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THE ECONOMIC IMPACT OF MALARIA ERADICATION
WITH SPECIAL EMPHASIS ON THE HAWASH VALLEY IN ETHIOPIA

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The introduction of health services and the control or eradication of communicable diseases in an area or a country must be considered from two points of view. One is the humanitarian, the concept that a maximum level of health is a human right. The other is the economic, whether an improvement of the general health of a people will pave the way for a higher standard of living or whether, as predicted by Malthus, it will lead to unrestrained population growth and consequent poverty. In this paper we will not be concerned primarily with the humanitarian point of view, however reasonable and convincing this might prove to be. Instead, our aim will be to study the impact of health measures, and more particularly of malaria eradication, on economic development. In addition, in order that we can be quite specific in some of our conclusions, we will concentrate on the problem as it pertains to a certain area of Ethiopia known as the Hawash Valley.

A number of economists have expressed the fear that too effective public health measures, in the early stages of economic development of a country, may cause an explosive population growth without a commensurate rise in gross national product and/or per capita income (1) (2).

That effective health measures are followed by population growth is a fact. For example, a post-war campaign to eradicate malaria and other infectious diseases in Ceylon was accompanied by an increase in the annual rate of population growth from a yearly average of 1.6% during the period 1901 to 1950 to a yearly average of more than 3% for the period 1946 to 1950. This explosive population growth was mainly caused by a rapid decline in mortality. For example, in Ceylon, the death rate dropped in three years from 21.5 per thousand in 1945 to 12.8 in 1958. In Puerto Rico, following the development of much improved generalized health services, the mortality rate was halved in the decade from 1940 to 1950 (3). Unfortunately, in both instances there was no tendency for the birth rate to decline at the same time. Fertility, in fact, is socially rather than medically determined.

An increased rate of population growth must, therefore, be accepted as one of the consequences of effective disease control measures. The question is, how large an increase in population can be expected? Professor Leibenstein (4) has worked out a "typical" or representative population based upon a known age-and-sex distribution in several countries where the life expectancy at birth is less than forty years.

According to Professor Leibenstein's model one can postulate a certain rate of population growth if one can make certain assumptions as follows: Assuming (1) high and constant fertility rate, equivalent to birth rate of forty per thousand, (2) rapid decline in mortality resulting in a twelve-year increase in life expectancy at birth during the first ten years and a two-year increase in life expectancy each ten years thereafter, then the new rate of population growth will be 2.74% per annum. However, in this example, the average rate of population growth would be 1.7% per annum even if mortality is assumed constant at its initial high rate. The additional growth is thus only 1% per year and not all this growth is necessarily due to decrease in mortality but also to famine control, flood prevention, etc.

It is obvious that there may be serious disadvantages connected with a sudden population growth. If, for example, a population increases at the rate of 2.7% per year, then gross national product must grow by more than this percentage in order to achieve an improvement in living standards. If this does not occur, then the results of development programmes are likely to be "swallowed up by extra mouths".

The assumption leading to the Malthusian view is that the elements of production, like capital, natural resources, and land will not increase proportionately with the increase in the labour force. This is, however, by no means always the case. In Ethiopia, for example, many of the natural resources have not yet been touched and there is plenty of arable land in the big river valleys, provided that these valleys are made suitable for human habitation.

One of the main factors in achieving this latter desirable result would be the elimination of malaria.

As to capital, which primarily is expressed in terms of man-made equipment or the financial resources to purchase such equipment, modern economic experience indicates that this is potentially the most expensable of all resources. For example, it may be borrowed from abroad or may be created within the country by utilizing the surplus labour force for capital-producing industrial projects.

One of the results of health improvement might be an increase in the proportion of the working-age population as compared with the total population. However, experience in various countries has shown that this is not certain if the fertility rate stays high. The reason for this is that the high birth rate will constantly add more young (non-productive) members to the population than the reduced death rate is adding to the working-age groups.

As a result of the aforementioned reasoning, increasing attention has recently been directed (1,2) to other kinds of population changes which might result from health programmes. In brief, these consist in a change in the age structure of a population and an improvement of the working capacity of each member of the population in the working-age group. For example, the age structure of an unhealthy population may yield as much as twice the number of mouths to feed as it does hands to work. In the United States only 14% of individuals lived through the productive years of life to reach the age of 65 four or five decades ago; today, 50% reach that age.

The economic loss, through death, of productive members of a population only represents a minor part of the total loss. As C.E.A. Winslow (5) points out, the loss from disability and debility is much greater. Thus, since malaria is one of these incapacitating and debilitating diseases, it may, in many areas, be most damaging to productivity. In addition, as in Ethiopia, the fact that malaria quite frequently reaches its greatest incidence during the harvest time further accentuates this undesirable effect on the productivity of the working-age population.

