# INTEGRATED MANAGEMENT OF CHILDHOOD ILLNESS

### **SICK CHILD AGE 2 MONTHS UP TO 5 YEARS**

ACCECC AND OF ACCIENTIFIC CICK CHILD

### TREAT THE CHILD, continued

### Give Extra Fluid for Diarrhoea and Continue Feeding

Plan A: Treat Diarrhoea at HomePlan B: Treat Some Dehydration with ORS Plan C: Treat Severe Dehydration Quickly.	12
mmunize Every Sick Child, As Needed	13
Give Follow-up Care	
Pneumonia	14
No Pneumonia- Wheeze	14
Dysentery	14
Persistent Diarrhoea	15
Fever - Possible Bacterial Infection and	
Fever-Bacterial Infection Unlikely	
Ear Infection	
Measles with Eye or Mouth Complications .	
Measles	
Feeding Problem	
Pallor	
Low Weight	16
COUNSEL THE MOTHER	
Food	
Assess the Child's Feeding	17
Feeding Recommendations	
Counsel About Feeding Problems	19
Fluid	
Increase Fluid During Illness	20
When to Return	
Advise the Mother When to	
Return to Health Worker	20
Counsel the Mother About	21











### WHO/CHD

unicef USAID

### **SICK YOUNG INFANT AGE UP TO 2 MONTHS**

### ASSESS, CLASSIFY AND TREAT THE SICK YOUNG INFANT

Assess, Classify and Identify Treatment Check for Possible Bacterial Infection
Treat the Young Infant and Counsel the Mother
Oral Antibiotic
Intramuscular Antibiotics
To Treat Convulsing young infant see TREAT THE CHILD Chart 11
To Treat Diarrhoea, See TREAT THE CHILD Chart
Immunize Every Sick Young Infant
Correct Positioning and Attachment for Breastfeeding
Express Breast Milk If Indicated
Home Care for Young Infant
Give Follow-up Care for the Sick Young Infant         29           Local Bacterial Infection         29           Bacterial Infection Unlikely         29           Feeding Problem         30           Low Weight         30           Thrush         30
RECORDING FORMS
SICK CHILD31
SICK YOUNG INFANT
WEIGHT FOR AGE CHARTon back cover





### **ASSESS AND CLASSIFY THE SICK CHILD AGE 2 MONTHS UP TO 5 YEARS**





### **ASSESS**

### **CLASSIFY**

### **IDENTIFY TREATMENT**

### ASK THE MOTHER WHAT THE CHILD'S PROBLEMS ARE

- Determine if this is an initial or follow-up visit for this problem.
- if follow-up visit, use the follow-up instructions on TREAT THE CHILD chart.
- if initial visit, assess the child as follows:

CHECK FOR GENER	RAL DANGER SIGNS		SIGNS	CLASSIFY AS	TREATMENT (Urgent pre-referral treatments are in bold print.)
ASK:	LOOK:	•	Any general danger sign.	VERY SEVERE	> Treat convulsions if present now. > Complete assessment immediately.
<ul><li> Is the child able to drink or breastfeed?</li><li> Does the child vomit everything?</li><li> Has the child had convulsions?</li></ul>	<ul><li>See if the child is lethargic or unconscious.</li><li>See if the child is convulsing now.</li></ul>			DISEASE	<ul> <li>Give first dose of an appropriate antibiotic.</li> <li>Treat the child to prevent low blood sugar.</li> <li>Refer URGENTLY to hospital*.</li> </ul>

### THEN ASK ABOUT MAIN SYMPTOMS: Does the child have cough or difficult breathing?

### IF YES, ASK: LOOK AND LISTEN:

- For how long? Count the breaths in one minute.
  - Look for chest indrawing.
  - Look and listen for stridor.
  - · Look and listen for wheeze

CHILD MUST BE CALM

Classify COUGH or **DIFFICULT BREATHING** 

If the child is: Fast breathing is: 2 months up 50 breaths per to 12 months minute or more to 5 years minute or more

>	Any general danger sign OR     Stridor in calm child OR     Chest indrawing     (If chest indrawing and wheeze go directly to"Treat Wheezing" then reassess after treatment).	SEVERE PNEUMONIA OR VERY SEVERE DISEASE	> Give first dose of an appropriate antibiotic. > Treat wheezing if present. > Treat the child to prevent low blood sugar. > Refer URGENTLY to hospital.*
	Fast breathing  (If wheeze, go directly to "Treat Wheezing" then reassess after treatment).	PNEUMONIA	<ul> <li>➤ Give an appropriate antibiotic for 5 days.</li> <li>➤ Treat wheezing if present.</li> <li>➤ If coughing more than 30 days, refer for assessment.</li> <li>➤ Soothe the throat and relieve the cough with a safe remedy.</li> <li>➤ Advise mother when to return immediately.</li> <li>➤ Follow up in 2 days.</li> </ul>
	No signs of pneumonia or very severe disease.  (If wheeze, go directly to "Treat Wheezing").	NO PNEUMONIA: COUGH OR COLD	<ul> <li>➤ Treat wheezing if present.</li> <li>➤ If coughing more than 30 days, refer for assessment.</li> <li>➤ Soothe the throat and relieve the cough with a safe remedy.</li> <li>➤ Advise mother when to return immediately.</li> <li>➤ Follow up in 2 days if wheezing.</li> <li>➤ Follow-up in 5 days if not improving</li> </ul>

	child have diarrho	for	Two of the following signs:  Lethargic or unconscious.  Sunken eyes.		If child has no other severe classification:     Give fluid for severe dehydration (Plan C).     OR     If child also has another severe classification:***
For how long? Is there blood in the stool?	Look at the child's general condition. Is the child:  Lethargic or unconscious?	DEHYDRATION	Not able to drink or drinking poorly. Skin pinch goes back very slowly.	SEVERE DEHYDRATION	Refer URGENTLY to hospital with mother giving frequent sips of ORS on the way. Advise the mother to continue breastfeeding. If child is 2 years or older and there is cholera in your area, give antibiotic for cholera.
	Restless and/or irritable?				yive antibiotic for cholera.
	Look for sunken eyes.		Two of the following signs:		> Give fluid and food for some dehydration (Plan B).
	Offer the child fluid. Is the child:		Restless, irritable.		<ul> <li>If child also has a severe classification:</li> <li>Refer URGENTLY to hospital with mother</li> </ul>
	Not able to drink or drinking poorly? Drinking eagerly, thirsty?	ssify RHOEA	<ul><li>Sunken eyes.</li><li>Drinks eagerly, thirsty.</li><li>Skin pinch goes back slowly.</li></ul>	SOME DEHYDRATION	giving frequent sips of ORS on the way.  Advise the mother to continue breastfeeding.  If child is 2 years or older and there is cholera in your area, give
	Pinch the skin of the abdomen.     Does it go back:				antibiotic for cholera.  > Give Zinc Syrup for 14 days.  > Advise mother when to return immediately.
	Very slowly (longer than 2 seconds)?				Follow-up in 5 days if not improving.
	Slowly?		Not enough signs to classify as some or severe dehydration.	NO DEHYDRATION	Give fluid and food to treat diarrhoea at home (Plan A).     If child is 2 years or older and there is cholera in your area, antibiotic for cholera.     Give Zinc Syrup for 14 days.     Advise mother when to return immediately.     Follow-up in 5 days if not improving.
			Dehydration present.	SEVERE	> Treat dehydration before referral unless the child has another
		and if diarrhoea 14 days or more		PERSISTENT DIARRHOEA	severe classification.  > Refer to hospital.
			No dehydration.	PERSISTENT DIARRHOEA	<ul> <li>Advise the mother on feeding a child who has PERSISTENT DIARRHOEA.</li> <li>Give multivitamin, mineral supplement including zinc for 14 day</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 5 days.</li> </ul>
		and if blood in stool	Blood in the stool.	DYSENTERY	> Treat for 5 days with an oral antibiotic recommended for Shigella. > Advise mother when to return immediately. > Follow-up in 2 days.

<sup>\*</sup>If referral is not possible, manage the child as described in Management of Childhood Illness, Treat the Child,
Annex: Where Referral Is Not Possible, and WHO guidelines for inpatient care.

\*\*If the other severe classification is based ONLY on "lethargy" or "not able to drink", go to plan C

DANGER SIGNS, COUGH DIARRHOEA

### **Check for throat problem**

### ASK:

- Does the child have fever? (by history or feels hot or temperature 37.5 C or more)
- •Does the child have sore throat?

### LOOK AND FEEL:

- Feel for enlarged tender lymph node(s) on the front of the neck.
- Look for red (congested) throat
- Look for white or yellow exudate on the throat and tonsils

### Classify THROAT PROBLEM

fever OR Sore throat AND     Two of the following:     Red (congested) throat     White or yellow exudate on the throat or tonsils.     Enlarged tender lymph node(s) on the front of the neck.	STREPTOCOCCAL SORE THROAT	<ul> <li>Give benzathine penicillin.</li> <li>Soothe the throat with a safe remedy.</li> <li>Give paracetamol for pain.</li> <li>Advise mother when to return immediately.</li> <li>Follow up in 5 days if not improving.</li> </ul>
Sore throat OR     Not enough signs to calssify as streptococcal sore throat	NON STREPTOCOCCAL SORE THROAT	<ul> <li>➤ Soothe the throat with a safe remedy.</li> <li>➤ Give paracetamol for pain.</li> <li>➤ Advise mother when to return immediately.</li> <li>➤ Follow up in 5 days if not improving.</li> </ul>
No throat signs or symptoms     ( with or without fever)	NO THROAT PROBLEM	➤Continue assessment of the child.

