## Regional framework for action to strengthen the public health response to substance use



REGIONAL OFFICE FOR THE Eastern Mediterranean

Domain	Strategic interventions	Proposed indicators
Governance	<ul> <li>Include evidence-based, cost-effective interventions in the universal health coverage priority benefit package</li> </ul>	<ul> <li>Operational multisectoral public health-oriented substance use policies are endorsed and published</li> </ul>
	<ul> <li>Develop/update evidence-informed national substance use policies with a strong public health component, in consultation with stakeholders from the public, private and civil society sectors</li> <li>Develop/update substance use-related legislation(s) in line with international covenants, treaties and conventions, in consultation with stakeholders from the public, private and civil society sectors</li> <li>Set up an intersectoral coordination mechanism to facilitate the implementation and monitoring of evidence-based substance use policies and legislation</li> </ul>	<ul> <li>Relevant national legislation(s) is updated in line with international covenants, treaties and conventions</li> </ul>
		<ul> <li>Intersectoral (inter-ministerial) coordinating mechanism is in place reflecting public health leadership</li> </ul>
		<ul> <li>Specified budgetary allocations are in place to cover the prevention, treatment, care and rehabilitation of substance use disorders</li> </ul>
		<ul> <li>Depenalization/decriminalization of drug use, and drug courts are available in major cities</li> </ul>
	<ul> <li>Allocate specific budget allocations within the health and welfare sectors to address the prevention, management, rehabilitation, recovery, and monitoring and evaluation of substance use disorders</li> </ul>	<ul> <li>Treatment services for substance use disorders and related health problems are available for incarcerated populations across the continuum of care</li> </ul>
	<ul> <li>Develop programmes offering alternatives to incarceration for drug offenders</li> </ul>	
Health care	<ul> <li>Integrate screening and brief interventions for substance use disorders and management of overdose within primary health care and emergency rooms (intervention packages)</li> </ul>	<ul> <li>Primary health care and emergency services staff are trained to deliver screening and brief interventions for substance use disorders and to manage opioid overdose</li> </ul>
	<ul> <li>Develop/strengthen specialized services for the holistic and integrated management of substance use disorders, including pharmacological and psychosocial interventions</li> </ul>	<ul> <li>Multidisciplinary specialist teams are available for out- and inpatient treatment and care of substance use disorders, including the provision of pharmacological and psychosocial interventions</li> </ul>
	<ul> <li>Introduce and/or rapidly scale up the comprehensive package of services for harm reduction (needle and syringe exchange schemes, opioid substitution treatment, voluntary counselling and testing for HIV/hepatitis C, hepatitis B vaccination, antiretroviral therapy, tuberculosis care and treatment, sexually transmitted infection diagnosis and management, and overdose prevention and management)</li> <li>Ensure that essential medicines for the management of substance use disorders are available</li> </ul>	<ul> <li>Referral guidelines and pathways between primary and specialist services are in place</li> </ul>
		<ul> <li>United Nations Office on Drugs and Crime (UNODC)/WHO treatment standards for ensuring quality are adopted/adapted</li> </ul>
		A comprehensive package of services for harm reduction is in place
		<ul> <li>Methadone, buprenorphine, naloxone and other medications for detoxification and maintenance treatment are available as a part of a comprehensive package for the management of substance use</li> </ul>
	<ul> <li>Develop the capacity of health and social welfare personnel in substance use prevention, treatment, care and rehabilitation by integrating it into pre- and in-service teaching/training and as a part</li> </ul>	<ul> <li>disorders</li> <li>A substance use component is integrated into pre- and in-service education/training programmes for health and social welfare professionals and in continuing professional education/recertification</li> </ul>
	of continuing professional education/recertification processes	professionals and in continuing professional education/recertification

## Regional framework for action to strengthen the public health response to substance use (continued)

Domain	Strategic interventions	Proposed indicators
Health care	<ul> <li>Facilitate and promote the establishment of self-help and mutual aid groups</li> <li>Develop/strengthen capacity to conduct and utilize implementation research</li> </ul>	<ul> <li>Self-help/mutual aid groups are available</li> <li>National and regional networks are established to undertake priority implementation research, including a focus on complex emergency situations</li> </ul>
Promotion and prevention	<ul> <li>Embed universal substance use prevention programmes within broader health policies and strategies based on rigorous local needs and resource assessment</li> <li>Design and implement age-specific substance use prevention programmes in community, education and workplace settings</li> </ul>	<ul> <li>Multicomponent community intervention programmes are available, including parenting skills and family strengthening programmes</li> <li>Life skills education programmes are integrated into school curricula</li> <li>Workplace education and intervention programmes are in place</li> <li>Targeted campaigns are developed using multiple media channels to improve literacy about substance use and substance use disorders</li> <li>Updated UNODC/WHO prevention standards for ensuring quality are adopted/adapted</li> </ul>
Monitoring and surveillance	<ul> <li>Identify a standard set of comparable core indicators (guided by the Lisbon consensus)* to monitor the substance use situation, including for inclusion in existing surveys</li> <li>Develop a national substance use monitoring and surveillance system to collect and report on the core set of indicators using standard data collection tools and methodologies</li> </ul>	<ul> <li>National monitoring and surveillance systems are in place</li> <li>Regular reports are published and shared with national/international stakeholders and partners using the core set of indicators</li> <li>Monitoring and registration systems are in place for prescription drugs</li> </ul>
International cooperation	<ul> <li>Promote the active sharing of information and evidence between professionals and civil society organizations from countries of the Region at national and international policy forums on substance use</li> </ul>	<ul> <li>A regional network to coordinate the public health response to substance use is activated and facilitated</li> </ul>

\*United Nations Commission on Narcotic Drugs, United Nations Economic and Social Council. Drug information systems: principles, structures and indicators. Vienna: United Nations Commission on Narcotic Drugs; 2000 (E/CN.7/2000/CRP.3; https://www.unodc.org/documents/data-and-analysis/statistics/Drugs/lisbon\_consensus.pdf, accessed 14 July 2019).