Properly dispose of or disinfect the PPE after use

Health care workers treating suspected cases should be wearing full PPE

Suspected case:
- fever
- no response to treatment
- bleeding

Know the travel history of any suspected case

Make sure that you have been trained on the proper use of personal protective equipment (PPE)

Know more about the disease

1. You cannot get Ebola by talking to people, walking in the street or by shopping in the market

2. Ebola is transmitted through direct contact with:
   - Vomit
   - Saliva
   - Blood
   - Faeces
   - Urine

3. Common symptoms are:
   - Headache
   - Sudden high fever
   - Extreme tiredness
   - Vomiting
   - Loss of appetite
   - Diarrhoea
   - Body pain

Tourists and regular travellers are at higher risk only when they come into direct contact with a person who is sick with Ebola

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