### Does the child have an ear problem?

TT	VIC	4 C	17
IF	YES.	ASI	N

### LOOK AND FEEL:

- Is there agonizing ear pain?
- Is there ear discharge? If yes, for how long?
- Look for pus draining from the ear.
- Feel for tender swelling behind the ear.

### Classify EAR PROBLEM

Tender swelling behind the ear.	MASTOIDITIS	<ul> <li>➢ Give first dose of an appropriate antibiotic.</li> <li>➢ Give first dose of paracetamol for pain.</li> <li>➢ Treat the child to prevent low blood sugar.</li> <li>➢ Refer URGENTLY to hospital.</li> </ul>
<ul> <li>Agonizing ear pain OR</li> <li>Pus is seen draining from the ear and discharge is reported for less than 14 days.</li> </ul>	ACUTE EAR INFECTION	<ul> <li>➤ Give an antibiotic for 10 days.</li> <li>➤ Give paracetamol for pain.</li> <li>➤ Dry the ear by wicking.</li> <li>➤ Advise mother when to return immediately.</li> <li>➤ Follow-up in 5 days.</li> </ul>
Pus is seen draining from the ear <b>and</b> discharge is reported for 14 days or more.	CHRONIC EAR INFECTION	<ul><li>➤ Dry the ear by wicking.</li><li>➤ Refer to ENT specialist.</li></ul>
<ul><li>No ear pain AND</li><li>No pus seen draining from the ear.</li></ul>	NO EAR INFECTION	➤Advise mother to go to ENT specialist for assessment.

### Does the child have fever?

(by history or feels hot or temperature 37.5°C \*\* or above)

IF YES, ASK:	LOOK AND FEEL:	Classify FEVER	Any general danger sign OR     Stiff neck	VERY SEVERE FEBRILE DISEASE	<ul> <li>Give first dose of an appropriate antibiotic.</li> <li>Treat the child to prevent low blood sugar.</li> <li>Give one dose of paracetamol in clinic for fever (38°C or above).</li> </ul>
• For how long?	Look or feel for stiff neck.	,			> Refer URGENTLY to hospital.
<ul> <li>If more than 5 days, has fever been present every day?</li> <li>Has the child had measles within the last 3 months?</li> </ul>	Look for signs of MEASLES  Generalized rash and		 An apparent bacterial cause of fever present e.g.     Pneumonia     Dysentery     Streptococcal sore throat     Acute ear infection     Other apparent causes***	FEVER- POSSIBLE BACTERIAL INFECTION	<ul> <li>Give paracetamol for fever (38°C or above).</li> <li>Treat apparent causes of fever.</li> <li>Advise mother when to return immediately.</li> <li>If fever is present every day for more than 5 days, refer for assessment.</li> <li>Follow-up in 2 days if fever persists.</li> </ul>
	One of these: cough, runny nose, or red eyes.		No apparent bacterial cause of fever	FEVER- BACTERIAL INFECTION UNLIKELY	➤ Give paracetamol for fever (38°C or above).  ➤ Advise mother when to return immediately.  ➤ Follow-up in 2 days if fever persists.  ➤ If fever is present every day for more than 5 days, refer for assessment.
If the child has measles now or within the last 3 months:	Look for mouth ulcers.     Are they deep and extensive?     Look for pus draining from the eye.     Look for clouding of the cornea.	if MEASLES now or within last 3 months, Classify	Any general danger sign OR     Clouding of cornea OR     Deep or extensive mouth ulcers OR     Measles now AND pneumonia	SEVERE COMPLICATED MEASLES****	Sive first dose of an appropriate antibiotic. Treat the child to prevent low blood sugar. Give one dose of paracetamol in clinic for fever (38°C or above). If clouding of the cornea or pus draining from the eye, apply tetracycline eye ointment. Give Vitamin A. (if was not given in the last 4 months) Refer URGENTLY to hospital.
			Pus draining from the eye OR     Mouth ulcers.	MEASLES WITH EYE OR MOUTH COMPLICATIONS****	<ul> <li>Give paracetamol for fever (38°C or above).</li> <li>If pus draining from the eye, treat eye infection with tetracycline eye ointment.</li> <li>Give Vitamin A. (if was not given in the last 4 months)</li> <li>If mouth ulcers, treat with gentian violet.</li> <li>Advise mother when to return immediately.</li> <li>Follow-up in 2 days.</li> </ul>
			Measles now or within the last 3 months AND     None of the above signs.	MEASLES	Give paracetamol for fever (38°C or above).     Give Vitamin A. (if was not given in the last 4 months)     Advise the mother when to return immediately.     Follow- up in 2 days if not improving.

<sup>\*\*</sup> These temperatures are based on axillary temperature. Rectal temperature readings are approximately 0.5°C higher.

<sup>\*\*\*</sup> Other apparent causes of fever include cellulitis, abscess, or boil.

<sup>\*\*\*\*</sup> Other important complications of measles - stridor, diarrhoea, ear infection, and malnutrition - are classified in other tables.

### THEN CHECK FOR MALNUTRITION AND ANAEMIA

LOOK AND FEEL:	Classify	<ul><li>Visible severe wasting or</li><li>Oedema of both feet.</li></ul>	SEVERE MALNUTRITION	> Give Vitamin A. (if was not given in the last 4 months) > Treat the child to prevent low blood sugar > Refer URGENTLY to hospital.		
<ul> <li>Look for visible severe wasting.</li> <li>Look for oedema of both feet.</li> <li>Determine weight for age.</li> </ul>	NUTRITIONAL STATUS		Low weight for age.	LOW WEIGHT	<ul> <li>➤ Assess the child's feeding and counsel the mother on feeding according to the FOOD box on the COUNSEL THE MOTHER chart.</li> <li>If feeding problem, follow-up in 5 days.</li> <li>➤ Advise mother when to return immediately.</li> <li>➤ Follow-up in 30 days</li> </ul>	
LOOK:		Not low weight for age and no other signs of malnutrition.	NOT LOW WEIGHT	<ul> <li>If child is less than 2 years old, assess the child's feeding and counsel the mother on feeding according to the FOOD box on the COUNSEL THE MOTHER chart.</li> <li>If feeding problem, follow-up in 5 days.</li> </ul>		
Look for palmar pallor and mucous membrane pallor Is it:	Classify ANAEMIA	Classify	Classify	Severe palmar and / or mucous membrane pallor	SEVERE	>Treat the child to prevent low blood sugar >Refer URGENTLY to hospital
Severe palmar pallor and / or mucous membrane pallor?  Some palmar pallor and / or mucous membrane pallor?		Some palmar and / or mucous membrane pallor	ANAEMIA	<ul> <li>➤ Assess the child's feeding and counsel the mother on feeding according to the FOOD box on the COUNSEL THE MOTHER chart.</li> <li>If feeding problem, follow-up in 5 days.</li> <li>➤ Give Iron.</li> <li>➤ Advise mother when to return immediately.</li> </ul>		
		No palmar or mucous membrane pallor	NO ANAEMIA	> if child is aged 6 - 30 months, give one dose of Iron weekly.		

### THEN CHECK THE CHILD'S IMMUNIZATION AND VITAMIN A SUPPLEMENTATION STATUS

	<u>AGE</u>	<b>VACCINE</b>		
	At birth	OPV (zero dose)	BCG	
	2 months	OPV-1	DPT-1	HB-1
IMMUNIZATION	4 months	OPV-2	DPT-2	HB-2
SCHEDULE:	6 months	OPV-3	DPT-3	HB-3
SCHED CEE.	9 months	OPV-4		
	12 months	OPV-5		MMR
	18 months	OPV (booster dose	e) DPT(booster	dose) MMR (booster dose)

VITAMIN A SUPPLEMENTATION SCHEDULE:

12 months 1<sup>st</sup> dose of vitamin A (100,000 IU) 18 months 2<sup>nd</sup> dose of vitamin A (200,000 IU)

### **ASSESS OTHER PROBLEMS**

MAKE SURE CHILD WITH ANY GENERAL DANGER SIGN IS REFERRED after first dose of an appropriate antibiotic and other urgent treatments.

Exception: Rehydration of the child according to Plan C may resolve danger signs so that referral is no longer needed.





### TREAT THE CHILD

# CARRY OUT THE TREATMENT STEPS IDENTIFIED ON THE ASSESS AND CLASSIFY CHART





# TEACH THE MOTHER TO GIVE ORAL DRUGS AT HOME

Follow the instructions below for every oral drug to be given at home. Also follow the instructions listed with each drug's dosage table.

- > Determine the appropriate drugs and dosage for the child's age or weight.
- > Tell the mother the reason for giving the drug to the child.
- > Demonstrate how to measure a dose.
- > Watch the mother practise measuring a dose by herself.
- > Ask the mother to give the first dose to her child.
- > Explain carefully how to give the drug, then label the package the drug.
- > Explain that all the oral drug syrups must be used to finish the course of treatment, even if the child gets better.
- > Check the mother's understanding before she leaves the clinic.

### > Give an Appropriate Oral Antibiotic

### > FOR PNEUMONIA (give for 5 days), OR ACUTE EAR INFECTION (give for 10 days):

FIRST-LINE ANTIBIOTIC: AMOXYCILLIN SECOND-LINE ANTIBIOTIC: COTRIMOXAZOLE

	AMOXYCILLIN  ➤ Give three times daily for 5 or 10 days		COTRIMOXAZOLE (trimethoprim + sulphamethoxazole) > Give two times daily for 5 or 10 days
AGE or WEIGHT	SYRUP 250 mg per 5 ml	SYRUP 125 mg per 5 ml	SYRUP 40 mg trimethoprim +200 mg sulphamethoxazole per 5 ml
2 months up to 4 months (4 - <6 kg)	2.5 ml	5 ml	2.5 ml
4 months up to 12 months (6 - <10 kg)	2.5 ml	5 ml	5 ml
12 months up to 5 years (10 - 19 kg)	5 ml	10 ml	7.5 ml

### > FOR DYSENTERY:

Give antibiotic recommended for Shigella for 5 days.

