échantillons d’expectoration ont été prélevés tôt le matin chez 170 patients qui avaient été orientés vers l’Institut national de la tuberculose de la ville de Sanaa pour suspicion de tuberculose pulmonaire. Les échantillons ont été traités par coloration de Ziehl-Neelsen et mis en culture sur milieux Lowenstein-Jensen et Ogawa. La séquence cible du gène \( rpoB \) a été amplifiée selon la méthode des amorces mutagènes directe et inverse suivie par une digestion par l’enzyme \( HindIII \). Sur les 120 isolats analysés, 118 (98,3 %) ont été identifiés comme appartenant au complexe *M. tuberculosis* et 2 (1,7 %) comme étant des mycobactéries d’un autre type que *M. tuberculosis*. Nos résultats ont révélé que ces deux isolats étaient pharmaco-résistants tandis que l’analyse des séquences d’ADN a montré que l’alignement d’acide nucléique dans les isolats des mycobactéries d’un autre type que *M. tuberculosis* était différent de celui du complexe *M. tuberculosis*.

¹Department of Microbiology, Faculty of Science, University of Sana’a, Sana’a, Yemen.
²Institute of Endemic Disease; ³Department of Microbiology and Parasitology, Faculty of Medicine, University of Khartoum, Khartoum, Sudan
(Correspondence to E.S. Mahgoub: mahgoubsh@gmail.com).
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Introduction

Tuberculosis (TB) is a disease of major public health concern worldwide. It is a bacterial infectious disease that is considered the second most important cause of death due to an identifiable infectious agent [1]. Approximately one-third of the world's population is infected with latent TB and 5%–10% of this population will develop active stages of the disease during their lifetime [2].

TB is a highly transmissible disease and infection can occur via inhalation of droplet particles aerosolized from persons infected with Mycobacterium tuberculosis or by consumption of milk infected with bovine M. bovis. The disease can infect humans and animals, with outcomes ranging from localized lesions to disseminated disease. The genus Mycobacterium comprises more than 70 species, some of which are potentially pathogenic to humans and animals and some of which are saprophytic. Mycobacteria that cause TB in mammals form the Mycobacterium tuberculosis complex (MTC) and include M. tuberculosis, M. africanum, M. bovis or M. bovis BCG, M. microti and M. canetti. Other forms of mycobacteria that are considered opportunistic are termed mycobacteria other than Mycobacterium tuberculosis (MOTT) [3].

Yemen is one of the poorest of the world’s low-income countries and TB is one of the most infectious diseases that are endemic in the Yemeni population. The absolute number of TB cases in Yemen is not known, but 37,000 cases were recorded as under treatment throughout the country in the year 2002 [4]. The main objective of this study was to use molecular techniques to identify and characterize Mycobacterium spp. isolated from pulmonary TB patients in Yemen.

Methods

Sample collection

The study was conducted on patients referred to the National Tuberculosis Institute in Sana’a city with suspected pulmonary TB based on their presentation with cough more than 2 weeks. The Institute is a specialist referral centre for TB diagnosis and therapy and is situated in Sana’a the capital city of Yemen. The Institute receives TB patients from all regions of Yemen and provides free treatment.

An early-morning sputum sample was collected from 170 patients into wide-mouthed plastic containers. Baseline data of the patients was collected by completion of a questionnaire administered during the collection of samples. Samples were collected between January 2004 and October 2005 and the study was completed in 2008.

The study was approved by the University of Sana’a ethics committee and consent was obtained from the participants before their enrolment in the study.

Laboratory methods

Antibiotic sensitivity testing, using standard methods, was carried out on cultures from all 170 samples. For cost reasons, PCR was done on only 120 of the samples.

Staining and culture methods

Sputum samples were treated with 4% NaOH and stained by Ziehl–Neelsen stain to detect acid-fast bacilli [5]. The sputum samples were cultured on a special egg-based solid medium (Ogawa medium) according to the procedures of the Japan International Cooperation Agency [6]. Typically growth of Mycobacteria spp. appears within 3–4 weeks. The colonies are buff in colour with a dry and friable surface and irregular edges.

DNA extraction

Two colonies were taken from the culture medium and placed in 100 µL of sterile distilled water; 100 µL of phenol-chloroform reagent was added and the mixture was vortexed for about 10 s and heated at 80 °C for 20 min. The mixture was stored at –20 °C in microcentrifuge tubes (free from DNA or RNA) until needed [7].