Finally the fact that ill health reduces enterprise and initiative may be a less tangible effect but, none the less, a most important one. For example, it is a well-known postulate that people who are ill and debilitated will not very readily accept changes in working conditions. Therefore, the raising of levels of health may be a *sine qua non* for a social climate hospitable to economic growth and a betterment of the standard of living.

Before leaving this subject of the general effects of health improvement on productive potential, it should be pointed out that such health improvement will only be of economic benefit

if it results in actually increased production. Such a result cannot be achieved without investment in other areas besides health. It is therefore necessary to strike a reasonable balance between efforts in the field of health and in other fields, such as, social services, productive services, agriculture, education, etc. Furthermore, it should be pointed out that planning for the development of these various services should be geared to the rate at which their effect will be felt upon the population and the economy. For example, as has already been indicated, the effect of malaria eradication can produce an explosive increase in population. Consequently, if the maximum beneficial effect of such a programme is to be achieved, the development of the other services which need to go along with it should be started prior to the actual malaria eradication programme because their effects will take longer to produce than will those of the malaria programme itself.

If all these considerations are observed, the productive effect of investment in health may be enormous. According to Collings (6), Dr. Choncha Venegas has estimated the cost of a four-year malaria eradication programme for his country at U.S. \$ 13 million. On the other hand he estimates savings to the country, due to reduction in work-loss, deaths and public assistance, at U.S. \$ 23 million per year. This represents a return on investment of slightly under 100% per year while the programme is in effect and, of course, there will be continued benefits once the disease is eradicated. Thus, large initial expenditures for widespread diseases like malaria may well prove self-liquidating, in the long run, for once eradication has been achieved, only relatively minor expenditures are required to maintain the benefits of the eradication programme. However, one should bear in mind that there is an "all or nothing" quality about expenditures for this type of programme. If too little is spent the whole may be wasted.

Malaria is still the greatest single menace to the health of man and his economic development. A decade ago three million people died every year of malaria while 300 million suffered its weakening effects, the latter fact, from an economic point of view, being the main importance of malaria. The disease produces a chronic invalidism in endemic areas and, from time to time, epidemics in the non-endemic areas. Ethiopia is, primarily, a country which belongs in the latter category. For example, the great malaria epidemic which occurred throughout Ethiopia during the fall of 1958 apparently caused at least 100,000 deaths and an untold number of additional deaths due to starvation as well as great monetary losses. The Ethiopians, because they have been aware of this hazard for many years, have neglected many of the fertile parts of their country which are in danger of periodic malaria epidemics. It is therefore correct when Senator Humphrey says that "malaria, poverty, low population density and lack of development are inseparable in the rural tropics".

In Ethiopia, this is particularly true in the fertile large river valleys, not only in the lowlands but at elevations as high as 2,000 metres.

Of the world's total population of 2,737 million, approximately 42% live in malarious areas. Much has been done in the way of control and eradication during the last decade and, consequently, the figures mentioned previously in this paper have practically been halved. The number of cases of malaria has thus decreased from 300 million to about 150 million per year with 1.5 million deaths. Complete eradication of malaria has been achieved in British and French Guiana, Italy, United States, Argentina, Ceylon, Thailand, Venezuela, Cyprus, Madagascar and Greece.

As an example of what could be achieved in the way of economic gains here in Ethiopia if malaria were eradicated, we have had the good fortune to study the "Report on the Development of the Hawash Valley" by Messrs. Bolton and Hennessey, (7). As indicated in our opening remarks, we shall now, in the light of what has already been pointed out concerning the relation between health services and economic development, try to draw a picture of the results which may be expected from a malaria eradication programme in a specific portion of Ethiopia, namely, the Hawash Valley. In our discussion we shall try and point out how the proposed malaria eradication programme in this location may be specifically tied in with the development plan for all available resources in the area rather than treating it as an isolated and unrelated entity.

The whole area of the Hawash River Basin covers approximately 130,000 square kilometres and can be divided into three parts: (1) the head-waters area with Hawash town as a centre, (2) the middle area with Gaweni and Batia as centres and (3) the low area with Aisale as centre.