FIRST-LINE ANTIBIOTIC FOR SHIGELLA: COTRIMOXAZOLE

SECOND-LINE ANTIBIOTIC FOR SHIGELLA: AMPICILLIN

	COTRIMOXAZOLE SYRUP	ERYTHROMYCIN
	(trimethoprim + sulphamethoxazole )  ➤ Give two times daily for 5 days	➤ Give four times daily for 5 days
AGE or WEIGHT	Syrup:	SYRUP
40 mg tri	40 mg trimethoprim + 200 mg sulphamethoxazole per 5 ml	200 mg/5 ml
2 months up to 4 months		
(4 - <6 kg)	2.5 ml	1.25 ml
4 months up to 12 months		
(6 - <10 kg)	5.0 ml	2.5 ml
12 months up to 5 years		
(10 - 19 kg)	7.5 ml	5 ml

### > FOR CHOLERA:

Give antibiotic recommended for Cholera for 5 days. FIRST-LINE ANTIBIOTIC FOR CHOLERA:

FIRST-LINE ANTIBIOTIC FOR CHOLERA: COTRIMOXAZOLE SECOND-LINE ANTIBIOTIC FOR CHOLERA: ERYTHROMYCIN

	COTRIMOXAZOLE SYRUP (trimethoprim + sulphamethoxazole )  ➤ Give two times daily for 5 days	Ampicillin ➤ Give four times daily for 5 days
AGE or WEIGHT	SYRUP: 40 mg trimethoprim + 200 mg sulphamethoxazole per 5 ml	SYRUP 250 mg/5 ml
2 months up to 4 months (4 - <6 kg)	2.5 ml	2.5 ml
4 months up to 12 months (6 - <10 kg)	5.0 ml	3.5 ml
12 months up to 5 years (10 - 19 kg)	7.5 ml	7.5 ml

**ANTIBIOTICS** 

# TEACH THE MOTHER TO GIVE ORAL DRUGS AT HOME

Follow the instructions below for every oral drug to be given at home. Also follow the instructions listed with each drug's dosage table.

# ➤ Give Paracetamol for Fever (≥ 38°C) or sore throat or Ear Pain

> Give paracetamol every 6 hours until fever or pain is gone.

PARACETAMOL		
AGE or WEIGHT	<b>SYRUP</b> (120 mg / 5 ml)	
2 months up to 4 months (4 - <6 kg)	2.5 ml	
4 months up to 12 months (6 - <10 kg)	5 ml	
12 months up to 3 years (10 - <14 kg)	7.5 ml	
3 years up to 5 years (14 - 19 kg)	10 ml	

### **>**Give Iron

For treatment of anaemia: give one dose daily for 14 days, then reassess.

For Iron supplementation: give one dose per week.

AGE or WEIGHT	IRON SYRUP Iron syrup 30 mg/ 5 ml (6 mg elemental iron per ml)
2 months up to 4 months (4 - <6 kg)	2.5 ml
4 months up to 12 months (6 - <10 kg)	5 ml
12 months up to 3 years (10 - <14 kg)	7.5 ml
3 years up to 5 years (14 - 19 kg)	10 ml

### ► Give Vitamin A

> Give single dose of vitamin A in the clinic.

AGE	VITAMIN A CAPSULES		
	200 000 IU	100 000 IU	50 000 IU
Up to 6 months		1/2 capsule	1 capsule
6 months up to 12 months	1/2 capsule	1 capsule	2 capsules
12 months up to 5 years	1 capsule	2 capsules	4 capsules

### ➤ Give Multivitamin / Mineral Supplement

For persistent diarrhoea, give one dose daily 5 ml of multivitamin mineral mixture for 2 weeks

each 5 ml includes:

 Vitamin A
 8000 IU (800 micrograms)

 Folate:
 100 micrograms

 Magnesium:
 150 mg

 Iron:
 20 mg

 Zinc:
 20 mg

 Copper:
 2 mg

### ➤ Give Oral Salbutamol

> Give Salbutamol syrup three times daily for 5 days.

AGE or WEIGHT	SALBUTAMOL SYRUP (Salbutamol syrup = 2 mg / 5 ml )
2 months up to 4 months (4 - <6 kg)	1.0 ml
4 months up to 12 months (6 - <10 kg)	2.0 ml
12 months up to 3 years (10 - <14 kg)	2.5 ml
3 years up to 5 years (14 - 19 kg)	5.0 ml

### ►Give Zinc Syrup

For some or no dahydration give one dose daily for 2 weeks.

AGE	ZINC SYRUP 10 mg / 5ml
2 months up to 6 months	10 mg
6 months up to 5 years	20 mg

### TEACH THE MOTHER TO TREAT LOCAL INFECTIONS AT HOME

- **Explain** to the mother what the treatment is and why it should be given.
- > Describe the treatment steps listed in the appropriate box.
- > Watch the mother as she does the first treatment in the clinic (except remedy for cough or sore throat).
- > Tell her how often to do the treatment at home.
- > If needed for treatment at home, give mother the tube of tetracycline ointment or a small bottle of gentian violet.
- > Check the mother's understanding before she leaves the clinic.

### > Treat Eye Infection with Tetracycline Eye Ointment

- Clean both eyes 3 times daily.
  - Wash hands.
  - · Ask child to close the eye.
  - Use clean cloth and water to gently wipe away pus.
- > Then apply tetracycline eye ointment in both eyes 3 times daily.
  - Ask the child to look up.
  - · Squirt a small amount of ointment on the inside of the lower lid.
  - Wash hands again.
- Treat until redness is gone.
- Do not use other eye ointments or drops, or put anything else in the eye.

### > Dry the Ear by Wicking

➤Dry the ear at least 3 times daily.

- Roll clean absorbent cloth or soft, strong tissue paper into a wick.
- Place the wick in the child's ear.
- Remove the wick when wet.
- · Replace the wick with a clean one and repeat these steps until the ear is dry.

### > Treat Mouth Ulcers with Gentian Violet

➤Treat the mouth ulcers twice daily.

- Wash hands.
- Wash the child's mouth with clean soft cloth wrapped around the finger and wet with salt water.
- Paint the mouth with half-strength gentian violet (0.25%).
- Wash hands again.

# ➤ Soothe the Throat, Relieve the Cough with a Safe Remedy

- · Safe remedies to recommend:
  - Breastmilk for exclusively breastfed infant.
  - Home made remedies e.g. tea with lemon and honey, anise, tileo, guava leaves decoctions, chicken soup.
- · Harmful remedies to discourage:
  - Cough syrups containing:
  - codeine, antihistamines, alcohol, atropine and expectorants.

### GIVE THESE TREATMENTS IN CLINIC ONLY

- >Explain to the mother why the drug is given.
- > Determine the dose appropriate for the child's weight (or age).
- **➤**Use a sterile disposable syringe. Measure the dose accurately.
- ➤ Give the drug as an intramuscular injection.
- > If child cannot be referred, follow the instruction provided.

### > Give An Intramuscular Antibiotic

### FOR CHILDREN BEING REFERRED URGENTLY:

> Give first dose of intramuscular Cefotaxime and refer child urgently to hospital.

### IF REFERRAL IS NOT POSSIBLE:

- > Repeat Cefotaxime injection every 12 hours for 5 days.
- > Then change to an appropriate oral antibiotic to complete 10 days of treatment.

AGE or WEIGHT	Cefotaxime Dose: 50 mg per kg Add 5.0 ml sterile water to vial containing 1000 mg = 5.6 ml at 180 mg/ml
2 months up to 4 months (4 - < 6 kg)	1.5 ml = 270 mg
4 months up to 9 months (6 - < 8 kg)	2.0 ml = 360 mg
9 months up to 12 months (8 - < 10 kg)	3.0 ml = 540 mg
12 months up to 3 years (10 - < 14 kg)	4.0 ml = 720 mg
3 years up to 5 years (14 - 19 kg)	5.0 ml = 900 mg

### ➤ Treat a Convulsing Child With Sodium Valproate

### Manage the Airway

- > Turn the child on his or her side to avoid aspiration
- Do not insert anything in the mouth.
- If the lips and tongue are blue, open the mouth and make sure the airway is clear.
- If necessary, remove secretions from the throat through a catheter inserted through the nose.

### **Give Sodium Valproate Rectally**

- ➤ Dilute sodium valproate solution (200 mg/ml) 1:7 with tap water.
- > Draw up the dose of sodium valproate into a small syringe. Then remove the needle.
- Attach a piece of nasogastric tubing to the syringe if possible.
- > Insert 4 to 5 cm of the tube or the tip of the syringe into the rectum and inject the sodium valproate solution.
- > Hold buttocks together for a few minutes.

