

Ebola




**you can protect yourself,
your family
and your community**



**World Health
Organization**

Regional Office for the Eastern Mediterranean



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Common modes of transmission

Direct contact with:



Blood



Urine and faeces



Vomit



Other body fluids

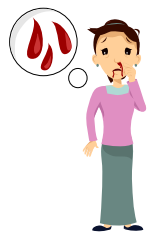
Common symptoms



Sudden high fever



Vomiting



Bleeding



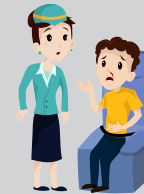
Diarrhoea

Prevention

While travelling



Alert airlines about a fellow traveller who has Ebola symptoms



If you develop a fever and Ebola symptoms yourself promptly inform airline personnel

At airports and destinations



Avoid direct physical contact with anyone who is displaying the symptoms of Ebola



Do not touch the body of a person who has died from Ebola



Use alcohol rub throughout the day. When hands are visibly dirty wash with soap and water



Seek prompt medical attention if you have Ebola symptoms

You cannot get Ebola by talking to people, walking in the street or by shopping in the market