Polymerase chain reaction technique

Primers specific for the rpoB gene, encoding the B-subunit of RNA polymerase (rpoB DNA, 342–360 base pairs) was the target region for amplification and identification of Mycobacterium spp. [8]. The polymerase chain reaction (PCR) mixture was prepared as follows: distilled water 5.0 µL, sample DNA 4.0 µL, PCR buffer 2.5 µL, PCR MgCl2, 2.0 µL, PCR dNTP 2.5 µL, primers 3 µL, Tag polymerase 1.0 µL. The PCR mixture was gently mixed and amplified using a thermocycler (Perkin Elmer) adjusted to the cycling programme for 30 cycles. The sequence of rpoB primers for the mutagenesis forward primer was 5′-CGACAATCTTCGGCACAACGG-3′ and for the mutagenesis reverse primer was 5′-TCGATCACGGGCACTACCCG-3′.

Restriction fragment length polymorphism (RFLP)

Following amplification of the rpoB gene the product was subjected to digestion by HindIII restriction enzymes (Roche) as follows: 15 µL from PCR product was pipetted into PCR tubes, 2 µL of enzyme was added to the tube, 2 µL of enzyme buffer was also added to the tube, then 1 µL of distilled water was added to the mixture and mixed well [9].

DNA sequencing analysis

PCR-amplified DNA of the drug-resistant isolates was commercially
sequenced by Macrogen Company using the BigDye terminator cycling and universal primers.

**Results**

The age of the whole sample of 170 patients ranged between 12–70 years old, and the largest proportion was in the age group 20–30 years (Table 1). There were significantly more males (117, 69%) than females (53, 31%) ($P < 0.05$).

After culture and sensitivity testing of isolates, 15 antibiotic resistant isolates were found: 5 (33.3%) were resistant to 1 drug, 4 (26.6%) to 2 drugs, 4 (26.6%) to 3 drugs and 2 (13.3%) to 4 drugs. The resistance data were as follows: isoniazid 14/15 (93%), rifampicin 8/15 (53%), streptomycin 5/15 (33%) and ethambutol 6/15 (40%).

Our results showed that mycobacterial DNA was amplified successfully using the relevant primers and the size of DNA was 360 bp compared with the molecular weight marker (100 bp) (Figure 1).

The PCR-RFLP results showed that 118/120 (98.3%) of the isolates were MTC, whereas 2/120 (1.7%) were MOTT (Figure 2A and B).

The DNA sequencing analysis results showed that the DNA sequence of MTC strains were different from MOTT strains (Figure 3).

**Discussion**

A recent health report on Arab countries by the World Health Organization declared that TB was an important public health problem in the 19 Arab countries of the Eastern Mediterranean Region, affecting 240,000 people with 53,000 deaths every year; 85% of the deaths occurred in adults [10]. In Yemen, TB is considered one of the major infectious diseases recorded in the national disease list [11]. A rapidly increasing population, poor quality health services, very low annual income of individuals and the whole country’s poor economic status are the most important factors responsible for the high incidence of TB in the country [12].

In the present study 170 patients were recruited who were suspected of having pulmonary TB based on their presentation with cough more than 2 weeks. The age of the patients ranged between 12–70 years old, and the highest prevalence was among the age group 20–30 years. These results are in agreement with previous reports from the national disease surveillance infectious diseases centre and the Ministry of Health [11,12]. As previously reported, in this study males were significantly more affected than females [13]. In Yemen the higher rate of TB in males may be attributed to the different habits of males, especially smoking the waterpipe (nargile or mada’a), which is usually shared between different persons. Another prevalence study on pulmonary TB

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Figure 1 Polymerase chain reaction assay results using the MF and MR primers for detection and amplification of the *Mycobacterium rpoB* gene from the isolates with leader marker (100 bp) to detect the size of amplified DNA: M = molecular weight control marker (100 bp); P = positive control; N = negative control; lanes 1–13 from patient samples.
attributed the low prevalence of TB among women to underdetection of TB in females because women often choose medical care providers operating outside the national TB control centres [14].

Routine sputum smears and *Mycobacterium* spp. cultures confirmed the presence of acid-fast bacilli in the 170 sputum samples examined. However, acid-fast staining does not identify the *Mycobacterium* to the species level. In addition the time required to detect the organism by routine culture is approximately 4–8 weeks. PCR assay was therefore used to characterize 120 of the isolates. The *rpoB* gene was successfully amplified in all isolates and enabled identification of *Mycobacterium* spp. following restriction of the PCR product by *HindIII* restriction enzyme that produced 2 DNA fragments in the amplicons of *M. tuberculosis*.

The PCR-RFLP results identified 98.3% of isolates as MTC and 1.7% samples as MOTT. Interestingly the MOTT isolates were resistant to isoniazid, rifampicin and streptomycin. MOTT have been reported to cause infection in humans and to complicate treatment regimens since they may not respond to routinely used anti-TB drugs [15–17]. Based on the results of this study we recommend the use of molecular techniques for identification of the *Mycobacterium* spp. before initiation of treatment.

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References