



INTERCOUNTRY GROUP MEETING ON THE DEVELOPMENT

OF THE MENTAL HEALTH PROGRAMME

EM/INT.GRP.MTG.DEV.MHP/25

Amman, 24 - 28 September 1983

THE REPORT OF GROUP "A"

ON

MENTAL HEALTH IN PRIMARY CARE

Monday, 26/9/83

1. Physician because he is the front man who receives all patients first
2. Early detection of psychological cases
3. A. Emotional disturbance could be expressed by physical symptoms
B. Proper history - listening to his patients
C. Promote doctors'-patients' relationship
D. Proper referral of cases and follow up treatment cases and presenting suitable drugs
E. Delegate responsibilities whenever needed
4. Graduate training
 - Inservice treatment and post-graduate designed programme for 14 days practical and 18-20 hours.
 - Theoretically one week psychiatrist present in PHCW. and one week PCO in psychiatric centre.

Causes :

1. General outlook and magnitude of the problem
2. Simple symptomatology
3. Classification of psychiatric disorder
4. Chose the subject on anxiety depression and mal adjustment problem. Psychiatric emergencies and priorities in this area.
5. A. No way specified for referral system
B. Adequate recording system
C. Administrative support and cooperation on all part of mental and general health planners
D. Periodical supervision by psychiatrist according to a system agreed upon
E. Monitoring programme effectiveness

- F. One single drug at a time with specified dose and limited duration
- G. Central drug store : local drugs.