

Disease severity associated with cystic fibrosis mutations $\Delta F508$ and S549R(T→G)

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وخامة الأمراض المترافقة مع الطفرتين $\Delta F508$ و S549 (T→G) للتليف الكيسي
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خلاصة: تهدف هذه الدراسة للمقارنة بين الوخامة السريرية (الإكلينيكية) التي ترافق كلا من الطفرة $\Delta F508$ والطفرة S549 (T→G) للتليف الكيسي. وقد تمت مقارنة متغيرات التليف الكيسي في مجتمعات متشابهة من الأطفال المصابين بالتليف الكيسي في الإمارات العربية المتحدة. وقد أظهرت المعطيات التي توافرت لدينا نماذج يمكن مقارنتها مع قيمة متدنية جداً لأحراز شفاشمان ومستويات مرتفعة للكليوريد في العرق. وقد استنتجنا أن المرضى المتماثلين الزيجوت بالنسبة لطفرتي التليف الكيسي $\Delta F508$ و S549R (T→G) تتجلى بصور سريرية متعددة وبأمراض مختلفة ولا يمكن تمييزها سريريا.

ABSTRACT We compared the clinical severity associated with the two cystic fibrosis (CF) mutations S549R(T→G) and $\Delta F508$. Clinical and biochemical variables of CF were compared in two age- and sex-matched groups of CF children in the United Arab Emirates (UAE). The clinical severity of mutations S549R(T→G) and $\Delta F508$ showed comparable patterns, with very low Shwachman scores and high sweat chloride levels. We conclude that patients homozygous for the CF mutations $\Delta F508$ and S549R(T→G) have a severe clinical presentation and illness and are indistinguishable on clinical grounds.

Gravité de la maladie associée aux mutations $\Delta F508$ et S549R(T→G) de la mucoviscidose

RESUME Nous avons comparé la sévérité clinique associée à chacune des deux mutations S549R(T→G) et $\Delta F508$ de la mucoviscidose. Les variables cliniques et biochimiques de la mucoviscidose ont été comparées dans deux groupes d'enfants atteints de mucoviscidose, appariés selon l'âge et le sexe, aux Emirats arabes unis. La sévérité clinique des mutations S549R(T→G) et $\Delta F508$ avait des caractéristiques comparables, avec des scores de Shwachman très bas et de fortes concentrations de chlorure dans la sueur. Nous concluons que les patients homozygotes aux mutations $\Delta F508$ et S549R(T→G) de la mucoviscidose présentent un tableau clinique et une maladie sévères et qu'aucune distinction entre eux ne peut être établie sur le plan clinique.

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Received: 25/06/00; accepted: 29/03/01

Introduction

Cystic fibrosis (CF) is a disease characterized by a marked clinical variability as a result of the existence of allelic heterogeneity [1]. Other than mutation $\Delta F508$, there are over 1000 mutations which are potentially disease-producing [2]. We have previously described the clinical presentation associated with the S549R(T→G) CF mutation as it presents in the Bedouin population of the United Arab Emirates (UAE) [3,4]. In the homozygous state, the disease produced is severe and is characterized by extreme lung disease and malabsorption. The mutation $\Delta F508$ is also present in a homozygous state in nationals of the UAE who are of Baluch descent [5].

The purpose of this study was to compare the disease severity associated with each of these two mutations as they present in the UAE, where environmental factors and health care access are uniform and controlled and the patients are homozygous for their respective mutations.

Methods

Patients

The study subjects consisted of two groups of 5 children who were age- and sex-matched and were homozygous for the mutation S549R(T→G) or $\Delta F508$ (Table 1). There were 2 males and 3 females in each group. We also compared the group of 5 CF, $\Delta F508$ homozygote patients with a non-matched group of 15 CF children who were S549R(T→G) homozygotes. This latter group, which we have described before [3], included the 5 patients constituting the matched S549R(T→G) group.

Although the overall number of CF patients in this study is relatively small, we have shown previously that these subjects constitute the pool of most of the CF pa-

tients found in the UAE [6], and the pool of 20 patients investigated here has been actively recruited over the past 7 years. The patients were referred to the CF Clinic, Tawam Hospital (Al-Ain, UAE) from all parts of the country by different physicians. All children, as UAE citizens, have free access to hospital care and the costs of their drugs and investigations are met by the State.