AGE or WEIGHT	SODIUM VALPROATE GIVEN RECTALLY 25 mg/ml Solution Dose 20 mg/kg
Birth up to 4 months (3-<6 kg)	4 ml
4 months up to 12 months (6 - <10 kg)	6 ml
12 months up to 3 years (10-<14 kg)	10 ml
3 years up to 5 years (14-19 kg)	13 ml

### IF High Fever, Lower the Fever

Sponge the child with room temperature water

Treat the child to prevent low blood sugar

### >Treat Wheezing

- Children with wheezing and GENERAL DANGER SIGN OR STRIDOR
- → Give one dose of rapid acting bronchodilator and refer immediately
- Children with wheezing and NO GENERAL DANGER SIGN AND NO STRIDOR but having fast breathing and/or chest indrawing
- → Give rapid acting bronchodilator and reassess the child 30 minutes later

### IF:

- CHEST INDRAWING PERSISTS
- →Treat for SEVERE PNEUMONIA (Refer)
- FAST BREATHING ALONE
- →Treat for PNEUMONIA
   Give further dose of rapid acting bronchodilator
- Give oral salbutamol for 5 days
- NO FAST BREATHING
- →Treat for NO PNEUMONIA COUGH OR COLD and give oral salbutamol for 5 days.
- > CHILDREN WITH WHEEZING AND NO PNEUMONIA COUGH OR COLD
- → Give rapid acting bronchodilator Give oral salbutamol for 5 days

RAPID ACTING BRONCHODILATOR	
Nebulized	0.5ml Salbutamol
Salbutamol 5 mg/ml	plus 2.0ml normal saline
Metered Dose Inhaler (MDI) with	
spacer device (100 mcg/dose)	2-3 puffs

ORAL SALBUTAMOL Three times daily for 5 days	
AGE or WEIGHT 2 mg / 5 ml syru	
2 months up to 4 months (4 - <6 kg)	1.0 ml
4 months up to 12 months (6 - <10 kg)	2.0 ml
12 months up to 3 years (10- <14 kg)	2.5 ml
3 years up to 5 years (14 - 19 kg)	5.0 ml

### >Treat the Child to Prevent Low Blood Sugar

> If the child is able to breastfeed:

Ask the mother to breastfeed the child.

> If the child is not able to breastfeed but is able to swallow:

Give expressed breastmilk or a breastmilk substitute. If neither of these is available, give sugar water. Give 30-50 ml of milk or sugar water before departure.

To make sugar water: Dissolve 4 level teaspoons of sugar (20 grams) in a 200-ml cup of clean water.

> If the child is not able to swallow:

Give 50 ml of milk or sugar water by nasogastric tube.

### ➤ Give An Antibiotic For Streptococcal Sore Throat

> Give a single dose of intramuscular benzathine penicillin.

	BENZATHINE PENICILLIN
Age	Add 5 ml sterile water to vial containing 1.200.000 unit = 6 ml at 200.000 unit / ml
< 5 years	3.0 ml = 600.000 unit

### GIVE EXTRA FLUID FOR DIARRHOEA AND CONTINUE FEEDING

(See FOOD advice on COUNSEL THE MOTHER chart)

### > Plan A: Treat Diarrhoea at Home

Counsel the mother on the 3 Rules of Home Treatment: Give Extra Fluid, Continue Feeding, When to Return

1. GIVE EXTRA FLUID (as much as the child will take)

### > TELL THE MOTHER:

- Breastfeed frequently and for longer at each feed.
- If the child is exclusively breastfed, give ORS in addition to breastmilk.
- If the child is not exclusively breastfed, give one or more of the following: ORS solution, food-based fluids (such as soup, rice water, yoghurt drink and belila water), or clean water

### It is especially important to give ORS at home when:

- the child has been treated with Plan B or Plan C during this visit.
- the child cannot return to a clinic if the diarrhoea gets worse.
- > TEACH THE MOTHER HOW TO MIX AND GIVE ORS. GIVE THE MOTHER A BOX OF 10 PACKETS OF ORS TO USE AT HOME AND 200 ML CUP.
- > SHOW THE MOTHER HOW MUCH FLUID TO GIVE IN ADDITION TO THE USUAL FLUID INTAKE:

Up to 2 years

50 to 100 ml after each loose stool 100 to 200 ml after each loose stool

2 years or more Tell the mother to:

- Give frequent small sips from a cup.
- If the child vomits, wait 10 minutes. Then continue, but more slowly.
- Continue giving extra fluid until the diarrhoea stops.

2. CONTINUE FEEDING

3. WHEN TO RETURN

See COUNSEL THE MOTHER chart

### ➤ Plan B: Treat Some Dehydration with ORS

Give in clinic recommended amount of ORS over 4-hour period

> DETERMINE AMOUNT OF ORS TO GIVE DURING FIRST 4 HOURS.

AGE*	Up to 4 months	4 months up to 12 months	12 months up to 2 years	2 years up to 5 years
WEIGHT	< 6 kg	6 - < 10 kg	10 - < 12 kg	12 - 19 kg
In ml	200 - 400	400 - 700	700 - 900	900 - 1400

- \*Use the child's age only when you do not know the weight. The approximate amount of ORS required (in ml) can also be calculated by multiplying the child's weight (in kg) by 75.
- . If the child wants more ORS than shown, give more.
- For infants under 6 months who are not breastfed, also give 100-200 ml clean water during this period.

### > SHOW THE MOTHER HOW TO GIVE ORS SOLUTION.

- Give frequent small sips from a cup or cup and spoon (one spoon every 1-2 minutes).
- If the child vomits, wait 10 minutes. Then continue, but more slowly.
- Continue breastfeeding whenever the child wants.

### ➤ AFTER 4 HOURS:

- Reassess the child and classify the child for dehydration.
- Select the appropriate plan to continue treatment.
- Begin feeding the child in clinic.

### >IF THE MOTHER MUST LEAVE BEFORE COMPLETING TREATMENT:

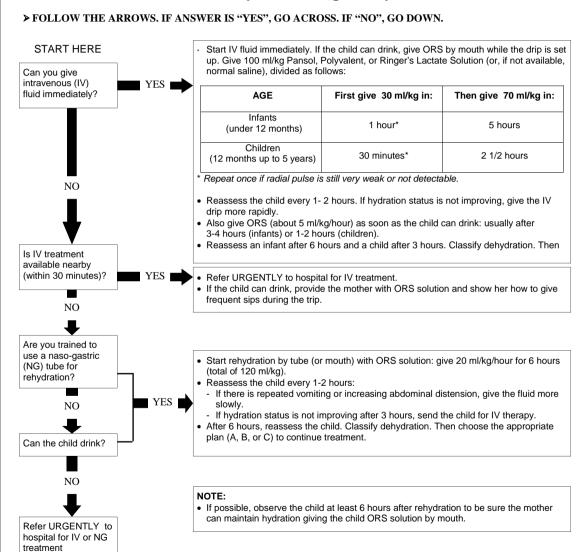
- Show her how to prepare ORS solution at home.
- Show her how much ORS to give to finish 4-hour treatment at home.
- Give her enough ORS packets to complete rehydration. Also give her a box of 10 packets of ORS as recommended in Plan A.
- Explain the 3 Rules of Home Treatment:
- 1. GIVE EXTRA FLUID
- 2. CONTINUE FEEDING
- 3. WHEN TO RETURN

See Plan A for recommended fluids and See COUNSEL THE MOTHER chart

### GIVE EXTRA FLUID FOR DIARRHOEA AND CONTINUE FEEDING

(See FOOD advice on COUNSEL THE MOTHER chart)

### ➤ Plan C: Treat Severe Dehydration Quickly



**IMMUNIZE EVERY SICK CHILD, AS NEEDED** 

### **GIVE FOLLOW-UP CARE**

- > Care for the child who returns for follow-up using all the boxes that match the child's previous classifications.
- > If the child has any new problem, assess the child as an initial visit following the ASSESS AND CLASSIFY chart.

### > PNEUMONIA

After 2 days:

Check the child for general danger signs. Assess the child for cough or difficult breathing.

See ASSESS & CLASSIFY chart.

- Is the child breathing slower?
- Is there less fever?
- Is the child eating better?
- Is the child still wheezing?

### Treatment:

- > If child has a general danger sign or stridor or chest indrawing or has fast breathing and wheeze, give a dose of pre-referral intramuscular antibiotic. If wheezing also give dose of rapid acting bronchodilator. Then refer URGENTLY to hospital.
- > If child is not wheezing but breathing rate, fever and eating are the same. Change to the second line antibiotic and advise the mother to return in 2 days or refer. (If this child had measles in the last three months.refer).
- If breathing slower, less fever, or eating better, complete the 5 days of antibiotic. If child is wheezing, also treat as below.
- > If child is wheezing but has no general danger signs, fast breathing or chest indrawing:
  - If this is the first episode of wheezing or if the child has had previous episodes but has not been referred, continue salbutamol and refer for assessment.
  - If the child has had at least one episode of wheezing before this and has already been referred for assessment, advise mother to continue with treatment prescribed by the hospital. Advise the mother to return if the child's breathing becomes more difficult. If this child returns because condition has worsened, refer for further treatment.

### >NO PNEUMONIA- WHEEZE

After 2 days

Check the child for general danger signs. Assess the child for cough or difficult breathing.

See ASSESS & CLASSIFY chart.

### Treatment:

- ▶ If any danger sign or stridor or chest indrawing-Treat as SEVERE PNEUMONIA OR VERY SEVERE DISEASE, give one dose of pre-referral intramuscular antibiotic. Give one dose of rapid acting bronchodilator and refer URGENTLY to hospital.
- ▶ If fast breathing-treat as PNEUMONIA, also give oral salbutamol.
- If child is wheezing but has no general danger signs, fast breathing or chest indrawing:
  - If this is the first episode of wheezing or if the child has previous episodes but has not been referred, continue salbutamol and refer for assessment.
  - If the child has already been referred for a pervious episode of wheezing advise the mother to continue with treatment prescribed by the referral hospital. Advise the mother to return if the child's breathing becomes more difficult. If this child returns because condition has worsened, refer URGENTLY to hospital for further treatment.
- ▶ If no wheezing- complete 5 days of oral salbutamol.

