you can protect yourself, your family and your community
Common modes of transmission

Direct contact with:
- Blood
- Urine and faeces
- Vomit
- Other body fluids

Common symptoms
- Sudden high fever
- Vomiting
- Bleeding
- Diarrhoea

Prevention

While travelling
- Alert airlines about a fellow traveller who has Ebola symptoms
- If you develop a fever and Ebola symptoms yourself promptly inform airline personnel

At airports and at destinations
- Avoid direct physical contact with anyone who is displaying the symptoms of Ebola
- Do not touch the body of a person who has died from Ebola
- Use alcohol rub throughout the day. When hands are visibly dirty wash with soap and water
- Seek prompt medical attention if you have Ebola symptoms

You cannot get Ebola by talking to people, walking in the street or by shopping in the market