Clinical investigation

Data on age, age at diagnosis, current height and weight percentiles were collected for the matched children. A Shwachman score was calculated for each child [7]. Data were expressed as means plus one standard deviation for the separate CF mutation groups. Information was also collected on the following: history of meconium ileus, pulmonary infection, evidence of pancreatic insufficiency (determined on the basis of enzyme replacement and/or chymotryptic activity in the stool) and associated problems such as nasal polyps, sinusitis, pancreatitis, diabetes mellitus or rectal prolapse.

The presence of respiratory tract colonization was noted and specific organisms were identified from positive sputum cultures or tracheal aspirate results.

CF transmembrane conductance regulator (CFTR) mutation analyses

DNA of the patients was extracted from leukocytes in 2 to 5 mL of venous blood collected in EDTA tubes. The detection of mutation S549R localized in exon 11 (T→G at nucleotide 1779) was carried out routinely by *Dra*III restriction endonuclease analysis of exon 11 polymerase chain reaction (PCR) products, and the mutation was confirmed by sequencing analysis according to protocols and conditions that have

been described elsewhere [4,6,8]. $\Delta F508$ was detected by PCR analysis according to conditions that have been previously described, and mutant alleles were also confirmed by sequence analysis [4,6,8].

Results

The comparative pooled data for both groups of children are listed in Table 1. Included for comparison are the findings from fifteen children with mutation S549R(T→G) previously published [3]. In the matched groups the main difference is the earlier diagnosis in the $\Delta F508$ group, a difference, however, that was not statistically significant ($P = 0.57$). Shwachman scores showed no difference and sweat electrolyte levels were marginally higher in the S549R(T→G) group. The mean sweat chloride levels were higher in both the matched and unmatched S549R(T→G)

groups. This was not statistically significant ($P = 0.34$).

Discussion

Our findings support the view that the S549R(T→G) CF mutation is associated with a clinically severe form of the disease. Further, the results are in keeping with our contention that the clinical disease associated with the mutation in the homozygous state is as severe as that produced by the $\Delta F508$ mutation. The major difference found between the age- and sex-matched patients was that the diagnosis was established earlier in the group of $\Delta F508$ homozygotes. However, despite this, there was no difference in the Shwachman scores between these groups.

One of the unique features of this study is that the patients are all homozygous for

Table 1 Clinical data associated with CFTR mutations S549R(T→G) and $\Delta F508$

| Variable | Matched $\Delta F508$ (n = 5) | Matched S549R (n = 5) | Non-matched S549R (n = 15) |
|---|----------------------------------|---------------------------------|---------------------------------|
| Current age range (months) | 36-120 | 36-120 | 1-144 |
| Mean age at diagnosis $\pm s$ (months) | 6.8 \pm 4.2 (range 2-12) | 22.0 \pm 25.6 (range 1-60) | 12.0 \pm 13.0 (range 2-36) |
| Mean sweat chloride level $\pm s$ (mmol/L) | 97.8 \pm 19.1 | 113.0 \pm 23.3 | 120.0 \pm 21.0 |
| Shwachman score $\pm s$ | 45.0 \pm 5.7 | 45.4 \pm 5.1 | 45.5 \pm 7.0 |
| Pancreatic insufficiency | 4/5 | 5/5 | 13/15 |
| Pseudomonas colonization | 4/5 | 2/5 | 9/15 |
| Meconium ileus | 0/5 | 0/5 | 0/15 |

s = standard deviation.

their particular mutation, lived in the same harsh climatic and physical environment, and had free access to health care. We included another group of patients with the S549R(T→G) mutation in Table 1 whose details have been published before [3]. The clinical details from this larger group suggest that our age- and sex-matched sample reflect the general pattern of disease resulting from the mutation found in our society. However, it is of interest to note that in general the diagnosis was made earlier than in the matched group and was nearer to that of the group of $\Delta F508$ homozygotes.

CF results from modifications in the sequence, structure and/or expression of CFTR. More than 1000 CF-causing mutations in the CFTR gene have been identified worldwide [2]. The gene mutations of the gene have been divided into five classes (I–V). Most of the CFTR mutations, however, are rare. Interest has centred on the relationship of phenotype to genotype. Kerem and Kerem [9] have classified phenotypes into severe, milder and variable. The severity of the effect of CF mutations has usually been based upon whether there is pancreatic sufficiency or not. $\Delta F508$ is regarded as a severe mutation conferring marked pancreatic insufficiency and the presence of meconium ileus in 10%–15% of affected neonates [10]. In addition, the mutation is usually associated with lung disease. This mutation remains the commonest severe mutation worldwide, resulting in major CFTR chloride channel disruption and producing little channel activity. It has been labelled as a class II mutation (defective protein processing) which results in the failure of the protein to reach the epithelial membrane [11]. The S549R mutant has also been shown to yield an inadequately glycosylated form of the protein, which in turn results in its failure to reach its correct cellular location (as oc-

curs with $\Delta F508$); the S549R(T→G) mutation is thus also a class II mutation [12,13]. Our clinical findings are therefore in keeping with the molecular changes.

