

Regional Office for the Eastern Mediterranean

Current major event

Burden of ARD in the EMR

Recently, a literature review on the burden of acute respiratory diseases of epidemic and pandemic potential in the Eastern Mediterranean Region (EMR) of WHO has been conducted.

Editorial note

There are gaps in the knowledge about the burden of severe respiratory disease in the Eastern Mediterranean Region (EMR). The recently conducted literature review provides information on the burden of epidemic- and pandemicprone acute respiratory infections (ARI) in the Region which may help in the development of evidence-based disease prevention and control policies. Relevant published and unpublished reports were identified from searches of various databases; 83 documents fulfilled the search criteria (Please see the box). The infections identified included: ARI, avian influenza A(H5N1), influenza A (H1N1)pdm09 and Middle East respiratory syndrome coronavirus (MERS-CoV) infection.

The review provides evidence that pneumonia and acute respiratory disease are important contributors to child mortality in the Region, ranging between 22% and 30.5%. Novel pathogens and those capable of causing severe excess morbidity and mortality, namely influenza A (H1N1)pdm09, A(H5N1) and MERS-CoV, were found to mainly affect adults. Influenza A(H5N1) was reported in four countries in the Region. Three of these, Djibouti, Iraq and Pakistan, have had a small number of cases and appear to have controlled the epidemic effectively with no new human cases reported in the last 5 years. Nonetheless, multiple outbreaks of influenza A(H5N1) in poultry and wild birds have occurred in Pakistan and Iraq since 2006. Egypt continues to report human cases and has the highest number compared to the rest of the world, with the second highest number of fatalities (case fatality 33% overall and 47% in the 45+ years age group).

The 2009 A(H1N1) influenza pandemic was a good example of how a novel

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Disease	Population at risk (year) (<i>reference)</i>	Study design	Case definition as reported	Prevalence (%) or incidence per 10 000 person-years (age, if available)
Inpatient				
Pneumonia	Riyadh, Saudi Arabia All patients at King Fahad National Guard Hospital (2013) (35)	Point prevalence survey	Community acquired pneumonia	Overall 30.3%; (43.4% 50+ y, 17.1% 40-49 y, 3.9% 30-39 y, 6.6% 20-29 y, 6.6% 10-19 y, 14.5% 1-9 y, 7.9% < 1 y)
Inpatient & Outpatient				
RSV infection	Damanhour, Egypt Population-based surveillance of ARI in 3 hospital and 3	Descriptive cross-	RSV associated hospitalization	2.4ª (174.5ª in children < 1 y)
	outpatient settings (2009-2012) (41)	sectional	RSV associated outpatient visits	60.8 ^b
Outpatient				
ALRI	Bam, Islamic Republic of Iran Post-earthquake assessment of disease (2004) (<i>36</i>)	Descriptive cross- sectional	Lower respiratory tract infection	312 ^c
Surveillance				
ARI	Karachi, Pakistan Community surveillance in 4 peri-urban communities in Pakistan (2002/03) (<i>37</i>)	Cross sectional survey	Acute respiratory infection	4403ª
ALRI			Pneumonia and severe pneumonia	821°
ARI	Sudan EWARS communicable disease weekly bulletin (2013/14) (38,39)		ARI	Range low to high: 239 to 848 ^r
	West Darfur (<i>38,39,69–72</i>) North Darfur (<i>38,39,69–72</i>) Population of Oman (2013) (<i>40</i>)		ARI ARI ARI in < 5 year olds	759 to 1149 1206 to 1721 11200
Influenza	Syrian Arab republic All governates. (2013) (73)		Report	Cases influenza reported by health facilities
			Annual	

Yemen, national data (2013) (74)

Cases of influenza

Summary of references identified and

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1817 references identified from database search (Medline, Embase, CAB and IMEMR)				
1605 excluded based on review of titles and abstracts, or duplicates				
Full text review of: 238 references from databases + 28 from Ministry of Health websites + at least 115 from WHO and Google web searches				
154 screened out due to lack of applicable data, inability to obtain, or met- at least one exclusion criteria	83 references retained for least one extracted outcon			

strain of transmissible influenza virus can affect an essentially susceptible population. Of the respiratory deaths attributed to A(H1N1)pdm09, 17 900 are estimated to be from the EMR, with a rate of 3.0 per 100 000.

This review revealed a number of specific gaps in the surveillance system for ARI in the Region. Notably, there is a paucity of disease burden data that are statistically comparable between countries in the EMR. A number of countries had either no or very few reportable data. While it is suspected that the data abstracted for this review are not entirely representative of the whole Region, the information provides an initial evidence base to support improved surveillance and reporting in the countries of the EMR.

Acute respiratory infection is consistently ranked among the top causes of morbidity and mortality. It has been referred to as a "forgotten pandemic". It is expected that the current review may help in the development of evidence-based disease prevention and control policies in the Region for ARI.

Update on outbreaks

MERS-CoV in Saudi Arabia;; Cholera in Somalia.

Current public health events of international concern [cumulative N° of cases (deaths), CFR %]

Avian Influenza : 2006-2016						
Egypt (A/H5N1)	[350 (117), 33.4%]					
Egypt (A/H9N2)	[3 (0)]					
MERS-CoV: 2012-2016						
Saudi Arabia	[1414 (601), 42.5%]					
Bahrain	[1 (1), 100%]					
Cholera : 2016						
Somalia [8838 (433), ,						
Yellow fever: 2015-2016						
Angola	[3137 (345), 10.9%					
DRC	[1644 (71). 4.3%					
Lassa fever : 2015-2016						
Nigeria	[273(149), 54.5%)					
Benin	[54(28),51.8%					
Avian Influenza A (H7N9) : 2013-2016						
China	[775 (307),39.7%]					
Avian Influenza A (H5N6) : 2016						
China	[4 (0)]					
Wild poliovirus: 2014-2016						
Pakistan	[371(0)]					
Afghanistan	[54(0)]					
Zika Virus Infection: 2007-2016						

60 countries and territories have reported transmission so far