### > DYSENTERY

After 2 days:

Assess the child for diarrhoea. >>> See ASSESS & CLASSIFY chart.

- Ask:
  - Are there fewer stools?
- Is there less blood in the stool?
- Is there less fever?
- Is there less abdominal pain?
- Is the child eating better?

### Treatment:

- If the child is **dehydrated**, treat dehydration.
- > If number of stools, amount of blood in stools, fever, abdominal pain, or eating is the same or worse:

Change to second-line oral antibiotic recommended for Shigella.

Give it for 5 days. Advise the mother to return in 2 days.

Exceptions - if the child: - is less than 12 months old, or

- was dehydrated on the first visit, or
- had measles within the last 3

Refer to hospital.

### months

- > If fewer stools, less blood in the stools, less fever, less abdominal pain, and eating better, continue giving the same antibiotic until finished.
- > Continue Zinc Syrup for 14 days.

### GIVE FOLLOW-UP CARE

- > Care for the child who returns for follow-up using all the boxes that match the child's previous classifications.
- > If the child has any new problem, assess, classify and treat the new problem as on the ASSESS AND CLASSIFY chart.

### > PERSISTENT DIARRHOEA

After 5 days:

### Ask:

- Has the diarrhoea stopped?
- How many loose stools is the child having per day?

### Treatment:

- > If the diarrhoea has not stopped (child is still having loose stools), do a full reassessment of the child. Give any treatment needed. Then refer to hospital.
- If the diarrhoea has stopped (child having less loose stools), tell the mother to follow the usual feeding recommendations for the child's age.
- >Tell the mother to continue giving the child the multivitamin mineral supplement INCLUDING ZINC.

# > FEVER-POSSIBLE BACTERIAL INFECTION AND FEVER-BACTERIAL INFECTION UNLIKELY

If fever persists after 2 days:

Do a full reassessment of the child. >>> See ASSESS & CLASSIFY chart. Assess for other causes of fever.

### Treatment:

- > If the child has any general danger sign or stiff neck, treat as VERY SEVERE FEBRILE DISEASE.
- If the child has any apparent bacterial cause of fever provide treatment.
- > If the child has no apparent bacterial cause of fever:
  - Advise the mother to return again in 2 days if the fever persists.
  - If fever has been present every day for more than 5 days, refer for assessment.

### ACUTE EAR INFECTION

After 5 days:

Reassess for ear problem. >>> See ASSESS & CLASSIFY chart. Measure the child's temperature.

### Treatment:

- If there is tender swelling behind the ear or ear pain or high fever (38°C or above), refer URGENTLY to hospital.
- Acute ear infection: if ear discharge persists, treat for 5 more days with the same antibiotic. Continue wicking to dry the ear. Follow-up once again in 5 days. If ear pain or discharge persists refer.
- If no ear pain or discharge, praise the mother for her careful treatment. Ask the mother to continue the same antibiotic for other 5 days.
- > If discharge, for 14 days or more, refer.

### MEASLES WITH EYE OR MOUTH COMPLICATIONS

After 2 days:

Look for red eyes and pus draining from the eyes. Look at mouth ulcers. Smell the mouth.

Treatment for Eye Infection:

- If pus is draining from the eye, ask the mother to describe how she has treated the eye infection. If treatment has been correct, refer to hospital. If treatment has not been correct, teach mother correct treatment.
- > If the pus is gone but redness remains, continue the treatment.
- > If **no pus or redness**, stop the treatment.

Treatment for Mouth Ulcers:

- If mouth ulcers are worse, or there is a very foul smell from the mouth, refer to hospital.
- If mouth ulcers are the same or better, continue using half-strength gentian violet for a total of 5 days.

### **GIVE FOLLOW-UP CARE**

- > Care for the child who returns for follow-up using all the boxes that match the child's previous classifications.
- > If the child has any new problem, assess, classify and treat the new problem as on the ASSESS AND CLASSIFY chart.

### **>MEASLES**

If not improving after 2 days:

Do a full reassessment of the child >>> see ASSESS & CLASSIFY chart.

### Treatment:

- > If general danger sign or clouding of the cornea or deep extensive mouth ulcers or pneumonia, treat as SEVERE COMPLICATED MEASLES.
- > If pus draining from the eye or mouth uclers, treat as MEASLES WITH EYE OR MOUTH COMPLICATIONS.
- ➤ If *none of the above signs*, advise the mother when to return immediately.
- > Follow up in two days if not improving.
- \* If the child received already the dose of vitamin A in the previous visit, do not repeat.

### > FEEDING PROBLEM

After 5 days:

Reassess feeding. >>> See questions at the top of the COUNSEL chart. Ask about any feeding problems found on the initial visit.

- > Counsel the mother about any new or continuing feeding problems. If you counsel the mother to make significant changes in feeding, ask her to bring the child back again.
- > If the child is low weight for age, ask the mother to return 30 days after the initial visit to measure the child's weight gain.

### > ANAEMIA

After 14 days:

Reassess for anaemia every 14 days for 2 months

- If severe pallor refer URGENTLY to hospital.
- If pallor stil present or improving, continue giving iron daily for 2 months.
- If the child has pallor after 2 months, refer for assessment.

### > LOW WEIGHT

After 30 days:

Weigh the child and determine if the child is still low weight for age.

Reassess feeding. >>> See questions at the top of the COUNSEL chart.

### Treatment:

- > If the child is **no longer low weight for age**, praise the mother and encourage her to continue.
- If the child is still low weight for age, counsel the mother about any feeding problem found. Ask the mother to return again in one month. Continue to see the child monthly until the child is feeding well and gaining weight regularly or is no longer low weight for age.

### Exception:

If you do not think that feeding will improve, or if the child has *lost weight*, refer the child

IF ANY MORE FOLLOW-UP VISITS ARE NEEDED BASED ON THE INITIAL VISIT OR THIS VISIT, ADVISE THE MOTHER OF THE NEXT FOLLOW-UP VISIT.

ALSO, ADVISE THE MOTHER WHEN TO RETURN IMMEDIATELY. (SEE COUNSEL CHART.)

### **COUNSEL THE MOTHER**

### **FOOD**

### > Assess the Child's Feeding

Ask questions about the child's usual feeding and feeding during this illness. Compare the mother's answers to the *Feeding Recommendations* for the child's age in the box below.

### ASK-

- > Do you breastfeed your child?
  - How many times during the day?
  - Do you also breastfeed during the night?
- > Does the child take any other food or fluids?
  - What food or fluids?
  - How many times per day?
  - What do you use to feed the child?
  - How large are servings? Does the child receive his own serving? Who feeds the child and how?
- > During this illness, has the child's feeding changed? If yes, how?

## > Feeding Recommendations During Sickness and Health

Up to 6 Months of Age



- Breastfeed as often as the child wants, day and night, at least 8 times in 24 hours.
- Do not give other foods or fluids.
- . Do not use bottles or teats.



6 Months up to 12 Months



- · Breastfeed as often as the child wants.
- Give adequate servings of:-
  - Bread, adse or eggs or pealed fool medamis and drops of oil, strained tomatoes or orange juice.
- -Rice or boiled potatoes, squash or carrots (add drops of lemon juice) and fish or meat or chicken (meat or liver).
- Yoghurt with mashed biscuits and banana or rice pudding with milk and mashed banana (up to 9 months food should be chopped then mashed).
- -3 times per day if breastfed;
- -5 times per day if not breastfed.



12 Months up to 2 Years



- Breastfeed as often as the child wants.
- Give adequate servings of:
  - Bread and cheese (kareesh with drops of oil or white low salt or processed) and pealed tomatoes.
  - Rice and meat or chicken with boiled spinach or molokheya and fruits.
  - Koshari and pealed tomatoes.
  - Belila with milk and fruits or family foods 5 times per day.

2 Years and Older



- Give family foods at 3 meals each day.
   Also, twice daily, give nutritious food between meals, such as:
- Sweet potatoes or fried potatoes.
- Bread with eggs or cheese or halawa tehinia or molasse with tehina and tomatoes or carrots.
- Fresh fruits of the season.
- Biscuits, cakes, or dates.





- A good daily diet should be adequate in quantity and include an energy-rich food (for example, thick cereal with added oil); meat, fish, eggs, or pulses; and fruits and vegetables.
- Meals of the same nutritive value will vary in components according to foods available in the community and according to purchasing capacity of the family as well as in different seasons.

### Feeding Recommendations For a Child Who Has PERSISTENT DIARRHOEA

- If still breastfeeding, give more frequent breastfeeds, day and night.
- If taking other milk:
  - replace with increased breastfeeding OR
  - replace with fermented milk products, such as voghurt OR
  - replace half the milk with nutrient-rich semisolid food as rice, beans and vegetable soup.
  - give milk not more than 50 ml/kg per day.
  - give frequent small meals at least 6 times a day.
- For other foods, follow feeding recommendations for the child's age.

### > Counsel the Mother About Feeding Problems

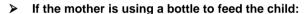
If the child is not being fed as described in the above recommendations, counsel the mother accordingly. In addition:



- If the mother reports difficulty with breastfeeding, assess breastfeeding. (See YOUNG INFANT chart.) As needed, show the mother correct positioning and attachment for breastfeeding.
- > If the child is less than 6 months old and is taking other milk or foods: or
- > If the mother thinks she does not have enough milk
  - Assess breastfeeding:
  - Build mother's confidence that she can produce all the breastmilk that the child needs (proper weight gain).
  - Suggest giving more frequent, longer breastfeeds day and night, and gradually reducing other milk or foods.