The Hawash River is a perennial river which, in its course, is fed by six main tributaries from the eastern escarpment. Geologically, the region is of volcanic origin with much undecomposed lava and cinder composition. The available arable land constitutes about 400,000 hectares (approx. 1 million acres) while there are also some 200,000 to 300,000 hectares (500,000 to 750,000 acres) of pasture land. Broadly speaking, the region, notably the lower portion, is rather dry. At the head-waters of the Cassem River, which flows into the Hawash in its middle part, there is as much as 400 mm of rain during each of the months of July and August, while the total yield of rainfall amounts to about 1,000 mm. The temperature, in the lower regions, goes up to 120°F. In general, there is a great difference in temperature above and below the altitude of 1,000 metres.

The estimated population of the Hawash Valley is 450,000, largely concentrated in the crests of the escarpment, on the watersheds and around head-waters. The remainder of the middle

and lower areas is sparsely populated, probably with an overall density below three per square kilometer. Most of these latter people are nomads.

Messrs. Bolton and Hennessey mentioned, as reasons for the present economic backwardness of the area, low crop yields because of outmoded methods of cultivation, improperly developed water and land resources because of inadequate population and inadequate capital investment, inefficient transport facilities even in fertile regions, isolation caused by geographic factors, and health problems.

In our opinion, the health problems, and particularly malaria, are the basic reasons for defective development of this apparently fertile area. Surveys carried out in the upper part of the Hawash Basin have shown that this part of the basin was highly malarious, and the present WHO pilot project in this area involving over 4,000 square kilometers with a population of about 130,000, has indicated that transmission of malaria can be interrupted by adequate spraying of all human and animal habitation with DDT. There is little doubt that malaria plays a devastating role throughout the whole basin, and the eradication of malaria is therefore in our opinion a prerequisite to any investment for further development of the area.

The Hawash River Basin would seem to us to be one of the best places to demonstrate the economic result of a well-conducted malaria eradication programme, mainly because of the perennial water supply from the river, for irrigation purposes and because of its strategic location for future development of the whole country by reason of its actual and potential transportation facilities. Once the area is habitable there will be rich possibilities to grow cash crops for export in order to diversify the Ethiopian export market, to establish meat and hide and other processing centres, and to develop existing markets abroad i.e. maize and pulses for Asia, oil seeds for North America and animal protein for Europe and the Middle East.

In more details, Messrs. Bolton and Hennessey, in their report, have made some rough calculations of the costs of development and the returns which may be expected in this geographical area of Ethiopia. The projected development costs include: (1) expenditures for irrigation of the arable area of 400,000 hectares during a period of thirty-five years, Ethiopian Dollars 280 million, or Ethiopian Dollars eight million per year; (2) expenditures for public works e.g. roads, bridges, electric power, etc., during six years, Ethiopian Dollars 120 million, or Ethiopian Dollars twenty million per year; (3) expenditures for improvement of pastures, for animal breeding, etc., during six years, Ethiopian Dollars nineteen million, or Ethiopian Dollars 3.3 million per year; (4) expenditures for land development, no figures are quoted for this item. It is presumed that the cost will be carried by the developers.

To these four items we should like to add the cost of malaria eradication. Assuming that spraying of all habitations will be necessary during four years, to be certain that transmission of the disease has been interrupted and that the reservoir of infective cases has been eliminated, and assuming that the cost per person per year will be Ethiopian Dollars 1.25 *, then we may estimate the total eradication costs at $450,000 \times \$1.25 \times 4 =$ Ethiopian Dollars 2,250,000 or Ethiopian Dollars 562,500 per year for four years.

The total cost for developing the Hawash River Basin will then amount to Ethiopian Dollars 421,250,000 over a period of thirty-five years. This amount will be defrayed at the rate of Ethiopian Dollars 31,862,500 per year during the first four years, Ethiopian Dollars 31,300,000 per year during the next two years, and Ethiopian Dollars 8,000,000 yearly during the following twenty-nine years if the Bolton and Hennessey plan is followed.

This is the debit side. What could be expected on the credit side ? The main output of the area will derive from crops and from animal products. Assuming that the average yield of crops per hectare is three tons and that two thirds of the irrigated area is under cultivation at any one time, the total tonnage which could be produced per year will be $\frac{2}{3} \times 400,000 \times 3 = 800,000$ tons. If we assume that the value of the produced crops will be Ethiopian Dollars 200 per ton, then the annual value could be as high as Ethiopian Dollars 160,000,000 per year. In addition, some 450,000 domestic animals could be supported on the 200,000 to 300,000 hectares of pasture land. With an average price of Ethiopian Dollars 400 per head of improved good cattle and a sale of some 60,000 heads per year an additional income of Ethiopian Dollars 24,000,000 could be expected. This makes a total annual income of Ethiopian Dollars 184,000,000 after thirty-five years. However, no income should be expected during the first five years of the project and it is estimated that it will take about ten years before a favourable balance between income and outgo can be reached. However, after that time there should be an increasing return per year until the maximum annual income of Ethiopian Dollars 184,000,000, as indicated above, is achieved.