The patients we have described match the classical homozygote pattern for $\Delta F508$, with chronic obstruction and infection of the respiratory tract, pancreatic insufficiency and elevated levels of sweat electrolytes [14]. However, we have not seen a patient in the UAE, homozygous for either of the studied mutations, who presented with meconium ileus. As the patients studied here all showed pancreatic insufficiency, and if we take into account the estimated frequency of 10%–15% [10], we would have expected to observe 2 to 3 neonates with meconium ileus in the overall cohort of 20 patients. Whether the relatively small sample size accounts for the absence of meconium ileus in UAE patients or whether additional factors play a role remains to be elucidated. Similarly, the higher sweat chloride levels in the S549R(T→G) patients may reach significance if and when additional $\Delta F508$ patients are found. The apparent, but statistically insignificant, earlier diagnostic age of $\Delta F508$ patients is not likely to be due to a referral bias.

It has been proposed that some patients with severe mutations show a milder phenotype, implying the action of modifier genes or the presence of additional CFTR mutations that temper the severity of the disease [11,13]. It is of interest in this context to compare our patients with severe S549R(T→G) who present with severe disease with a group of patients from Europe with the same mutation and mild disease. The unexpected finding was that the mildly affected patients also had a novel complex allele in the CFTR, combining a sequence change in the minimal promoter (–102T→A) with the mutation S549R(T→G) [13]. Romey et al. [15] have

since shown that the -102T→A mutation creates a Ying Yang 1 core element and thus increases significantly the expression of the CFTR gene. All the UAE patients studied here lacked the promoter sequence change, as described elsewhere [12].

CF mutations vary from Arab country to Arab country. Some 17 different mutations have been identified in Saudi Arabia, with ΔF508 forming only 12% of those identified. In Lebanon, 10 different mutations occur, with ΔF508 representing 34% of the total. Oman appears to be similar to the UAE with the predominance of the S549R(T→G) mutation. In Qatar, all patients identified to date have the mutation I1234V. These geographic variations may reflect population movements within the Arab world from pre-Islamic times [16,17].

We conclude from this study that S549R(T→G) homozygous patients have severe clinical disease and that this disease severity is equivalent to the clinical severity of ΔF508 homozygous patients. These clinical findings are in keeping with the known molecular modifications affecting the CFTR gene.

Note from the authors

We fully appreciate the limitations of the paper and its descriptive nature and that no strong statistical analysis can be performed because of the small numbers. However, it is based on all known patients with ΔF508 mutation in the United Arab Emirates.

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Classification of Cystic Fibrosis and Related Disorders: Report of a joint WHO/ICF(M)/A/ECFTN meeting, Stockholm, Sweden, 3 June 2000

Making a diagnosis of cystic fibrosis (CF) is not always simple. In the current edition of the *International Classification of Diseases (ICD 10)*, the classification for cystic fibrosis is subdivided into four parts: CF with pulmonary manifestations, CF with intestinal manifestations, CF with other manifestations and CF unspecified. Because it would be of benefit to patients, families, health care providers, health insurers, medico legal interests and clinicians if this classification were revised to take account of current knowledge and diagnostic problems, and to separately designate those related conditions which are not CF, and whose diagnosis has different implications, WHO, the International Cystic Fibrosis (Mucoviscidosis) Association, the European Cystic Fibrosis Thematic Network and the European Cystic Fibrosis Society convened a joint working group in June 2000 to produce a new classification of CF suitable for inclusion in the next edition of the *International Classification of Diseases (ICD)*. This document reports on the outcome of the meeting held to consider CF classification. The document can be obtained from: Noncommunicable Diseases and Mental Health Cluster, World Health Organization, Avenue Appia 20, CH-1211 Geneva 27, Switzerland. It is also available free on the Internet at: http://www.who.int/ncd/hgn/Classification_Cystic_Fibrosis.htm