

Ebola

you can protect yourself, your family and your community

Common modes of transmission

Direct contact with:



Blood



Urine and faeces



Vomit



Other body fluids

Common symptoms



Sudden high fever



Vomiting



Bleeding



Diarrhoea

Prevention

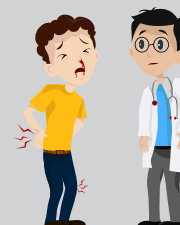
Do



Wash your hands frequently with soap and water



The body of a person with Ebola should only be handled by people who are trained on safe burial practices



Seek prompt medical attention if you have Ebola symptoms

Don't



Don't touch people with signs of Ebola



Don't touch people who have died from Ebola

You cannot get Ebola by talking to people, walking in the street or by shopping in the market