The question now is, will this development of the Hawash Valley bring a higher standard of living to the population ? If we assume that the whole population of the area is 450,000 and that after

* As established in similar projects elsewhere and in our own pilot projects.

five years, when malaria is eradicated and reasonable health services have been introduced, it will start to grow at a rate of approximately 2.7% per annum, it will then, in thirty years, have grown to well over a million. If we furthermore assume that the average family will consist of four people, then this will mean an average yearly income of Ethiopian Dollars 736 per family, an amount which is certainly far above that which presently holds in the valley. We have no figures on this, but, in general, the impression seems to be that the average annual income, today, of families in the Hawash Valley is not much more than Ethiopian Dollars 200 at best.

To summarize our discussion, as Collings says (8) "the Malthusian emphasis on the difficulty in raising output at a rate commensurate with population growth derives from an assumption not always sufficiently explicit. The assumption is that the useful amounts of other factors of production (land, capital, natural resources), also the skills and techniques by which man uses these things for productive ends, are effectively fixed; or at least will not improve proportionately with the growth of the labour force. The increasing population, therefore, has progressively fewer resources to work with, according to the theory, and diminishing returns to labour must ensue".

"In actuality, the extent to which these resources are capable of expansion varies widely between countries and regions, but they can very seldom be regarded as fixed". In this paper, we have attempted to show how the application of this philosophy within a certain geographical portion of Ethiopia, logically suited to such development, leads to the almost inescapable conclusions that a malaria eradication programme in this area would, in time, be one of the main factors and an absolutely essential part of any significant economic development. In other parts of Ethiopia, notably in the Kobo-Chercher Plain, where a pilot project has been in operation for the past three years, it would also appear that a similar degree of economic development might be envisaged if the overall approach of the Bolton and Hennessey plan referred to above (7) were utilized. For example, in the Kobo-Chercher Plain, the influx of population from surrounding marginal farm land in the hills has increased the population in the plain by almost 30% in the past three years. The excellent arable land in the plain is now being extensively cultivated whereas before, due to the inroads of malaria, the population was totally inadequate for even minimal use of this land. However, certain crops which could, perhaps, be grown in the Kobo-Chercher Plain, such as cotton, cannot now be developed there because of inadequate water resources. Thus, the population on the plain may well be increasing more rapidly than its productive capacity.

It is our feeling that similar difficulties may be encountered in other parts of Ethiopia and have probably been encountered in

other countries where the importance of this overall approach has been neglected. Furthermore, it is also probable that in certain portions of this country, because of geographical and other difficulties, productivity can never be increased as rapidly as the population may increase following a malaria eradication programme. Normally, this might result in the movement of excess population from these relatively unsatisfactory areas to those which are more readily subject to development. If the latter areas are free of malaria and have been developed according to the logical steps outlined above, we will indeed be able to accept and may even require larger populations than would result simply from the decrease in malaria mortality and morbidity resulting from the eradication programme. Thus, the overall impact of a malaria programme in a country like Ethiopia could well be envisioned as being most salutary assuming, however, that all these factors are given adequate consideration in the country's development plan.

Indeed, as Ross Jenney so cogently says (9) "The economic effect is at the root. The writings of mature economists who have more than an arm chair experience with underdevelopment reveal a viewpoint somewhere between reticence and downright pessimism as to the greener meadow over the underdeveloped hill. The capital investment requirements are far beyond local means, and capital is seldom generated in a population of low productivity increasing at more than 2% a year. Private foreign capital is helpful but is insufficient and not always welcomed. Foreign government loans and grants cannot suffice while military expenditures continue and, in any event, are governed by the limited absorptive capacity. Each investment, however wise, leads to new requirements".

"In short, the 20th century has no ready solution for the problems of disparity it has created by leaving so much of the world in the 18th century. As a result, economists ask us to accept the fact that much of the world's population must remain at a subsistence level for a long time to come, and even this is threatened by the population explosion". However, no one, as indicated by Dr. Jenney, much less the public health worker, can be content with such a philosophy. There must be progress and if progress involves the development of a completely inter-disciplinary approach and the utilization of all kinds of skills and resources in order to achieve success, then so be it. It should indeed be a stimulating experience to work more closely and more effectively with all of our colleagues in the various professions and disciplines interested in the creation of a better world for all mankind.

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