If other milk needs to be continued, counsel the mother to:

- Breastfeed as much as possible, including at night.
- Make sure that other milk is a locally appropriate breastmilk substitute.
- Make sure other milk is correctly and hygienically prepared and given in adequate amounts.
- Finish prepared milk within an hour.



- Recommend substituting a cup for bottle.
- Show the mother how to feed the child with a cup.

### > If the child is not being fed actively, counsel the mother to:

- Sit with the child and encourage eating.
- Give the child an adequate serving in a separate plate or bowl.

### > If the child is not feeding well during illness, counsel the mother to:

- Breastfeed more frequently and for longer if possible.
- Use soft, varied, appetizing, favourite foods to encourage the child to eat as much as possible, and offer frequent small feedings.
- Clear a blocked nose if it interferes with feeding.
- Expect that appetite will improve as child gets better.
- Express breast milk if necessary.
- > Follow-up any feeding problem in 5 days.
- > Advise the mother to expose her child to sunlight for prevention of rickets.





### **FLUID**

### > Advise the Mother to Increase Fluid During Illness

### FOR ANY SICK CHILD:

- > Breastfeed more frequently and for longer at each feed.
- > Increase fluid. For example, give soup, rice water, yoghurt drinks, belila water, home fluids or clean water.

### FOR CHILD WITH DIARRHOEA:

> Giving extra fluid can be life saving. Give fluid according to Plan A or Plan B on TREAT THE CHILD chart.

### WHEN TO RETURN

### > Advise the Mother When to Return to Health Worker

### **FOLLOW-UP VISIT**

Advise the mother to come for follow-up at the earliest time listed for the child's problems.

If the child has:	Return for follow-up in:
PNEUMONIA NO PNEUMONIA - WHEEZE DYSENTERY FEVER, if fever persists MEASLES WITH EYE OR MOUTH COMPLICATIONS MEASLES, if not improving	2 days
PERSISTENT DIARRHOEA ACUTE EAR INFECTION FEEDING PROBLEM ANY OTHER ILLNESS, if not improving	5 days
PALLOR	14 days
LOW WEIGHT FOR AGE	30 days

### **CHILD VISIT**

Advise mother when to return for next immunization according to immunization schedule. Advise the mother to give the child (from 6 to 30 months) the weekly dose of iron after recovery.



### WHEN TO RETURN IMMEDIATELY

Advise mother to return immediately if the child has any of these signs:		
Any sick child	<ul><li>Not able to drink or breastfeed</li><li>Becomes sicker</li><li>Develops a fever</li></ul>	
If child has NO PNEUMONIA: COUGH OR COLD, also return if:	Fast breathing     Difficult breathing	ı
If child has Diarrhoea, also return if:	Blood in stool     Drinking poorly	

WELL-

### > Counsel the Mother About Her Own Health

- > If the mother is sick, provide care for her, or refer her for help.
- > If she has a breast problem (such as engorgement, sore nipples, breast infection), provide care for her or refer her for help.
- > Advise her to eat well to keep up her own strength and health.
- > Check the mother's immunization status and give her tetanus toxoid if needed.
- > Check the mother's supplementation with iron and vitamin A according to the national policy.
- > Make sure she has access to:
  - Family planning
  - Counselling on reproductive health problems.
- > Advise mother to use iodized salt for the family foods instead of the ordinary salt.



• Is the infant'age 2 weeks or more?



# ASSESS, CLASSIFY AND TREAT THE SICK YOUNG INFANT AGE UP TO 2 MONTHS





**ASSESS** 

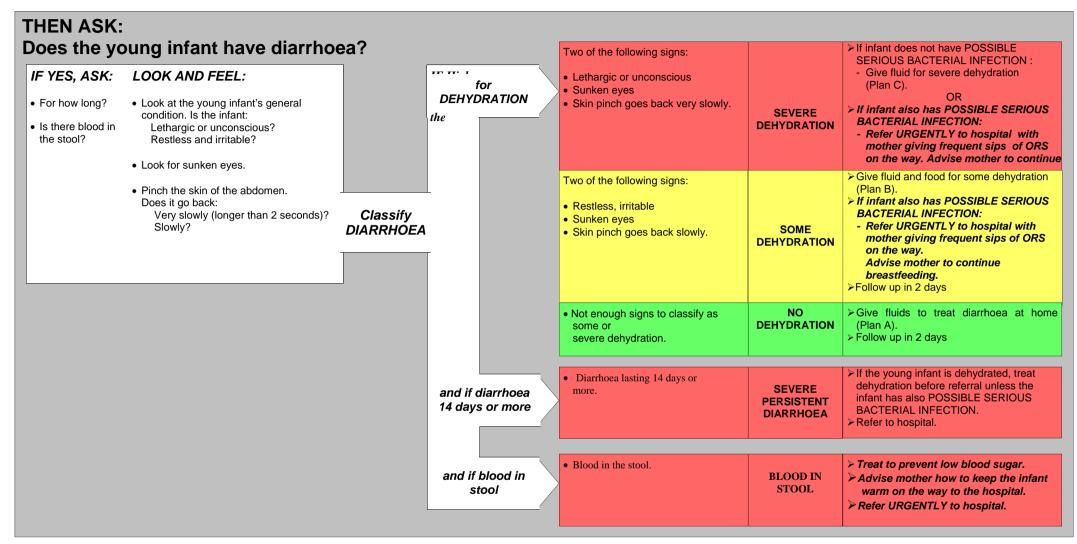
**CLASSIFY** 

IDENTIFY TREATMENT

ASK THE MOTHER WHAT THE YOUNG INFANT'S PROBLEMS ARE

- Determine if this is an initial or follow-up visit for this problem.
  - if follow-up visit, use the follow-up instructions on the bottom of this chart.
  - if initial visit, assess the young infant as follows:

### **CLASSIFY** CHECK FOR POSSIBLE BACTERIAL INFECTION SIGNS **TREATMENT** AS (Urgent pre-referral treatments are in bold print) > Treat current convulsion with rectal Not able to feed OR sodium valproate. Convulsions OR ASK: LOOK, LISTEN, FEEL: Classify • Fast breathing (60 breaths per minute or ALL Give first dose of intramuscular more) OR . Is the young infant • See if the infant is convulsing now. YOUNG antibiotics. Severe chest indrawing OR not able to feed? · Count the breaths in one minute. **POSSIBLE INFANTS** Nasal flaring OR Repeat the count if elevated. > Treat to prevent low blood sugar. **SERIOUS** • Grunting OR Look for severe chest indrawing. **BACTERIAL** • Wheeze OR YOUNG Look for nasal flaring. > Advise mother how to keep the • Has the infant had INFANT INFECTION • Bulging fontanelle OR infant warm on the way to the MUST BE convulsions? Look and listen for grunting. • Pus draining from ear OR CALM hospital. Look and listen for wheeze. Pus draining from the eves with redness • Look and feel for bulging and swelling OR Refer URGENTLY to hospital.\*\* fontanelle. • Umbilical redness extending to skin OR • Look for pus draining from the ear. • Fever (37.5°C\* or above or feels hot) or • Look at the eyes. Is it draining pus? low body temperature (less than 35.5°C\* Is draining pus associated with redness and swelling? or feels cold) OR • Look at the umbilicus. Is it red or draining pus? • Many or severe skin pustules OR Does the redness extend to the skin? Lethargic or unconscious OR • Measure temperature (or feel for fever or low body temperature). Give an appropriate oral antibiotic. • Look for skin pustules. Are there many or severe > Teach mother to treat local infections at Red umbilicus or draining pus OR LOCAL pustules? Skin pustules OR **BACTERIAL** Advise mother to give home care for the • See if the young infant is lethargic or unconscious. young infant. · Pus draining from the eyes. Look at the young infant's movements. INFECTION Are they less than normal? Advise mother to give home care for the **BACTERIAL** None of the above signs INFECTION voung infant. **CHECK FOR SIGNIFICANT JAUNDICE** UNLIKELY Follow-up in 2 days. Jaundice started in the first 24 hours of Encourage breastfeeding to prevent ASK LOOK **Classify SIGNIFICANT** low blood sugar life and still present OR Look for Jaundice : Has Jaundice **JAUNDICE** ▶ Advise mother how to keep the infant **JAUNDICE** Deep Jaundice seen in the sclera OR started in the first Is it deep jaundice seen in the sclera? warm on the way to the hospital Jaundice extending to palms and/or soles Is it extending to palms and/or soles? 24hours of life? Refer URGENTLY to hospital



<sup>\*</sup> These thresholds are based on axillary temperature. The thresholds for rectal temperature readings are approximately 0.5°C higher.

<sup>\*\*</sup> If referral is not possible, see Integrated Management of Childhood Illness, Treat the Child, Annex: "Where Referral Is Not Possible."

### THEN CHECK FOR FEEDING PROBLEM OR LOW WEIGHT:

### ASK:

- Is there any difficulty feeding?
- Is the infant breastfed? If yes, how many times in 24 hours? Is the infant breastfed during night?
- Does the infant usually receive any other foods or drinks? If yes, how often?
- What do you use to feed the infant?

### LOOK, LISTEN, FEEL:

- Determine weight for age.
- In newborn: determine birth weight
- Look for ulcers or white patches in the mouth (thrush).

IF AN INFANT: Has any difficulty feeding, or

Is breastfeeding less than 8 times in 24 hours, or

Is taking any other foods or drinks, or

Is low weight for age, or low birth weight ( less than 2500 grams ) or

Is in the first week of life

**AND** Has no indications to refer urgently to hospital:

### ASSESS BREASTFEEDING:

 Has the infant breastfed in the previous hour? If the infant has not fed in the previous hour, ask the mother to put her infant to the breast. Observe the breastfeed for 4 minutes. (If the infant was fed during the last hour, ask the mother if she can wait and tell you when the infant is willing to feed again.)

