



# Ebola

**you can protect yourself,  
your family  
and your community**






Regional Office for the Eastern Mediterranean

WHO-EM/CSR/080/E

YAT Communication



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## Common modes of transmission

Direct contact with:



Blood



Urine and faeces



Vomit



Other body fluids

## Common symptoms



Sudden high fever



Vomiting



Bleeding



Diarrhoea

## Prevention

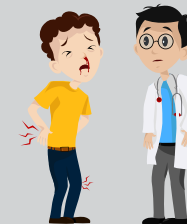
Do



Wash your hands frequently with soap and water



The body of a person with Ebola should only be handled by people who are trained on safe burial practices



Seek prompt medical attention if you have Ebola symptoms

Don't



**Don't** touch people with signs of Ebola



**Don't** touch people who have died from Ebola

You cannot get Ebola by talking to people, walking in the street or by shopping in the market