• Is the infant position correct?

### TO CHECK POSITIONING, LOOK FOR:

- Infant's neck is straight or bent slightly back,
- Infant's body is turned towards the mother,
- Infants's body is close to mother's body, and
- Infants's whole body supported.

(If all of these signs are present, the infant's positioning is good)

poor positioning

good positioning

• Is the infant able to attach?

### TO CHECK ATTACHMENT, LOOK FOR:

- Chin touching breast
- Mouth wide open
- Lower lip turned outward and,
- More areola visible above than below the mouth

(If all of these signs are present, the attachment is good.)

no attachment at all

not well attached

good attachment

 Is the infant suckling effectively (that is, slow deep sucks, sometimes pausing)?

not suckling at all not suckling effectively suckling effectively

Clear a blocked nose if it interferes with breastfeeding.

### Classify FEEDIN

		► Give first dose of intramuscular antibiotics
<ul> <li>Not able to feed or</li> <li>No attachment at all or</li> <li>Not suckling at all.</li> <li>Poor positioning or</li> <li>Not well attached to breast or</li> </ul>	NOT ABLE TO FEED - POSSIBLE SERIOUS BACTERIAL INFECTION	Give first dose of intramuscular antibiotics.      Treat to prevent low blood sugar.      Advise the mother how to keep the young infant warm on the way to the hospital.      Refer URGENTLY to hospital.      Advise the mother to breastfeed as often and for as long as the infant wants, day and night.      If not well attached or not suckling effectively,
<ul> <li>Not suckling effectively or</li> <li>Less than 8 breastfeeds in 24 hours or</li> <li>Receives other foods or drinks or</li> <li>Low weight for age or low birth weight or</li> <li>Thrush (ulcers or white patches in mouth)</li> </ul>	FEEDING PROBLEM OR LOW WEIGHT	teach correct positioning and attachment.  - If low birth weight and problems with attachment and suckling persists after counselling: refer to hospital.  • If breastfeeding less than 8 times in 24 hours, advise to increase frequency of feeding.  > If receiving other foods or drinks, counsel mother about breastfeeding more, reducing other foods or drinks, and using a cup.  • If not breastfeeding at all:  - Refer for breastfeeding counselling and possible relactation.  - Advise about correctly preparing breastmilk substitutes and using a cup.  > If thrush, teach the mother to treat thrush at home.  > Advise mother to give home care for the young infant.  > Follow-up any feeding problem or thrush in 2 days.  > Follow-up low weight for age in 14 days.
Not low weight for age and no other signs of inadequate feeding.	NO FEEDING PROBLEM	Advise mother to give home care for the young infant.  Praise the mother for feeding the infant well.

### THEN CHECK THE YOUNG INFANT'S IMMUNIZATION STATUS:

**IMMUNIZATION SCHEDULE:** 

**AGE** 

VACCINE

At Birth

OPV Zero DoseBCG

### **ASSESS OTHER PROBLEMS**

### TREAT THE YOUNG INFANT AND COUNSEL THE MOTHER

### ➤ Give an Appropriate Oral Antibiotic

### For local bacterial infection:

First-line antibiotic: AMOXYCILLIN Second-line antibiotic: COTRIMOXAZOLE

	AMOXY > Give three time		COTRIMOXAZOLE (trimethoprim + sulphamethoxazole) > Give two times daily for 5 days
AGE or WEIGHT	Syrup 125 mg in 5 ml	Syrup 250 mg in 5 ml	Syrup (40 mg trimethoprim +200 mg sulphamethoxazole) in 5ml
Birth up to 1 month (< 3 kg)	1.25 ml		1.25 ml*
1 month up to 2 months (3-4 kg)	2.5 ml	1.25 ml	2.5 ml

<sup>\*</sup> Avoid cotrimoxazole in infants less than 1 month of age who are premature or jaundiced.

### ➤ Give First Dose of Intramuscular Antibiotics

>Give first dose of both ampicillin and gentamicin intramuscular.

	<b>GENTAMICIN</b> Dose: 2.5 mg per kg		Ampicillin Dose: 50 mg per kg	
	Undiluted 2 ml vial		Add 6 ml sterile water to 2 ml	To a vial of 500 mg :
WEIGHT	containing 20 mg = 2 ml at 10 mg/ml	OR	vial containing 80 mg = 8 ml at 10 mg/ml	Add 4.5 ml sterile water = 5.0 ml at 100 mg/ml
1 kg		0.25 ml		0.5 ml
2 kg	0.50 ml		1.0 ml	
3 kg		0.75 ml		1.5 ml
4 kg		1.00 ml		2.0 ml
5 kg		1.25 ml		2.5 ml

Referral is the best option for a young infant classified with POSSIBLE SERIOUS BACTERIAL INFECTION. If referral is not possible, give Ampicillin and gentamicin for at least 5 days. Give Ampicillin every 6 hours <u>plus</u> gentamicin every 8 hours. For infants in the first week of life, give gentamicin every 12 hours.

### TREAT THE YOUNG INFANT AND COUNSEL THE MOTHER

- ➤ To Treat Convulsing Young Infant, See TREAT THE CHILD Chart.
- > To Treat Diarrhoea, See TREAT THE CHILD Chart.
- ➤ Immunize Every Sick Young Infant, as Needed.
- > Teach the Mother to Treat Local Infections at Home
  - > Explain how the treatment is given.
  - > Watch her as she does the first treatment in the clinic.
  - > She should return to the clinic if the infection worsens.

### To Treat Skin Pustules or Umbilical Infection

Tell her to do the treatment twice daily.

The mother should:

- Wash hands
- Gently wash off pus and crusts with soap and water
- Dry the area
- > Paint with gentian violet
- Wash hands

### To Treat Thrush (ulcers or white patches in mouth)

Tell her to do the treatment twice daily.

The mother should:

- Wash hands
- Wash mouth with clean soft cloth wrapped around the finger and wet with salt water
- Paint the mouth with half-strength gentian violet
- Wash hands

### To Treat Eye Infection:

Tell her to do the treatment 3 times daily.

The mother should

- ➤Wash her hands
- Use clean cloth and water to gently remove pus from the eyes
- >Then apply tetracycline eye ointment in both eyes on the inside of the lower lid.
- Wash her hands
- > Treat until redness is gone.

### TREAT THE YOUNG INFANT AND COUNSEL THE MOTHER

# ➤ Teach Correct Positioning and Attachment for Breastfeeding

- Show the mother how to hold her infant
- make sure that the mother is in comfortable position.
- with the infant's head and body straight.
- facing her breast with infant's nose opposite her nipple
- with infant's body close to her body,
- supporting infant's whole body, not just neck and shoulders.
- > Show her how to help the infant to attach. She should:
  - touch her infant's lips with her nipple
  - wait until her infant's mouth is opening wide
  - move her infant quickly onto her breast, aiming the infant's lower lip well below the nipple.
- > Look for signs of good attachment and effective suckling. If the attachment or suckling is not good, try again.

# ➤ Teach The Mother To Express Breast Milk If Indicated

- Infant mother separation e.g.
  - admitted infant to NICU or sick infant
  - sick or working mother
  - mother travelling away from home
- > Breast engorgement

### ➤ Advise Mother to Give Home Care for the Young Infant

≻FOOD

**FLUIDS** 

}

Breastfeed frequently, as often and for as long as the infant wants, day or night, during sickness and health.

### >WHEN TO RETURN

Follow-up Visit	
If the infant has:	Return for follow-up in:
LOCAL BACTERIAL INFECTION BACTERIAL INFECTION UNLIKELY ANY FEEDING PROBLEM THRUSH	2 days
LOW WEIGHT FOR AGE	14 days

When to Return Immediately:
Advise the mother to return immediate if the young infant has any of these sign
Breastfeeding or drinking poorly
Becomes sicker
Develops a fever
Fast breathing
Difficult breathing
Blood in stool

### >MAKE SURE THE YOUNG INFANT STAYS WARM ALL THE TIME

- In cool weather, cover the infant's head and feet and dress the infant with extra clothing.

### GIVE FOLLOW-UP CARE FOR THE SICK YOUNG INFANT

### > LOCAL BACTERIAL INFECTION

After 2 days:

Reassess the young infant for bacterial infection >>> see "Check for Possible Bacterial Infection" above.

Look at the umbilicus. Is it red or draining pus? Does redness extend to the skin?

Look at the skin pustules. Are there many or severe pustules?

### Treatment:

- > If signs of possible serious bacterial infection, refer to hospital.
- > If pus or redness remains or is worse, refer to hospital.
- > If pus and redness are improved, tell the mother to continue giving the 5 days of antibiotic and continue treating the local infection at home.

Look for pus draining from the eye(s). Is it associated with redness and swelling?

### Treatment:

- >If pus with redness and swelling, refer to hospital.
- >If pus is still draining from the eye(s), treat with local treatment for 5 days and follow up in 3 days, if pus is still draining refer to hospital.
- > If improving, tell her to continue local treatment until there is no pus or redness at all.

### > BACTERIAL INFECTION UNLIKELY

After 2 days:

Reassess the young infant for bacterial infection >>> see "Check for Possible Bacterial Infection" above.

### Treatment:

- > If signs of possible serious bacterial infection, refer to hospital.
- > If signs of local bacterial infection, treat accordingly.
- If still not improving, continue to give home care.
- > If *improving*, praise the mother for caring the infant well.

### GIVE FOLLOW-UP CARE FOR THE SICK YOUNG INFANT

### > FEEDING PROBLEM

After 2 days:

Reassess feeding. >>> See "Then Check for Feeding Problem or Low Weight" above. Ask about any feeding problems found on the initial visit.

- > Counsel the mother about any new or continuing feeding problems. If you counsel the mother to make significant changes in feeding, ask her to bring the young infant back again.
- > If the young infant is low weight for age, ask the mother to return 14 days after the initial visit to measure the young infant's weight gain.

### Exception:

If you do not think that feeding will improve, or if the young infant has *lost weight*, refer the child.

### > LOW WEIGHT

After 14 days:

Weigh the young infant and determine if the infant is still low weight for age.

Reassess feeding. >>> See "Then Check for Feeding Problem or Low Weight" above.

- > If the infant is *no longer low weight for age*, praise the mother and encourage her to continue.
- If the infant is still low weight for age, but is feeding well, praise the mother. Ask her to have her infant weighed again within a month or when she returns for immunization.
- If the infant is **still low weight for age and still has a feeding problem**, counsel the mother about the feeding problem. Ask the mother to return again in 14 days (or when she returns for immunization, if this is within 2 weeks). Continue to see the young infant every few weeks until the infant is feeding well and gaining weight regularly or is no longer low weight for age.

### Exception:

If you do not think that feeding will improve, or if the young infant has *lost weight*, refer to hospital.

### > THRUSH

After 2 days:

Look for ulcers or white patches in the mouth (thrush).

Reassess feeding. >>> See "Then Check for Feeding Problem or Low Weight" above.

- > If thrush is worse, or the infant has problems with attachment or suckling, refer to hospital.
- > If thrush is the same or better, and if the infant is feeding well, continue half-strength gentian violet for a total of 5 days.

# MANAGEMENT OF THE SICK CHILD AGE 2 MONTHS UP TO 5 YEARS

vame:M	Male: Age: months	Weight:kg T	Temperature: °C	Initial Visit	Follow-up Visit
\SK: What are the child's problems?					
ASSESS (Ci	ASSESS (Circle all signs present)	CLASSIFY		TREAT	
NOT ABLE TO DRINK OR BREASTFEED VOMITS EVERYTHING HISTORY OF CONVULSIONS	DANGER SIGN?  LETHARGIC OR UNCONSCIOUS  CONVULSING NOW				
DOES THE CHILD HAVE COUGH OR DIFFICULT BREATHING?	FICULT BREATHING? Yes_ No				
• For how long? Days	Count the breaths in one minute.     breaths per minute.     Look for chest indrawing.     Look and listen for wheeze			1	
DOES THE CHILD HAVE DIARRHOEA?	Yes No				
•For how long?Days • Is there blood in the stool ?	<ul> <li>Look at the child's general condition. Is the child: Lethargic or unconscious? Restless and/or irritable?</li> <li>Look for sunken eyes.</li> <li>Offer the child fluid. Is the child: Not able to drink or drinking poorly? Drinking eagerly, thirsty?</li> <li>Pinch the skin of the abdomen. Does it go back: Very slowly (longer than 2 seconds)? Slowly?</li> </ul>				
CHECK FOR THROAT PROBLEMS					
Does the child have fever? (by history or feels hot/temperature 37.5°C or above)     Does the child have sore throat?	<ul> <li>Feel enlarged tender lymph node on the neck</li> <li>Look for red (congested) throat</li> <li>Look for white or yellow exudate on the throat and/or tonsils</li> </ul>				
DOES THE CHILD HAVE AN EAR PROBLEM?	LEM? Yes No				
<ul> <li>Is there agonizing ear pain?</li> <li>Is there ear discharge?</li> <li>If Yes, for how long?</li> <li>Days</li> </ul>	<ul> <li>Look for pus draining from the ear.</li> <li>Feel for tender swelling behind the ear.</li> </ul>				

ASSESS (Circle all signs present)	CLASSIFY	TREAT
DOES THE CHILD HAVE FEVER? (by history or feels hol/temperature 37.5°C or above)		
<ul> <li>For how long?</li> <li>Days</li> <li>Look or feel for stiff neck.</li> <li>If more than 5 days, has fever been present every day?</li> <li>Look for signs of MEASLES</li> </ul>		
<ul> <li>Has child had measles within the last three months?</li> <li>Generalized rash and</li> <li>One of these: cough, runny nose, or red eyes.</li> </ul>		
If the child has measles now  Or within the last 3 months:  Look for mouth ulcers.  If Yes, are they deep or extensive?  Look for pus draining from the eye.  Look for clouding of the cornea.		
CHECK FOR MALNUTRITION AND ANEMIA.  • Look for visible severe wasting.  • Look for oedema of both feet.  • Determine weight for age.  Low		
CHECK THE CHILD'S IMMUNIZATION AND VITAMIN A SUPPLEMENTATION STATUS. (Circle immunizations and vitamin A needed today).	Return for next	Give any immunizations or vitamin A supplementation needed today
OPV ZERO DOSE BCG	immunization.on;	
OPV1 DPT1 HB1		
OPV2 BPT2 HB2	2	
OPV3 DPT3 HB3	(Date)	
OPV4 Vitamin A (1st dose) OPV5 MMR		
OPV Booster DPT Booster MMR Booster Vitamin A (2nd dose)  ASSESS CHILD'S FEEDING IF THE CHILD IS LESS THAN 2 YEARS OLD OR HAS	ENS BOOK ENS	Appropriate Advise for Feeding Problems
ANAEMIA OR LOW WEIGHT AND NO NEED FOR URGENT REFERRAL  Do you breastfeed your child?  If Yes, how many times in 24 hours? times.  Do you breastfeed during the night?  Does the child take any other food or fluids?  How many times per day?  What do you use to feed the child? times.  Who large are servings?  Does the child receive his own serving? times the child receive his own serving? No if Yes, how?  During the illness, has the child's feeding changed? Yes No if Yes, how?	FEEDING PROBLEMS	Appropriate Advise for Feeding Problems
ASSESS OTHER PROBLEMS:		

Counsel the mother about her own health

Return for follow-up in :

Advise the mother on home care: Food

Fluids

when to return immediately.

# MANAGEMENT OF THE SICK YOUNG INFANT AGE UP TO 2 MONTHS

°C Initial Visit: Follow-up Visit:	TREAT			
Temperature:	CLASSIFY			
Name:	Assess (Circle any signs present)	State young infant not able to feed?      State young infant not able to feed?      Count the breaths in one minute.  Repeat if elevated Fast breathing?  Look for nasal flaring.  Look and listen for wheeze.  Look and feel for bulging fontanelle.  Look and the umbillistus is it red or draining pus?  Look at the eyes. Is it charaing pus?  Look at the wests. It charaing pus?  Look at the wests. Is it red or draining pus?  Does the redness extend to the skin?  Fever (temperature 37.5°C or feels hot) or low body temperature 37.5°C or feels hot) or low body temperature feelow 35.5°C or feels hot).  Look at the young infant is lethargic or unconscious.  Look at the young infant's movements. Are they Less than normal?	Mose THE YOUNG INFANT HAVE SIGNIFICANT JAUNDICE?      Has jaundice started in the list 24 hours of life?      Is it deep jaundice seen in the sclera?      Is it extending to the palms and/or soles?      Is the infant age 2 weeks or more?      Is it extending to the palms and/or soles?	For how long?     Loays     Is there blood in the stool?     Is the infant:     Lethargic or unconscious?     Restless and/ or irritable?     Look for sunken eyes.     Look for sunken eyes.     Pinch the skin of the abdomen. Does it go back:     Very slowly?

ASSESS (Circle all signs)

when to return immediately	nt warm :	Return for follow-up in Continue breastfeeding: Keep the infant warm Counsel the mother about her own health
		ASSESS OTHER PROBLEMS
	(Date)	OPV ZERO DOSE: BCG:
Give any immunizations needed today:	Return for next immunization on:	CHECK THE YOUNG INFANT'S IMMUNIZATION STATUS Circle immunizations needed today.
		not suckling at all not suckling effectively suckling effectively
		<ul> <li>Is the infant suckling effectively (that is, slow deep sucks, sometimes pausing)?</li> </ul>
		no attachment at all not well attached good attachment
		- More areola above than below the mouth Yes No
		- Lower lip turned outward Yes No
		- Mouth wide open Yes No
		- Chin touching breast Yes No
		<ul> <li>Is the infant able to attach? To check attachment, look for:</li> </ul>
		poor positioning good positioning
		- Infant's whole body supported YesNo
		- Infant's body close to mother's body Yes No
		- Infant's body turned towards mother YesNo
		- Infant's neck straight or bent slightly back YesNo
		drinks, or is low weight for age or low birth weight ( less than 2500 gram ), or is in the first week of life And has NO indications to refer urgently to hospital: ASSESS BREAST FEEDING ASSESS BREASTFEEDING:  If infant has not fed in the previous hour, ask the mother to put her infant to the breast. Observe the breastfeed for 4 minutes.  If the infant position correct? To check positioning, look for:
		Look for ulcers or white patches in the mouth (thrush).  I the infent has any difficulty feeding is broastfooding less than 8 times in 24 hours. is taking any other food or
		In neoborn determine birth weight.
		Does the infant usually receive any other foods or drinks?  If Yes, how often?  No  What do you use to feed the infant?  Determine weight for age.  Low  Not Low
		is the infant breastfed by night? YesNo
		If Yes, how many times in 24 hours?times
		Is the infant breastfed?  YesNo
		Is there any difficulty feeding?  YesNo
		THEN CHECK FOR FEEDING PROBLEM OR LOW WEIGHT

### **NOTES**

